**Additional installations added to M-01986**

The projected accumulation toward the sixth regular cost-of-living adjustment (COLA) under the 2019-2023 National Agreement stood at $2,517 annually through July following the release of the June 2022 consumer price index (CPI). The 31-day moratorium began Saturday, July 30, and conclude on Monday, Aug. 29.

**Make an appointment to donate blood**

The Red Cross will hold a blood drive at McCormick Place on Wednesday, Aug. 10, from 9 a.m. to 3 p.m. in Room W192bc. Appointments are strongly suggested. To make an appointment, call 800-RED CROSS (800-733-2767) or visit RedCrossBlood.org/RapidPass. W192bc. Appointments are strongly suggested. To make an appointment, call 800-RED CROSS (800-733-2767) or visit RedCrossBlood.org/RapidPass.

**Support MDA with Monday event**

Join us for a Hawaiian Night to Remember to support the Muscular Dystrophy Association on Monday, Aug. 8, from 7 to 10 p.m. in Chicago at NALC’s 72nd Biennial Convention. Tickets are limited—only 1,500 tickets are available for more information.

**Food Drive total finalized at 41 million pounds**

As the last branches reported their collection totals for the 2022 Stamp Out Hunger Food Drive, the total for this year’s drive hit 41 million pounds. Blanches across the country returned to the annual tradition on Saturday, May 14, after two years during which the drive couldn’t be held for safety reasons related to the COVID-19 pandemic. With this final number, in the 30 years since it began, the food drive has collected almost 1.9 billion pounds of food for the hungry. The 2022 stamp out hunger food drive is $2,517 through July following the release of the June 2022 consumer price index (CPI). The 31-day moratorium began Saturday, July 30, and conclude on Monday, Aug. 29.

**Moratorium in effect on grievance time limits for convention**

NALC and USPS have agreed to a moratorium on the time limits for processing all grievances at the local, regional and national levels due to the NALC’s 72nd National Convention to be held in Chicago on Aug. 8. The opening session began Saturday, July 9, and conclude on Monday, Aug. 9. This agreement (M-01985 in NALC’s Materials Reference System) can be found on nalc.org.

**Take a tour of Chicago**

The following tours will be available during the NALC convention. To sign up in advance for a tour, go to https://gopromt.com/groups/nalc22/tdtcdfw/ bookings.

- **Janesville and Black Hawk County**
- **Dayton and St. Joseph County**
- **Chesapeake and Monticello**
- **Chicago and the suburbs**
- **Chicago and the suburbs**
- **Lakefront Cruise and Navy Pier Centennial Wheel**
- **Take a tour of Chicago**

**Veterans Group to host Ruck March**

The NALC Veterans Group is hosting a 2-mile Ruck March on Aug. 10, at 10 a.m. at Navy Pier in downtown Chicago. Tickets are limited—only 1,500 tickets are available for more information.

**Tours of Chicago**

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