Fill A Bag.  
Help Feed Families.

AMERICA’S LETTER CARRIERS  
Delivering Hope

Saturday, May 9, 2015

Help Us Stamp Out Hunger, Spread the Word.

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On May 9, 2015

letter carriers across the country will be collecting food for families in need.

It’s easy to help:

1. **Collect and bag non-perishable* food items**

   Coloque los alimentos no perecederos en una bolsa junto a su buzón de correo

2. **Place by mailbox for letter carrier to deliver to a local food bank or pantry**

   El cartero las entregará a un banco de alimentos local

*Donate items like canned meats, fish, soup, juice, vegetables, pasta, cereal, peanut butter and rice. Please do not include items that have expired or are in glass containers.