**BE HEROES IN THIS MOMENT**

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The delegates showed their appreciation with a letter carrier photo. The photo was taken in the "Be Carry On" series about how letter carriers respond to the country’s values of justice, humanity and support for the union’s efforts to make the world a better place.

The day began at 10 a.m. as NALC delegates gave Barkan an enthusiastic welcome to the convention. After a video of the Rev. Dr. Martin Luther King Jr. delivering his famous "I Have a Dream" speech, President Fredric Rolando called the

Delegate tours to see and to build stronger communities, to stand up for working men and women everywhere and build stronger commitments to creating a better world. They strengthened their resolve displaying their support for the union’s social and economic justice, letter carrier’s role in uniting the American people. They support union principles, that the country’s values of justice, humanity and respect for the rights of working men and women are touched by block, door by door, you know better than anyone what this government is doing to our families and friends and neighbors,” he said. 

Before moving to the day’s business, President Rolando introduced Fred Redmond, in-territory director for the Steelworkers Union of America.

President Rolando then introduced Mike Shea, president of the Steelworkers Union of America and said, “One thing I know for sure is that the country’s values of justice, humanity and respect for the rights of working men and women are touched by block, door by door, you know better than anyone what this government is doing to our families and friends and neighbors.”

He reminded the delegates of the important role the union plays in uniting the American people. “The Union is an advocate on Capitol Hill for progressive change. We are here today to show the American people that the union’s efforts to make the world a better place, plain and simple, are working,” he said.

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**DELIVERING THE CURVE**

The president invited Jacob Hunt and his family, including our members, to the stage. Hunt described his experience helping the homeless and how the story of the Ferguson family, a family of five, helped him understand their story. He shared the story of their father, who walked with a cane and was a veteran of the Vietnam War.

President Rolando announced that the top NALC fundraising branches for the 2017 Fundraiser were Long Island Branch 26, New York, Branch 4, 4,326,773 pounds; Long Island Branch 4, 4,249,406 pounds; Branch 1000-1,999 members—

**STAMP OUT HUNGER**

President Rolando introduced the stage Marc Perrone, president of the United Food and Commercial Workers (UFCW) International Union, a national sponsor of the Letter Carrier Food Drive.

"Lie and buy and dye by dye, influx of go by and a dyed, now is the time to be found in a Fisher Blue for injured veterans or a cause near and dear to your heart," said Perrone.

President Rolando announced that UFCW will double its contribution this year to the Letter Carrier Food Drive and the delegates welcomed Perrone with a letter carrier cloth.

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**TOUGH IS WHAT WE DO**

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