

Please donate during Combined Federal Campaign

As federal employees, letter carriers can participate in the world's largest annual workplace charitable giving program, the Combined Federal Campaign (CFC). Pledges made by federal civilian, postal and military donors during the campaign season (Sept. 1 to Dec. 15) support eligible non-profit organizations through donations deducted voluntarily from their paychecks each pay period.

"The CFC is a wonderful way to help make the world a better place, a few dollars at a time," NALC President Fredric Rolando said.

Carriers can choose a charity, or several, to support, and an amount they choose will be deducted from their paychecks and automatically sent to each charity.

"By giving automatically, a little each pay period, you probably won't even notice the money coming out of your check," Rolando added. "But the charities notice, because the steady support of millions of participants makes a big impact on their ability to help people and do good throughout the year."

All letter carriers can participate in the CFC, and Rolando sent his annual reminder in August asking NALC members to contribute through the CFC in addition to the other ways they support the community.


"Each day, many of us encounter people enduring real life problems within the communities where we live and deliver the mail," Rolando wrote. "Throughout the year, we help by collecting food, providing clothing, mentoring children and looking after those who are vulnerable. We must continue to be good citizens by involving ourselves in these and other

community efforts. However, it does not end there. The Combined Federal Campaign allows us easy access to contribute to charities that we care about through payroll deductions."

Rolando asked letter carriers to consider donating to three charities in particular: the Postal Employees' Relief Fund (PERF), the Muscular Dystrophy Association (MDA) and United Way Worldwide.

PERF provides financial support to postal employees whose homes are damaged or destroyed by natural disasters. The charity is run by the four postal employee unions and three management organizations, whose members support PERF through voluntary donations. PERF grants money to homeowners and renters alike to help with deductibles and out-of-pocket expenses that insurance claims don't cover, and to assist with replacement of lost property and temporary housing. Information and applications for PERF assistance can be found on its website, postalrelief.com.

MDA is NALC's official charity. It is the world's leading non-profit health organization sponsoring research into the causes of, and effective treatments for, neuromuscular diseases.



National Association of Letter Carriers

Dear Brothers and Sisters,

Each year, letter carriers, along with other postal and federal employees, have the opportunity to donate to charities through the Combined Federal Campaign. I am asking for your help in ensuring this year's campaign is successful, and I invite you to join me in supporting the Combined Federal Campaign by making a pledge or donation to the charity (or charities) of your choice.

As hardworking letter carriers and postal employees, we enjoy wages that give us the ability to take care of ourselves and our families by providing food, shelter, clothing and health care. Unfortunately, many Americans either are unable to do so, or encounter unforeseen circumstances that shatter their ability to meet those basic needs. Whether due to economic circumstance, illness or natural disaster, many require help.


Each day within the communities where we live and deliver the mail, many of us encounter people who are enduring real-life problems. Throughout the year, we help our communities by collecting food, providing clothing, mentoring children and looking after those who are vulnerable. We must continue to be good citizens by involving ourselves in these and other community efforts. But it should not end there. The Combined Federal Campaign gives us an easy way to contribute money through payroll deductions to the charities we care about.

During this year's Combined Federal Campaign, please consider making a donation to the Postal Employees' Relief Fund (PERF), the Muscular Dystrophy Association (MDA)—NALC's only official charity—or directly to the United Way.

I know that the times we live in continue to challenge us on many fronts. But I also know that when we take action to make a difference and to join our individual efforts, we improve lives and create better communities.

Thank you for your daily work delivering the mail, and thank you in advance for your consideration to help your community through the Combined Federal Campaign.

Sincerely and Fraternaly,



Fredric V. Rolando
President

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MDA research grants support more than 250 research projects worldwide, as well as camps and activities for children who have one of these diseases. For more information, go to mdausa.org.

United Way Worldwide is the leadership and support organization for the network of nearly 1,800 community-based United Ways in 45 countries and territories. The United Way's mission is to bring about a world where all individuals and families realize their human potential through education, income stability and health. For more information, go to unitedway.org. **PR**