



NALC Fact Sheet

Department of Legislative and Political Affairs — National Association of Letter Carriers, AFL-CIO
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About Us: NALC and Our Members

The National Association of Letter Carriers (NALC) represents 295,000 active and retired letter carriers who live or work in virtually every community in the country. We serve as the exclusive collective bargaining representative for the 205,000 active city letter carriers employed by the U.S. Postal Service (USPS) and champion the interests of some 90,000 retired members. NALC is also dedicated to ensuring the Constitutionally-mandated Postal Service remains the most trusted and efficient provider of universal mail service in the world.

We are hard workers: Letter carriers are more productive than ever before. With delivery points increasing by about 1.7 million per year and the number of letter carriers lower than in years past, letter carriers must work hard and efficiently. In 2022, letter carriers delivered more than 425 million pieces of mail and packages each day to more than 164.9 million delivery points nationwide. This means that USPS processes and delivers nearly half (46 percent) of the world's mail.

We are veterans: Letter carriers are dedicated citizens, many of whom have traded a military uniform for a letter carrier uniform. The Postal Service is one of the largest employers of veterans in America – along with other employers, including the Department of Defense, Lockheed Martin and IBM. Indeed, some 68,000 postal employees and over thirty percent of letter carriers have served in the U.S. Military. These retired servicemen and women worked hard to protect this country, and they work just as hard to ensure the mail is safe and secure and delivered efficiently.

We are diverse: Letter carriers are as diverse as the communities we serve. Women comprise 35 percent of the letter carrier workforce; African-Americans, 23 percent; Latinos, 11 percent; Asian-American/Pacific Islanders; 7 percent. The average age of letter carriers is 46, and the average job tenure of our members is about 13 years.

We are community leaders: Each year, countless letter carriers donate time and effort to innumerable causes, partnering with community allies to strengthen the neighborhoods we serve. Along with the Postal Service, NALC holds the annual “Stamp Out Hunger” Food Drive, the nation’s largest single-day drive. Since the collection began in 1992, NALC has collected more than 1.82 billion pounds of food. In the 1950s, NALC became the first national sponsor of the Muscular Dystrophy Association and remains a top fundraiser for the organization.

We are neighbors: No one knows America’s neighborhoods like letter carriers do because the Postal Service’s unique delivery network relies on letter carriers’ ability to reach every residential and commercial address six, and often seven, days a week. As a result, letter carriers are often first on the scene when something is wrong: coming to the rescue or spotting fires, injuries, and thefts along their delivery routes. Often the only source of daily contact for homebound Americans, thousands of letter carriers participate in the Carrier Alert program, a voluntary community service effort to help monitor the wellbeing of elderly and disabled mail patrons.

*Letter carriers are the public face of the most popular agency of the Federal government—
91 percent of Americans hold a favorable view of the Postal Service (Pew Research Center, 2020).*



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Protect Our Letter Carriers Act (H.R. 7629/S. 4356)

Since the inception of the Postal Service nearly 250 years ago, letter carriers have delivered to every community on every street in the United States rarely being the targets of violence. In recent years, that has changed.

Since 2020, there have been more than 2,000 crimes committed against letter carriers on the job. Many of these attacks involve a gun or another weapon. Letter carrier robberies climbed to 643 last year, an increase of nearly 30%, and the number of robberies resulting in injuries doubled, according to the United States Postal Inspection Service (USPIS). Unfortunately, nearly every day we learn of other instances of letter carriers being assaulted, robbed, and even murdered while delivering mail and essentials.

The Protect Our Letter Carriers Act (POLCA) would devalue key infrastructure, deter these crimes through increased prosecution and sentencing guidelines, and keep letter carriers safe on the job. The nation's over 200,000 city letter carriers deliver medications, checks, ballots, packages and other essential mail that Americans depend on. It is imperative that America's mail is protected and, most importantly, that the letter carriers who deliver it are, too.

Secure and devalue postal infrastructure

POLCA would provide \$7 billion in funding for the Postal Service to secure its infrastructure, including the installation of high-security collection boxes as well as the replacement of items carried by letter carriers with more secure electronic versions. The funding would be appropriated over five years, \$1.4 billion annually in fiscal years 2025-2029.

A recent audit of USPIS data found that 52 percent of robberies of a letter carrier involved the theft of postal infrastructure items that have become highly sought after on the black market in recent years. Similarly, the Postal Service has reported an increase in high-volume mail theft incidents from mail receptacles, including blue collection boxes.

In response, the Postal Service has begun to reinforce its infrastructure, which includes items carried by letter carriers on the job. The bill would provide the necessary funding to implement this updated technology nationwide. When key infrastructure is devalued and more secure, letter carriers will be safer on their routes.

Increase prosecution rates

Alarming, while crimes against letter carriers have persisted, arrests and prosecution against the alleged perpetrators have not. Though the number of assaults and robberies against letter carriers has doubled in recent years, the number of arrests and convictions for these crimes has markedly decreased, according to USPIS. Due to workload and other priorities, these cases often sit on district attorneys' desks, are not federally prosecuted, and the alleged assailants are not held accountable.

POLCA would require the Attorney General to appoint an assistant U.S. attorney in each judicial district to prioritize any case that involves an assault or crime against a letter carrier. Their principal responsibility in the district would be to coordinate and supervise the investigation and prosecution of these alleged crimes.

Harsher sentencing for robbery and assault of a letter carrier

Even though letter carriers who are victims of these crimes are federal employees in uniform on the job, under current law, the sentencing guidelines for those found guilty of these crimes are overly weak and permissive. In 2024, a San Francisco defendant was found guilty of robbing a letter carrier at gunpoint and sentenced to only 30 days imprisonment, while in Mississippi a defendant was sentenced to eight years.

This bill would strengthen sentencing guidelines for these crimes, ensuring that they are treated in the same manner as assaults on federal law enforcement officers.

NALC supports the Protect Our Letter Carriers Act, (H.R. 7629/S. 4356) which would devalue key infrastructure, deter these crimes through increased prosecution and sentencing guidelines, and keep letter carriers safe as they deliver essential mail and packages to every community in the country. Sponsored by Reps. Brian Fitzpatrick (R-PA), Rep. Greg Landsman (D-OH), Sen. Kirsten Gillibrand (D-NY) and Sen. Josh Hawley (R-MO)



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Repeal Social Security's WEP and GPO provisions (H.R. 82/S. 597)

Many retired letter carriers worked both for the Postal Service and for private sector employers over their working years, paying into both the federal pension programs (CSRS or FERS for their federal service) and into Social Security (for their private sector employment).

FERS retirees receive full benefits from both their federal pension plan and Social Security for their federal service since they paid into both systems while employed by the Postal Service. Although retired CSRS letter carriers naturally don't expect to receive Social Security benefits for their service for the Postal Service (for which they paid no FICA tax), most are shocked to find out that their Social Security benefits for their private sector work—or for the private sector work of their spouses—are usually reduced by provisions in the Social Security law enacted several decades ago.

These provisions—the Windfall Benefit Reduction (WEP) and the Government Pension Offset (GPO)—were adopted by Congress in the late 1970s and early 1980s to address the false perception that federal retirees were somehow “double dipping.” In fact, these provisions are grossly unfair. The Social Security benefits of retired private sector workers are not reduced if such retirees receive benefits from private pension plans. CSRS retirees earned their full Social Security benefits and should receive them.

NALC has been working for decades to reform or repeal the WEP and GPO provisions. We are trying to do so once again in the current Congress, though budget rules that require tax increases or other spending cuts to pay for such legislation continue to be obstacles.

This fact sheet outlines how the two provisions work and the legislation before Congress to fix their unfairness.

Windfall Elimination Provision (WEP)

The WEP (enacted in 1982) reduces the Social Security benefits of retired public employees (federal, state and local) who also worked in Social Security-covered private sector employment—if they receive a government annuity for their non-Social Security-covered government employment. This provision hits CSRS retirees directly (but not FERS retirees). In all, nearly two million Americans have been adversely affected by the WEP provision—a number that will grow as more CSRS employees retire.

The WEP affects the determination of a new retiree's monthly Social Security benefit (the *Primary Insurance Amount*)—which involves a three-part calculation applied to a worker's *Average Indexed Monthly Earnings* (AIME) from Social Security covered employment. A worker's top 35 years of earnings are indexed to wage inflation to express earnings from years ago in today's dollars and then converted into a monthly average—or AIME. In 2023, the first \$1,115 of a worker's AIME is multiplied by 90%, an AIME between \$1,115 and \$6,721 is multiplied by 32% and then any AIME more than \$6,721 is multiplied by 15%. This formula insures that lower-income workers get a higher relative benefit.

That's how the calculation works for private sector workers and/or FERS workers (whose federal service is covered by Social Security). But for CSRS retirees, the first bracket of the calculation is different. The Social Security Administration multiplies the first \$1,115 of their AIME (from private sector jobs) by 40% instead of 90%—reducing the benefit by \$558 per month (\$6,696 annually). This is grossly unfair—private workers with private pensions face no similar reduction in Social Security benefits.

The impact of the WEP can be reduced if CSRS workers have at least 21 years of substantial earnings from Social Security-covered employment (in private sector jobs before and after their CSRS employment—or through second jobs during their federal service). The 40% multiplier is increased to 45% for a worker with 21 years of substantial Social Security earnings—and by 5% for each additional year of such earnings—until it reaches the normal 90% multiplier for those with 30 years of such earnings. (See www.ssa.gov/pubs/EN-05-10045.pdf for a full explanation of the WEP from the Social Security Administration.)

Government Pension Offset

Normally, survivors and spouses of Social Security benefits qualify for spousal and survivor benefits based on the earnings and benefits of their spouses—unless they qualify for greater benefits based on their own Social Security earnings history. For CSRS letter carriers with little or no private sector work experience, such spousal and survivor benefits from Social Security could be significant—since their own Social Security would benefits would be minimal.

Unfortunately, the GPO (adopted in 1977) typically eliminates most, if not all, of the otherwise payable spousal and survivor benefits for retirees who receive a government annuity for non-Social Security work. That's because the GPO reduces Social Security spousal and survivor benefits by two dollars for every three dollars paid in CSRS annuity benefits to affected retirees.

For example, if a CSRS retiree's spouse receives \$2,000 in Social Security retirement benefits, the 50% spousal benefit would normally be \$1,000 per month. But if the annuitant receives \$3,000 in CSRS benefits, his spousal benefit would be totally eliminated.

The same grossly unfair impact is seen with Social Security survivor benefits. Again, Social Security recipients who receive private pensions see no reduction in the Social Security's spousal or survivor benefits.

The Social Security Fairness Act of 2023 (H.R. 82) would eliminate the GPO and the WEP titles of the Social Security Act for benefits payable for months after December 2023. By repealing the GPO and the WEP, the bill would change the current law that reduces Social Security benefits for individuals who receive other benefits. NALC fully supports H.R. 82 and urges Congress to pass this legislation.

NALC supports H.R. 82/S. 597, which would eliminate the GPO and the WEP titles of the Social Security Act for benefits payable for months after December 2023.

Sponsored by Reps. Garrett Graves (R-LA), Abigail Spanberger (D-VA) and Sens. Sherrod Brown (D-OH) and Susan Collins (R-ME).



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Federal Retirement Fairness Act (H.R. 5995)

Many federal employees, including Postal Service employees, begin their federal/postal service in non-career positions before transitioning to career status. These employees, including letter carriers who were employed as casuals, transitional employees (TEs) or city carrier assistants (CCAs), do not receive retirement credit for their time spent in these positions. Because years employed as a non-career employee are not creditable under the Federal Employees Retirement System (FERS), employees who started in non-career positions and transition to career status must work longer to reach the required years of employment to receive full retirement benefits.

The Federal Retirement Fairness Act would modify what is considered creditable federal civilian service under FERS. It would allow these employees to make catch-up retirement contributions for time spent as non-career employees after Dec. 31, 1988, making such time creditable service under the FERS, and for other purposes.

This legislation would allow letter carriers and other affected employees the opportunity to purchase retirement credit for the time they spent in these non-career positions, providing greater retirement security.

NALC supports the Federal Retirement Fairness Act, which would allow certain federal employees to make catch-up retirement contributions for time spent as non-career employees after Dec. 31, 1988, thus making such time creditable service under FERS.

**Sponsored by Reps. Derek Kilmer (D-WA), Gerry Connolly (D-VA),
David Valadao (R-CA) and Don Bacon (R-NE)**



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Improving Access to Workers' Compensation for Injured Federal Workers Act (H.R. 618/S. 131)

Postal employees account for nearly half of the claims made to the Office of Workers' Compensation Programs each year, and letter carriers file a majority of these claims. The physical and outdoor nature of the letter carrier job heightens these workers' risk of injury. In fact, letter carriers get injured more frequently than nearly all other workers in the federal government or in private industry. When letter carriers are injured on the job, it is critical for them to receive the care they need from their chosen provider.

Unfortunately, in many parts of the country injured letter carriers live in areas where there is a shortage of physicians who will treat injured federal workers. The Department of Labor is well aware of this problem and even calls these areas "provider deserts." And while there are many nurse practitioners (NPs) and physician assistants/physician associates (PAs) in these areas who are willing to see and treat injured federal workers, the DOL does not accept medical reports or evidence from them for purposes of accepting and administering claims.

This bill would expand care options for federal employees, including letter carriers, who are injured on the job by amending the Federal Employees Compensation Act (FECA) to allow NPs and PAs to (1) prescribe or recommend treatment for injured federal workers; (2) certify the nature of an injury and probable extent of disability; (3) provide prescribed treatment for injured federal workers. In general, only physicians may fulfill these roles under current law.

The proposed bill also reflects the changing reality of the US healthcare system. Increasingly, federal employees already choose PAs and NPs as their health care provider under the Federal Employees Health Benefit Program, especially in rural communities. Maintaining this care can give patients a sense of familiarity and comfort when seeking treatment for a workplace injury. This bill would increase the number of eligible providers for workers' compensation cases, making it easier for injured federal workers to access the care they need.

NALC supports H.R. 618/S. 131, which would expand care options for letter carriers and all federal employees who are injured on the job by allowing PAs and NPs to treat workers' compensation cases.

Sponsored by Rep. Tim Walberg (R-MI), Rep. Joe Courtney (D-CT), Sen. Sherrod Brown (D-OH), and Sen. Susan Collins (R-ME)



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USPS Shipping Equity Act (H.R. 3721/S. 5069)

Under current law, the Postal Service is prohibited from shipping alcoholic beverages. The USPS Shipping Equity Act would change that, allowing the Postal Service to ship beer, wine, and other alcoholic beverages directly from licensed producers and retailers to legal customers.

Missed revenue opportunity

The bill would generate an estimated \$190 million annually in new revenue for the Postal Service. Due to this Prohibition-era ban, USPS is missing out on tens of millions in revenue, while private shippers, like UPS and FedEx, are the only option for wineries, breweries and other producers to have goods delivered directly to consumers. This bill would level the playing field and allow the Postal Service to compete in an existing and profitable marketplace.

Universal service and consumer choice

While USPS delivers to every address in the nation six and sometimes seven days a week, private carriers do not.

The current ban on alcoholic beverage shipments limits affordable access to these products for many Americans, especially in rural areas. This bill would fix that, providing equal access to competitively priced alcoholic shipments for customers and shippers. As the Postal Service reconfigures its network to meet the public's changing expectations, it is time for the Postal Service to be a shipping option for alcoholic beverages.

Regulations and state law

The bill would give USPS two years to develop regulations and processes to ensure that the agency is prepared to safely deliver these goods to adult consumers with appropriate identification checks. The legislation does not supersede any state or local laws, rather it works in conjunction with them without inhibiting state or local authority in regulating alcoholic beverages. It also does not make any changes to federal excise tax collection.

NALC supports the USPS Shipping Equity Act (H.R. 3721/S. 5069), which would generate revenue for the Postal Service, meet the growing expectations of customers, expand USPS's service opportunities, and support small businesses and consumers nationwide.

**Sponsored by Reps. Dan Newhouse (R-WA), Rep. Jennifer Wexton (D-VA),
Sen. Jeff Merkley (D-OR), and Sen. Kirsten Gillibrand (D-NY)**



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Door delivery (H. Res. 376)

More than 35 million American businesses and households receive mail directly to their doors six—and increasingly, seven—days a week. The ability to receive packages, letters, bills, and medications at your door is a service that is highly preferred by the public and vital to the economic success of not only the U.S. Postal Service (USPS), but also the broader \$1.58 trillion mailing industry that employs more than 7.3 million Americans.

Customers prefer door delivery

The alternative to receiving paychecks, bills, medications, and packages regularly and reliably at your door is for them to be delivered to centrally-located cluster boxes. But customers clearly prefer door delivery, according to surveys by the USPS Office of Inspector General (OIG) -- over two thirds of respondents said that they would be willing to pay more money to maintain delivery to their doors.

Door delivery is more secure than cluster boxes. Every year, USPS receives thousands of reports about theft, arson, and vandalism of cluster boxes. Package deliveries are at an all-time high and continue to skyrocket. Increased delivery to less-secure cluster boxes may mean more vandalism and theft.

Door delivery supports America's businesses

Business mailers, large and small alike, prefer door delivery because their customers prefer it.

Such delivery generates higher response rates compared to other delivery methods. According to the USPS OIG, mail delivered to cluster boxes not only is retrieved far less frequently than that which is delivered straight to your door, but also is more likely to be discarded without being read, lowering its marketing value.

Door delivery is a sustainable source of revenue

The Postal Service's unmatched network, with tens of millions of door-delivery addresses, attracts businesses that wish to market themselves through the mail, thereby generating revenue for USPS. More than half of all mail volume is advertising mail (over 67 billion pieces), which generated \$16 billion in revenue for USPS in FY22. This revenue is derived in large part because letter carriers deliver six or seven days a week straight to the door.

The eyes and ears of our communities

Because letter carriers are delivering mail to our communities every day, no one knows our neighborhoods better. As a result, letter carriers are often first on the scene when something is wrong: coming to the rescue or spotting fires, injuries, and thefts along their delivery routes. Often the only source of daily contact for homebound Americans, this human connection is possible because of door delivery.

Door delivery should be expanded, not restricted or eliminated. Cutting it would undermine the Postal Service's 'last mile' advantage, and likely reduce revenues by more than any cost savings.