

Time running out to enroll in NALC Health Benefit Plan

Open Season for letter carriers to enroll in a health plan through the Federal Employees Health Benefits (FEHB) program runs through Dec. 8. If you look at the generous benefits and reasonable rates and compare them to the other plans, you'll see that the NALC Health Benefit Plan is a great choice.

"We take care of our own," NALC

President Fredric Rolando said. "Coming together to help those of us in need is what our union is about, and it's what our health plan is about, too."

"When you also consider the fact that letter carriers built this health plan and letter carriers run it, there is a level of trust for NALC members that other plans just can't match," he said.

Whether you are just starting your

career, have some years under your belt carrying the mail, or have retired, please take a few minutes to review the insert in the November issue of *The Postal Record* or the Health Benefit Plan's website at www.nalchbp.org. "We think you'll agree that the NALC Health Benefit Plan is the best health plan, and the best value, for you," Rolando said. **PR**

Contacting Rademacher

NALC President Emeritus James

Rademacher has requested that *The Postal Record* update the membership on his new address. He would love to hear from NALC members. He can now be reached by mail at:

Village on Pheasant Ridge
4428 Pheasant Ridge Road
Roanoke, VA 24014

or by e-mail at jhr18261@cox.net. **PR**



2015 NALC HEALTH BENEFIT PLAN

Enroll during Open Season:
November 10th — December 8th

WE ARE YOU

"There's only one health plan that's built by letters carriers and run by letter carriers. That's why I'm a member."

— John Dick, Branch 3126
Royal Oak, MI

Penalty overtime exclusion set

As referenced in Article 8, Sections 4 and 5, of the USPS-NALC and USPS-APWU national agreements, the December period during which penalty overtime regulations are not applicable consists of four consecutive service weeks. This year, the December period begins Pay Period 26-14, Week 2 (Dec. 6, 2014), and ends Pay Period 02-15, Week 1 (Jan. 2, 2015).