



NALC Injury Compensation CD

Your National Officers and the Compensation Department are pleased to announce that the NALC Injury Compensation CD is now available.

Letter carriers work hard delivering the mail. Physical stress, wear and tear on the body, and injuries on the job are facts of life. The NALC strives to improve safety and protect letter carriers, but some injuries are bound to occur. When they do, we want all letter carriers to receive all the benefits to which they are entitled.

The Federal Employees' Compensation Act (FECA) covers letter carriers who are injured as a result of their jobs. The FECA is administered by the US Department of Labor's Office of Workers' Compensation Programs (OWCP).

OWCP regulations and contract language dealing with the FECA are extensive and complicated. Few letter carriers feel comfortable saying that they fully understand their rights and benefits.

Although the National Association of Letter Carriers has absolutely no legal obligation to represent letter carriers in their OWCP claims, the union often volunteers to assist those injured letter carriers who are members of the NALC in good standing. The NALC Injury Compensation CD has been developed to assist letter carriers navigate the bureaucratic process and to provide a reference guide to assist with the processing of claims.

The CD manual consists of easy-to-understand information about making a claim, receiving all benefits, the return to

work process and other topics relating to your OWCP claim. You will also find an extensive appendix that contains links to the FECA, the Code of Federal Regulations, OWCP manuals and pamphlets, USPS manual sections dealing with workers' compensation, OWCP forms and relevant NALC contractual materials (including national level settlements and both regional and national arbitration decisions). The CD is completely searchable and contains many links that will take you to additional information on the topic selected.

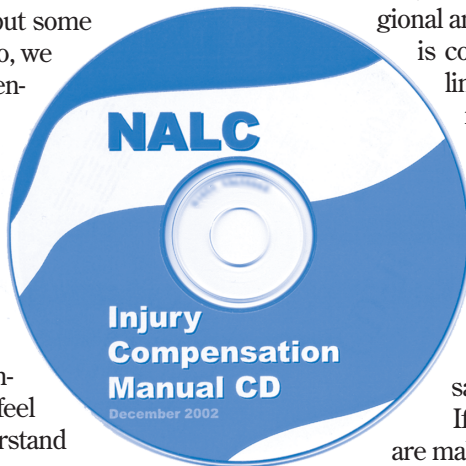
Because the manual is being published in electronic form, we are able to include much more information on the CD than would be possible in paper form. The contents of the CD are also being made available on the NALC website. You can access and download from the Compensation Department section.

If you do not have access to a computer, we are making the CD available to all branch offices and will print an abbreviated version of the manual for sale. This abbreviated version will not include the appendix sections listed above, but will contain the basic manual content.

To order the CD manual, fill out the form below, enclose a check for \$10 for each CD and mail it to:

**Injury Compensation CD
c/o Secretary-Treasurer Jane E. Broendel
NALC
100 Indiana Avenue, NW
Washington, DC 20001-2144**

Please allow time for processing and shipping. 



Yes, I would like to order the new Injury Compensation Manual CD.

Enclosed is my check for \$ _____ for _____ CDs (CDs are \$10 each).

Please make check payable to: Secretary-Treasurer, NALC

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