

## Getting back on track



Christina Vela Davidson



**A**s stated on the Muscular Dystrophy Association (MDA) website, “The freedom to walk, to talk, to run and play. To laugh, to hug, to eat—even breathe. Each day these freedoms are taken away from kids and adults with muscular dystrophy, ALS and related diseases that weaken muscle strength and limit mobility. Together we can change that.”

Branches that have donated time and effort toward this goal deserve special mention for what they’ve done. For many years we held the distinct honor of being the top-performing national sponsor for MDA. My goal is for NALC to one day again be among the very top contributors MDA relies on until a cure is found. I know we can do it.

With all that is happening with the national economy, you are doing a fantastic job and I can only ask that you keep up the good work. Since the COVID-19 pandemic ended, we have been increasing our contributions to MDA and making our way close to the million-dollar-per-year mark. I believe we will get there once again.

A “can-do” attitude goes a long way with community service. Keep up the great work; we are on our way to another awesome year for MDA. I give all the credit to you all!

**Correction:** The 2022 MDA Honor Roll, which appeared in the April issue of *The Postal Record*, mistakenly included in the Headquarters total \$6,320 raised by Willingboro, NJ Branch 5801 at the branch sales during the Chicago convention.

**Just a reminder:** If you want any of your branch events to be shared, please send them to [mda@nalc.org](mailto:mda@nalc.org) or [social@nalc.org](mailto:social@nalc.org) to be posted on social media. Remember to send copies of all items to MDA so we can properly give your branch the correct credit for the 2023 year.

### Secretary-Treasurer

## Frequently asked IRS questions (continued)

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30 days before the expenses are expected to be incurred. Under the LMRDA, an advance for expenses is considered a reportable loan unless the advance is provided within 30 days of travel and accounted for within 30 days following

the trip (see page 4-21 of the guide). To avoid problems encountered when advances are not properly accounted for, it may be best to forgo advances and instead reimburse for actual expenses after receipts have been submitted, or opt to provide per diem per the IRS guidelines.

### Director of Life Insurance

## Proper step (continued)

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their steps back, depending on the change in their waiting period when they were originally promoted and how many weeks they served at the lower grade. This is in accordance with Section 422.123a(4) of the *ELM*, which states:

When a repromotion occurs, the employee is assigned to the step in the repromoted grade, or its equivalent, with waiting period credit toward the next step date as if he or she had remained continuously in that previously held grade.

If you have concerns that you are not being paid at the appropriate step, you should contact your shop steward or branch officer.

**For information regarding any of the MBA products,** please call the MBA office toll-free at 800-424-5184, Tuesdays and Thursdays, 8 a.m. to 3:30 p.m., or call 202-638-4318, Monday through Friday, 8 a.m. to 3:30 p.m. (Eastern time). You also may visit our website at [nalc.org/mba](http://nalc.org/mba).