

# Get connected, stay connected

If you are new to NALC, you might not be aware of all the ways NALC connects with members. From podcasts and publications to websites and social media, this union has continually developed the tools to put the most up-to-date information and resources into the hands of our members. Besides *The Postal Record*, NALC has a variety of ways it interacts with members and provides them with resources and important information.

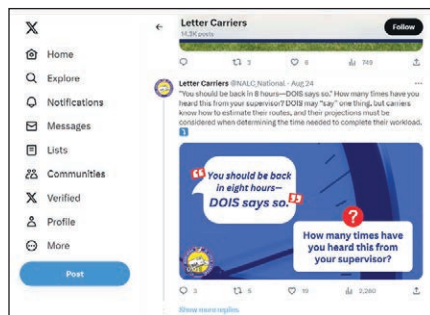


## 'You Are the Current Resident' podcast

NALC has recently relaunched our informational podcast called "You Are the Current Resident." Podcasts are a popular form of information and entertainment, and many NALC members are podcast listeners on a variety of topics. "You Are the Current Resident" is informational in nature but presented in a light manner in a talk-show format.

The podcast is hosted by NALC President Brian L. Renfroe and Assistant to the President Ed Morgan. Episodes are recorded in a free-flowing format and may include other resident officers or special guests. The podcast includes a "Mail Bag" segment in which President Renfroe answers questions from NALC members.

Future episodes will discuss hot topics and bring in informative guests based on what you want to hear. Be sure to follow "You Are the Current Resident" wherever you get your podcasts.



## Social media

If you are on the go, NALC offers a variety of information in quick, bite-sized pieces on our social media platforms. Social media posts are a great way for NALC to connect and interact with a large audience of letter carriers and others interested in letter carrier topics. Bright visuals, moving graphics and lively music draw attention to important details within the post.

With educational reels on contract rights and work rules, news on USPS initiatives, member interest stories, legislative events and community service efforts, NALC social media will keep you up to date on all the latest topics.

Have something to share? NALC members can send photo or video submissions to [social@nalc.org](mailto:social@nalc.org). Be sure to subscribe and follow NALC on Facebook @nalc.national, on X (formerly known as Twitter) @NALC\_National, on Instagram @lettercarriers, and on NALC's YouTube channel @lettercarriers.

## NALC Member App

Another vital way NALC communicates with members is via the NALC Member App for smartphones and tablets. The app is one of the fastest ways NALC communicates with its members, often sending out push notifications



on contractual and other news before it appears anywhere else.

The app was developed with the needs of the average member in mind. It contains links to workplace resources, including the National Agreement, the Materials Reference System, CCA resources and more. It also includes legislative tools, such as a bill tracker, an individualized list of your congressional representatives, and information about the Letter Carrier Political Fund (LCPF). And one of the coolest features: an interactive non-scheduled days (NSD) calendar. The app also contains direct connections to NALC's podcasts and social media platforms.

If you haven't already, download the NALC Member App from your mobile device's app store. Be sure to allow push notifications to make certain that you are getting any urgent messages affecting letter carriers.

## NALC Activist

The *NALC Activist* is a local leadership newsletter intended for shop stewards, branch officers and all local NALC leaders.

Newly revamped this year and published quarterly, the *NALC Activist* is designed to provide helpful information on the grievance arbitration process and contractual guidance, branch governance



and constitutional rules, leadership approaches and mentoring tips. From workers' compensation advice to overtime issues, grievance documentation to stress management tips, the *NALC Activist* is a must for anyone interested in learning about or growing in union leadership.

### **nalc.org**

Many questions about how NALC functions and what it offers to its membership can be answered on the NALC website at [nalc.org](http://nalc.org). [Nalc.org](http://nalc.org) is easy to navigate, open to the public, and offers



a more traditional, in-depth approach to information and resources.

The front page is designed to give users access to just about anything they might be seeking. The Members Only portal allows members to access specific information on topics that may not be

available to the general public. Whether it's more about the members' community service activities, more about the ways NALC is working to improve the rights and benefits of letter carriers, or just more about NALC—whatever the campaign—[nalc.org](http://nalc.org) can highlight it big and bold on the website.

Interacting with our members is vitally important to NALC. No matter which connection method you choose to follow, you are sure to find valuable and interesting information for every stage of your letter carrier career. NALC wants you to get and stay connected. **PR**

# National rap session to be held Nov. 17-19 in New Orleans

**T**he 2023 NALC national conference, or “rap session,” is set for Nov. 17-19 at the Hilton New Orleans Riverside. The meeting will begin with registration and a reception on the afternoon of Friday, Nov. 17, with workshops on Saturday, Nov. 18, and the rap session on Sunday, Nov. 19. The rap session is scheduled to end at 11 a.m. on Sunday.

The national conference is held in years between the NALC's biennial conventions. Article 3, Section 4 (b) of the *NALC Constitution* states: “The National President shall, once each year except in the year of the National Convention, call a national conference. This conference shall be voluntarily attended by only State and Branch Presidents or their designees, with their expenses to be borne by the State Association or Branch represented.”

The hotel rate is \$249 single/double. For reservations, go to [book.passkey.com/e/50547129](http://book.passkey.com/e/50547129) or contact the hotel's



reservation department at 800-445-8667 until Oct. 26. After this date, reservations will be accepted by the hotel based on availability and hotel rate. For more information, go to [nalc.org](http://nalc.org). **PR**