

Press release



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Letter Carriers' Annual Food Drive Set for Saturday throughout Nation
**National Organizations and Community Members Pitch in to
Help Millions of Americans Facing Hunger in All 50 States**

WASHINGTON – The National Association of Letter Carriers (NALC) will conduct its 23rd annual Stamp Out Hunger food drive on Saturday, May 9. Letter carriers will collect non-perishable food donations on that day as they deliver mail along their postal routes.

It is the nation's largest single-day food drive, and is held annually on the second Saturday in May in 10,000 cities and towns in all 50 states, the District of Columbia, Puerto Rico, the Virgin Islands and Guam.

With the extreme weather experienced this winter by much of the country, along with the economic struggles many Americans face, the Letter Carriers' food drive never has been more important.

“Letter carriers are honored to be able to help people in need,” NALC President Fredric Rolando said. “On a daily basis we see the needs in the communities we serve, and we believe it’s important to help meet those needs.”

Hunger affects about 49 million people around the country, including millions of children and senior citizens. And one in four households with a member currently serving in the military turns to the Feeding America network for food assistance, according to a recent study by the group.

Pantry shelves filled up through winter-holiday generosity often are bare by late spring. And, with many school meal programs not available during summer months, millions of children must find alternate sources of nutrition.

On May 9, as they deliver mail, the nation's 175,000 letter carriers will collect donations left by residents near their mail boxes. People are encouraged to leave a sturdy bag containing non-perishable foods such as canned soup; canned vegetables; canned meats and fish; pasta; peanut butter; rice or cereal next to their mailbox before the regular mail delivery on Saturday.

Carriers will bring the donated items to local food banks, pantries or shelters, including many affiliated with Feeding America, which is a national partner in the food drive, as are the U.S. Postal Service, United Way Worldwide, the National Rural Letter Carriers' Association, the AFL-CIO, Valpak and Valassis.

People who have questions about the Stamp Out Hunger drive in their area should ask their letter carrier, contact their local post office, or go to nalc.org/food, [facebook.com/StampOutHunger](https://www.facebook.com/StampOutHunger) or twitter.com/StampOutHunger.

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The 280,000-member NALC represents city letter carriers across the country employed by the U.S. Postal Service, along with retired letter carriers. Founded by Civil War veterans in 1889, the NALC is among the country's oldest labor unions.