



The Anaheim Convention Center, where thousands of letter carrier-delegates will gather for the 67th Biennial Convention in August, is just minutes from downtown Anaheim—and Downtown Disney. The famous Disneyland theme park has expanded into its own town, with shopping, restaurants and entertainment. But Disneyland isn't the only nearby option. Anaheim offers theaters, gardens, shops, restaurants and sports. Here is a list of destinations within easy reach of the Convention Center.

Disneyland

Mickey Mouse and friends are just a short walk from the Convention Center and many hotels. Kids, even grown-up ones, will love the original Disneyland Park, which opened in 1955. You can stroll down Main Street U.S.A., ride the Space Mountain indoor roller coaster, visit Sleeping Beauty Castle, or dive below the sea in the Finding Nemo Submarine Voyage ride. Don't forget to wear your Mickey Mouse ears.

For a tour of California all in one day, head to Disney's California Adventure Park, located next to Disneyland. This expansion of the Disney resort opened in 2001, offering several attractions based on California's wilderness, wine

country, oceanfront, and of course, Hollywood. Dare to enter the Twilight Zone Tower of Terror, learn the secrets of Disney animation and create your own cartoon characters at the Animation Academy, or enjoy classic rides at the Paradise Pier, like an old-time Ferris wheel and a roller coaster with the look and feel of the wooden ones from days gone by.

You can also get the Disney experience without paying an entrance fee by heading for Downtown Disney. Located between the two parks, this lakeside shopping, dining and entertainment hub features a *Cirque du Soleil* show, tasty Southern cuisine and soulful music at the House of Blues, and DisneyQuest—five floors of cutting-edge video and



Opposite page (top): The sun sets over Disney's California Adventure Park.

Photo by Michael Huey

Opposite page (bottom): The shops at Anaheim Gardenwalk

Photo Courtesy of Anaheim/Orange County Visitor & Convention Bureau

Below: Angel Stadium

Photo by Matt Nunley

interactive games. For a quieter time, grab lunch at an outdoor restaurant and shop for Disney-theme gifts and mementos. The monorail connects Downtown Disney to Disneyland Park.

Anaheim Gardenwalk

Another destination a short walk from the Convention Center, The Shops at Anaheim Gardenwalk, combines shopping, restaurants, spas and entertain-

The Grove

The Grove at Anaheim handpicks both well-known and up-and-coming musical artists, theater productions and comedians to perform in its intimate concert space equipped with state-of-the-art sound and video. The schedule of acts hasn't been finalized for the week of the convention, but check grove-of-anaheim.com for tickets and more information.



ment with the outdoor pleasures of gardens and waterfalls. When the sun sets, enjoy exotic cocktails at Heat Ultra Lounge or wines by the taste at Pop the Cork Wine Bar. Even the bowling here is upscale—300 Anaheim is the place to hit the pins while enjoying a lounge atmosphere, drinks and fine food.

Downtown Anaheim Farmer's Market

On Thursday, August 12, from noon to 7 p.m., browse for locally grown oranges and other fresh California treats at the farmer's market in downtown Anaheim, a few blocks north of the Convention Center.

The Angels

The Los Angeles Angels of Anaheim play ball at Angel Stadium, a short drive east of the Convention Center. The team has finished first in Major League Baseball's American League West three years in a row, and fans are itching for a World Series appearance this season.

Tuesday, August 10, is NALC Baseball Night at Angels Stadium, when the Angels will host the Kansas City Royals. President Fred Rolando and other union officials will participate in a special pre-game ceremony. Branches are providing tickets to letter carriers—check with your branch to learn if tickets are still available. ✉

Getting Around Anaheim: Tips for Travelers

Anaheim is in Southern California, so don't be surprised by the weather—pleasant, very warm and sunny, with typical highs in the 80s. But it isn't always perfect. On some days, smog can bring problems for people with asthma or other health conditions. And of course, bring plenty of sunscreen.

Starting from the Convention Center and many local hotels, getting to attractions in Anaheim is easy. Some are within walking distance, often under the shade of palm trees lining the streets. Many area hotels are also within walking distance of the Convention Center. Delegates staying at one of the official housing block hotels who book their room through the Anaheim Housing Bureau are guaranteed access to the NALC shuttle system between hotels and the convention—others should make alternate transportation plans. The shuttle will serve the Disneyland Hotel, Disney's Paradise Pier, Howard Johnson's, Doubletree Guest Suites, Embassy Suites Hotels Anaheim South and the Hyatt Regency Orange County. Access for the disabled will be available.

The Anaheim Regional Transit (ART) system carries riders around the area in modern buses. Hotels and kiosks sell all-day passes for ART buses for \$4 (\$1 for children age 3–9); inexpensive multi-day passes are also available. Most ART routes stop at the Convention Center. See rideart.org for more information and a map of routes. Many hotels also offer shuttle service to local destinations.

A day tour by bus or boat is a great way to experience some of Southern California's many attractions, like Mission San Juan Capistrano, Los Angeles, Universal Studios, Pacific Ocean dolphins or even the San Diego Zoo. NALC is offering tours at special rates—see page XX for tour descriptions and reserve your seat now. Check with your hotel for information about other tours from Anaheim. ✉



Above: NALC President Fred Rolando and MDA National Ambassador Abbey Umali of Redlands, California, show off as part of MDA's "Make a Muscle" promotion when Umali visited NALC Headquarters in May.

Right: Umali thanks Rolando for all of the support NALC has given to the MDA.

Support MDA at the convention

Delegates to the NALC Convention will have plenty of opportunities to support the Muscular Dystrophy Association, the union's only official charity.

On August 8, the Sunday before the convention, NALC, in conjunction with MDA and Harley-Davidson, will host a reception to raise money for MDA. The reception will be held from 1 to 3 p.m. at the Hilton Anaheim, the headquarters hotel, next to the convention center.

Harley-Davidson has donated a 2010 motorcycle to be awarded to the winning ticket drawn during the reception. The winner does not need to be present at the drawing and the motorcycle can be picked up at the dealership nearest to the winner's home. Harley-Davidson also has donated other items for the drawing. The names of all winners will be published in a future issue of *The Postal Record*.

To enter the drawing, please fill out the form at the bottom of this page and send it to the address listed with a check made payable to "Secretary-Treasurer NALC." The cost of the reception is \$50 per ticket and all proceeds will go to MDA. Forms must be received at headquarters no later than July 1. Tickets may be sold at the MDA booth on Saturday *if space is available*. ☒



NALC MDA Reception Registration

67th Biennial NALC Convention
 Sunday, August 8, 2010, 1-3 p.m.
 Hilton Anaheim
 Anaheim, California

Please reserve _____ MDA reception tickets at \$50 each.

Name _____ Branch number _____

Address _____

Phone _____

Mail this coupon and a check made payable to "Secretary-Treasurer NALC" to the address at right. Tickets will be mailed to your home address.

Mail to: NALC MDA Reception
 100 Indiana Avenue, NW
 Washington, DC 20001-2144

Convention breakfasts and workshops

Delegates to the 67th NALC Convention in Anaheim this August will be able to choose from among nearly three dozen workshops, seminars and educational breakfast meetings covering a wide range of subjects, from JARAP to health care reform and back to worker's compensation and the union's political agenda.

The sessions, led by NALC national officers, union staff and outside experts, will be offered both before and after the regular business meetings. The workshops will run all week, giving every delegate a chance to attend as many as nine—five morning programs and four in the afternoon (none are scheduled Friday afternoon). Some will be presented twice to allow maximum participation.

The workshops, which have drawn large crowds at previous conventions, have become an increasingly valuable and popular part of the union's biennial gatherings over the past decade. Diligent delegates can gather a considerable amount of useful information to carry back to their local branches, as well as a deeper understanding of the critical issues letter carriers face in the years ahead.

To help delegates begin to map out their week, a schedule and descriptions of the workshops appear on the next several pages. The schedule will also appear in the official convention *Pocket Guide* distributed to delegates upon registration. Be aware: Dates and times are subject to change as planning continues, so please verify the schedule once in Anaheim.



Monday morning

NALC's Legislative and Political Agenda

This workshop will provide an overview of both the NALC's legislative and political agenda for 2010 and beyond. Director of Legislative and Political Affairs Jennifer Warburton will walk delegates through the legislative priorities facing the union in the remainder of the 111th Congress as well as outline where the union may be headed going into the 112th Congress. Political Director Tucker McDonald will focus on the changing political landscape and discuss the possible impact the mid-term elections could play on the NALC's legislative agenda in the next Congress.

Contract Administration Unit Briefing and Q-and-A

Vice President George C. Mignosi will be joined by other national officers and staff who serve as the Contract Administration Unit (CAU) to provide a detailed briefing on workplace issues affecting letter carriers. The CAU report will cover recent national arbitration awards, key cases now pending at the Interpretive Step, and regional grievances of national interest. A booklet containing summaries of key national decisions will

be included in the official delegate bags and should be brought to the workshop. A question-and-answer period will give delegates the opportunity to seek clarification on the issues raised and to provide comment and feedback to the CAU.

Effective Branch Communications

Branch publications, both traditional print and web-based electronic, can be a formidable force for informing and activating NALC members. This workshop will provide tips for producing first-class, direct-to-the-member communications. Internet Communications Coordinator Joe Conway, Designer/Web Editor Mike Shea and Writer/Editor Rick Hodges will discuss ways of improving websites and e-mail newsletters, as well as leading an extensive Q-and-A session on how to sharpen the focus and effectiveness of conventional newsletters and traditional communications strategies. NALC's Branch Publication Competition winners will be announced at this workshop.

NALC Health Benefit Plan Breakfast Workshop

Director Timothy C. O'Malley will bring participants up to date on the status of the Plan, the current benefits, and the direction

the Plan hopes to take during the upcoming benefit year. Director O'Malley will conduct a question-and-answer period following his presentation regarding the Plan and its benefits. Tickets are required for this breakfast workshop. An order form is included in the *HBR Report*. Tickets are available at the convention, and may be purchased for \$28 at the Health Benefit Plan booth in the registration area. There will be limited seating in the rear of the room for those who want to hear the presentation without the breakfast.

Community Service: Letter Carriers' Special Role

We are letter carriers—the friendliest, most reliable and most dependable presence in our communities. We help those in need and, at the same time, we preserve the Postal Service's reputation as the most trusted government organization. Come find out how we do it—how NALC members make a difference, both on our routes and in our own neighborhoods. We will share ideas on fund-raising, provide some “road maps” for success, and present real-life carrier heroes and humanitarians whose service has gone above and beyond delivering the mail. What are the rewards for the NALC, for the USPS, and for you? Join us and find out what we can accomplish together.

Convention breakfasts and workshops

Monday afternoon

The Face of NALC's Legislative Program: Congressional District Liaison Training

The legislative and political clout of the NALC continues to grow; ensuring the union's congressional district liaisons have the tools they need to succeed is the focus of this workshop. This training is required for CDLs but is open to all interested delegates and will be led by the union's regional field coordinators. Highlights of the course include messaging techniques to fellow letter carriers and Congress, working within the labor community to achieve NALC's goals, using technology to share information between HQ and the field and a question-and-answer session to discuss best-practices of CDLs.

International Post: The Global Struggle to Save the Post Office

In the past decade, the traditional image of the post office as a single, national operator has begun to change in a number of countries. Some foreign governments have opened their postal markets to private, for-profit companies. As some call for major changes to USPS, it can be helpful to look at what's happening to posts in the rest of the world. This workshop will explore the state of postal operators outside of our borders and discuss what NALC and USPS can learn from these international experiences.

Contract Administration Unit Briefing and Q-and-A

Same as Monday morning.

The Thrift Savings Plan: Benefits, Investment Funds and New Initiatives

Join the Executive Director of the Federal Retirement Thrift Investment Board Greg Long and other Thrift Board staffers to learn about what's new with the Thrift Savings Plan. Special attention will be given to the new TSP website and the new ways TSP participants can access and manage their retirement accounts. Delegates having ques-

tions about their accounts, their investment choices and their withdrawal options are encouraged to attend and to ask questions.

Branch Trustee Training

Under the *NALC Constitution*, branch trustees are required to "examine and report to the Branch the condition of the books of the officers at least once very six months," but many local trustees lack a clear understanding of all the intricacies their duties entail. Chairman Larry Brown of the National Board of Trustees and National Trustees Randy Keller and Mike Gill will provide local trustees with information and a variety of tools they need to keep their branches on the right track. Among the topics covered will be getting ready for an audit, receipts and disbursements, Labor-Management Reporting and Disclosure Act requirements, and overall union finances.

Tuesday morning

Putting NALC's Stamp on 2010: Campaign School

The NALC will have an important role in the 2010 elections and this workshop will provide carriers with a road map to success on the campaign trail—whether on full-time release from the USPS or volunteering. From phone bank techniques, to recruiting letter carriers to volunteer, to planning a successful neighborhood canvass—all will be discussed in an effort to prepare NALC activists for the 2010 elections. Letter carriers possess many of the skills valued by campaigns and this workshop, presented by the Department of Legislative and Political Affairs, will enhance these skills to ensure the NALC continues to have a Congress that works on our behalf.

The People's Post: Reinventing the Postal Service

With technology changing the way we gather information, do business and communicate with each other, the Postal Service needs to evolve to meet the changing needs of society. Fortunately, with a sophisticated postal network and a dedicated army of letter carriers, the possibilities are endless for the Postal Service. In this workshop, we'll

take a look at the future of letter carrier jobs, new postal products and create an image of a Postal Service capable of thriving throughout the 21st century.

The Art of Route Adjustments in the Age of JARAP

Join NALC Director of City Delivery Dale Hart as he explains the evolution of the agreements on joint route analysis and adjustments and helps to make them more understandable. Learn the strategies to make the agreements work toward fair route adjustments and the importance of training, communication and using the issue elevation process. Topics that will also be touched on include Carrier Optimal Routing, data integrity issues and seniority, as well as alternative evaluation and adjustment processes. Also, the effects the agreement will have on the future of carriers and the USPS will be discussed.

FERS: Understanding the Federal Employees Retirement System

This class is geared toward those contemplating retirement under the Federal Employees Retirement System or who have a union position that deals with retirement. It covers retirement as it relates to eligibility and benefits. The class will guide participants through the steps necessary to prepare for and the application process for retirement, providing insight into FERS disability, FERS optional retirement, FERS deferred retirement, FERS postponed retirement as well as the FERS supplement and Social Security.

Mutual Benefit Association Representative Training

MBA Director Myra Warren will present a workshop for MBA representatives. The training will consist of an in-depth review of all products currently being offered by the MBA. MBA reps will receive training on Whole Life Insurance products (Life Paid Up at 65, Life Paid Up at 90, Twenty Pay, and Independence), Term Life (Ten Year Renewable and Convertible Term), Universal Life, Hospital Confinement, and Maturity Income (Traditional IRA, Roth IRA, and Non-Qualified Deferred Annuity). Registration is required.

Tuesday afternoon

The People's Post: Reinventing the Postal Service

Same as Tuesday morning.

The Art of Route Adjustments in the Age of JARAP

Same as Tuesday morning.

How to Build a Better File for Step B

This class is designed to help shop stewards prepare better grievance files for appeal to Step B. It will cover such topics as understanding the burden of proof, providing relevant documentary evidence, writing better grievance contentions and avoiding common mistakes.

Wednesday morning

Branch Secretary-Treasurer Training: Dos and Don'ts

Administrative duties of branch secretary-treasurers will be covered. Examples of how to apply IRS and DOL rules and regulations to branch officers' salaries, lost-time and expense reimbursements will be given and discussed. In addition, information and discussion will be included on membership-related issues, including the Reciprocal Agreement and Form 1188. NALC Director of Finance Jeff Copeland and NALC Director of Membership Wayne Nicely will join NALC Secretary-Treasurer Jane Broendel in presenting this workshop.

Article 12 Training: Withholding and Excessing

Director of City Delivery Dale Hart will lead this class on Article 7 (maximization) versus Article 12 (withholding, excessing, reassignment). Topics include withheld positions, notices of withholding, reasons for withholding, geographical coverage, attrition, cross-craft versus in-craft, gains and losses of routes, and tracking assignment of new deliveries per the October 22, 2008, National Memorandum of Understanding. Learn the strategies to lessen the length of the withholding period, as well as the effects on

conversions to regular, career hires, and mandatory overtime.

Retirement Breakfast Workshop

Retired delegates and active members who are nearing retirement or who want to learn more about retirement should make plans to attend the retirement breakfast and workshop on Thursday. It will feature guest speakers and a briefing on key retirement issues by Director of Retired Members Ernie Kirkland and Assistant to the President for Retirement Ernestine Douglas. (Tickets are required and seating is limited. Tickets are \$25 and can be ordered from the Retirement Department. Ordering instructions are on nalc.org in the retirement section.)

OWCP: The Anatomy of a Claim

Letter carriers who suffer on-the-job injuries and illnesses are provided medical and compensatory benefits under FECA, the Federal Employees' Compensation Act. The goal of this workshop, led by Assistant to the President for Compensation Greg Dixon, is to break down the claims process for both injured workers and their local union representatives. Topics will include reporting injuries, initiating claims, the employee's burden of proof, and continuation of pay.

Celebrating the NALC Health Benefit Plan: 60 Years of Service

Director Timothy C. O'Malley will take you down memory lane by presenting a very special narration on special moments in the Plan's history and the significant successes of the Plan over the past 60 years. Tickets are required because of limited seating. To get tickets, contact the Plan at 703-729-8104 or fill out the registration form that will be available in the *HBR Newsletter*. We hope you will join us as we celebrate 60 years of serving our nation's letter carriers.

Wednesday afternoon

Understanding the LM-3

This class will help participants understand and complete Form LM-3. Representatives from the Department of Labor will review

the form with participants to determine what information the DOL is really asking for and what details must be included with the answers. Among the areas to be covered are the proper way to complete Item 24, listing all officers and disbursements to officers, and where to report different kinds of receipts and disbursements. A completed LM-3 for a hypothetical branch will be distributed to help branch leaders in preparing and reviewing their own branch LM-3 filing. The DOL representatives plan on staying after class to answer individual questions and concerns.

Health Care Reform: What's In It for Me?

The health care reform debate didn't take place just inside of Washington. Across kitchen tables in every corner of the country, Americans followed the long—and sometimes confusing—debate and asked, "What's in it for me?" In this workshop, we'll separate myth from fact, examine key elements of the new law and discuss why health care reform matters for letter carriers.

NALC History: Honoring Those Who Came Before Us

Perhaps you've wondered how letter carriers gained overtime pay or when we began earning annual or sick leave. How did the postal strike of 1970 affect us? Who was the longest-serving NALC president? These questions and many others will be answered in this seminar, which will combine different teaching techniques that are used in NALC's Leadership Academy. Using the game of Jeopardy!, we will have teams of carriers play using information from *Carriers in a Common Cause* as our source. You will learn about how letter carriers in prior generations sacrificed to get us what we now sometimes take for granted.

Article 12 Training: Withholding and Excessing

Same as Wednesday morning.

OWCP: The Anatomy of a Claim

Same as Wednesday morning.

Convention breakfasts and workshops

Thursday morning

The NALC National Food Drive: How to Make Your Drive Even More Successful

This workshop will include food drive coordinators from leading NALC branches who will give tips learned from their successful drives and how to avoid problems. Jointly moderated by new food drive national coordinator Linda Giordano and retiring coordinator Drew Von Bergen, the workshop will include the showing of a new video on the 2010 drive and interaction with representatives of NALC's national partners in the annual effort to "stamp out hunger." Time will be allotted for branch coordinators to comment on their experiences and to offer suggestions for the 19th annual drive in 2011. A question-and-answer period will follow.

New Fiduciary Officer Training: What You Need to Know About Finance, Membership and Record-Keeping

This workshop is intended for new branch officers who have fiduciary and record-keeping responsibilities—presidents, secretary-treasurers and trustees. Attendees will be introduced to Department of Labor requirements, including bonding, member rights and fiduciary officers' responsibilities under the Labor Management and Reporting Disclosure Act of 1959. Also discussed will be tax issues, including setting up payroll, record-keeping dos and don'ts, and the various membership rosters. Assisting Secretary-Treasurer Jane Broendel will be Director of Membership Wayne Nicely, Director of Finance Jeff Copeland, Accounting Manager Seetha Subramanian and Director of the Information Center Nancy Dysart.

Zero Tolerance: Preventing Supervisor Theft of Workhours

Discover tricks supervisors use to steal time from letter carriers. Find out how some of these tactics affect route evaluations. Get tips on how to obtain clock ring information from management. Learn how to decipher clock rings now, so you will be able to com-

bat supervisors fraudulently altering carrier clock rings in the future.

Thursday afternoon

NRP for Contract Enforcers

Despite two national level settlements and a host of sustained regional arbitration awards on the National Reassessment Process (NRP), local managers continue to forge ahead with implementation of NRP in ways that violate *ELM 546*. This class is intended for shop stewards and other contract enforcers. Attendees will receive an overview of current major NRP issues, including review of recent arbitration awards; an introduction to the revised and updated *NALC NRP Guide*; and an in-depth focus on the evidence that local contract enforcers should obtain in order to prevail in NRP-related grievances.

Zero Tolerance: Preventing Supervisor Theft of Workhours

Same as Thursday morning.

NALC Constitution: Elections and Bylaws

This workshop is designed to assist NALC branches and state associations with the rules and regulations governing the conduct of elections and the process for creating or amending bylaws. The workshop, led by Assistant Secretary-Treasurer Nicole Rhine and Associate General Counsel Keith Secular, will discuss the *NALC Regulations Governing Branch Election Procedures*, the *Constitution of the National Association of Letter Carriers*, the *Constitution for the Government of Subordinate and Federal Branches* and the *Constitution of the Government of State Associations*.

Friday morning

Safety and Health: What's a Steward to Do?

When you hear these words: "Life is not worth living," "I have nothing to live for," "What's the use of going on," or "I might as well end it all," what should you do? Director of Safety and Health Brian Hellman and

Art Barker, a national consultant from Magellan Health Services, will talk about a steward's role in looking out for the mental and emotional health of carriers and how to make the best use of the USPS' Employee Assistance Program.

After the Crash: Labor and the Great Recession

The Great Recession of 2008-2009 will adversely affect American workers and their families for years to come. A disaster born on Wall Street and aided and abetted by a government weakened by decades of deregulation and neglect, the recession dramatically changed the environment for union organizing and collective bargaining in America. NALC General Counsel Bruce Simon and Chief of Staff Jim Sauber will lead a discussion on strategies for rebuilding the labor movement.

CSRS: Your Civil Service Retirement System

This class is geared toward those contemplating retirement under the Civil Service Retirement System or who have a union position that deals with retirement. It covers retirement as it relates to eligibility and benefits. The class will guide the participants through the steps necessary to prepare for and the application process for retirement. It will cover optional, disability and deferred retirement as well as the effect of the Windfall Elimination Provision and the Government Pension Offset on any Social Security entitlement.

NALC and the Muscular Dystrophy Association

Letter carriers deliver every day for America and we deliver help and hope to those afflicted with muscular dystrophy. Come and join us while we honor those who have been heroes in 2009 for MDA by raising funds to support the efforts of NALC's national charity. We will also have updates on the latest breakthroughs in research and get to know the Umali family as they share what MDA has meant to them. You will be delighted to meet their daughter, Abbey, who is MDA's national Goodwill Ambassador. ☒



Notice of nominations for NALC national officers

Nominations for national officers of the National Association of Letter Carriers, AFL-CIO, will be held on Wednesday, August 11, 2010, at the national convention in Anaheim, California. Officers will hold office for a four-year term.

The nominations will be held in accordance with Article 6, Section 2 of the *NALC Constitution* which provides:

Every four (4) years, nominations for officers of the Union shall be called by the Chairperson of the Convention on the third day (Wednesday) of the Convention. The Chair shall call for nominations from the floor for each national office separately. Any delegate may nominate any eligible member for any one of the following national offices: President, Executive Vice President, Vice President, Secretary-Treasurer, Assistant Secretary-Treasurer, Director of City Delivery, Director of Safety and Health, Director of Life Insurance, Director of Health Benefits, Director of Retired Members, and a three-member Board of Trustees. Nominations of fifteen (15) National Business Agents shall be separately by NALC Regions, as constituted effective January 1, 1974. Only delegates from the appropriate NALC Region may nominate candidates for the position of National Business Agent for such Region. Nominations to the position of National Business Agent in each Region shall be restricted to nominees whose Branch is located in such appropriate NALC Region. No person shall be nominated for any office without his/her written acceptance, on officially prescribed forms, which must include the endorsement from five (5) delegates representing five (5) Branches. The official forms shall be handed to the Secretary-Treasurer at the time of nomination, and no person shall be permitted to accept nomination for more than one office at any Convention. No second shall be necessary to a nomination, and no nominating speeches will be permitted by the Chair. No nominee who

filed acceptance with the Secretary-Treasurer shall be allowed to withdraw his/her name. When there is but one candidate placed in nomination, the Chairperson shall declare the election by consent.

NALC has developed a new combined official nomination and acceptance form for the 2010 convention (*pictured at right*). Prior to the convention, the form may be obtained from the secretary-treasurer's office or downloaded from NALC's website in the secretary-treasurer section. Copies of the new form will also be available at the convention.

Prospective candidates for national office not attending the national convention may submit an acceptance of nomination by completing the bottom portion of the form and submitting the partially completed form to the secretary-treasurer prior to the convention. The acceptance of nomination should be sent by certified mail, return receipt requested, and it must be received by the secretary-treasurer's office no later than July 30, 2010. In addition, such prospective candidates not attending the convention must ensure that a second copy of the form containing the remainder of the required information, including the signature of the nominator and the endorsements of five delegates representing five branches, is submitted at the convention. ☒

Rates for NALC election ads

In accordance with the resolution passed at the 52nd Biennial NALC Convention, the rates for political ads in *The Postal Record* for candidates for national office have been calculated at the actual per-page publication cost and are printed below, at least 60 days prior to the convention.

Subject to convention action, such advertisements will be printed in the special combined September-October *Postal Record*. Camera-ready ads or the copy for ads, as well as payment by check payable to NALC, must be received at the NALC office during the convention or at NALC Headquarters by Tuesday, September 5 (*The Postal Record*, 100 Indiana Ave. NW, Washington, DC 20001-2144). Ads may be sent electronically to postalrecord@nalc.org, but payment must be made by check.

Below are the rates for political ads (size shown is width x height):

Full page (7¹/₈" x 9³/₄") : \$3,000

Half page (7¹/₈" x 4³/₄") : \$1,500

One-third page (7¹/₈" x 3¹/₄"

or 2¹/₄" x 9³/₄") : \$1,000

One-sixth page (2¹/₄" x 4³/₄") : \$500



Salute to retiring officers

**Ticket deadline
July 8**

The NALC plans to honor all of the national officers who will retire at the end of their current terms in December or have retired since the Boston Convention at a reception and dinner at the Hilton Anaheim on August 12, the Thursday evening of the 67th Biennial Convention.

The Retiring Officers' Dinner program will begin with a reception at 6 p.m., with dinner served at 7 p.m. A special salute to the officers will follow, and the evening will end with dancing until 11 p.m., according to Secretary-Treasurer Jane E. Broendel, who is coordinating the event.

Tickets are \$80 each and will be sold on a first-come, first-served basis. Those planning to attend should purchase tickets as soon as possible by sending full payment along with the Retiring Officers' Dinner order form below to:

Retiring Officers' Dinner; c/o NALC Secretary-Treasurer; 100 Indiana Ave. NW, Washington, DC 20001-2144. **Tables of eight seats may be reserved in advance**, but only after the order and payment are received at NALC Headquarters.

Regions, branches and individual members must use the order form to buy tickets. Tickets and table assignments will be held for pickup at the Retiring Officers' Dinner booth in the convention registration area. You must list on the order form the person authorized to pick up tickets, as only that person will be able to receive the tickets. Checks payable to "Secretary-Treasurer, NALC" must be received at NALC national headquarters no later than July 8.

More information on the event will appear in the July issue of *The Postal Record*. ☒

Retiring Officers' Dinner Order Form

**Mail order form and
payment to:**

**Retiring Officers' Dinner
NALC Secretary-Treasurer
100 Indiana Ave. NW
Washington, DC 20001-2144**

**Checks payable to
"Secretary-Treasurer, NALC"
must be received no later
than July 8.**

Please reserve _____ tickets for the NALC Retiring Officers' Dinner on Thursday, August 12, 2010, at the Hilton Anaheim. Enclosed is \$_____ (@ \$80 per ticket). Tickets will be held for pickup at the Retiring Officers' Dinner ticket booth located in the convention registration area.

Person designated to pick up ticket(s) _____

Branch number _____ Phone number where you can be reached _____

Name _____

Address _____

City _____ State _____ ZIP _____

Please indicate if you or anyone in your party has any special dietary considerations _____

Checks payable to "Secretary-Treasurer, NALC" must be received no later than July 8.

Tour information for the NALC Convention

ABOUT TOUR RESERVATIONS

To reserve tours online, please go to www.nalc.org/news/conv/index.html. All requests will be handled on a first-come, first-served, space available basis. Reservations must be prepaid online or faxed to the tour operator, ACCESS Destination Services. Payment is due at the time of the reservation. Confirmations will be sent to those attendees who provide an e-mail address. Your printed confirmation is your ticket. All tours use air-conditioned, deluxe touring vehicles. Meals are not included on any tour; however time will be allotted on all-day tours for lunch on your own. Tours are not included in any other registration fees. Late and on-site tour prices will be \$3.00 more per ticket. Please keep a copy of this form for your records. Early Bird deadline is July 23, 2010. For further questions, contact ACCESS Destination Services at nalc@accessdmc.com

TOUR DESCRIPTIONS

JEWEL OF THE MISSIONS: MISSION SAN JUAN CAPISTRANO

The most beautiful and best known of the California Missions, Old Mission San Juan Capistrano is only a short trip south. Discover the enchantment of this living historical landmark. Tour through the pristine gardens, soldier barracks, and beautiful archeological monuments. Following the tour, drive through the picturesque town of Laguna Beach.

ISLAND SHOPPING

What better way to fulfill your day than to enjoy shopping at the exclusive Fashion Island in upscale Newport Beach. It's a unique mixture of stores, restaurants and services in a world-class location. You'll find more than 70 specialty and department stores in an outdoor setting overlooking the beautiful Pacific Ocean. Atrium Court, located in Fashion Island, boasts more than 75 international boutiques, with French, Japanese, German and Italian designers well represented. In addition, there is a "Farmer's Market" gourmet grocery store and a fabulous food court! For those interested, a hop to nearby Balboa Island for some local beachside shopping is included in this tour. Lunch will be on your own at either Fashion Island or Balboa Island. With so many options—it will be tough to choose!

LIGHTS, CAMERA, LOS ANGELES! LA CITY TOUR

The city of Los Angeles is a beautiful mix of old and new... gleaming high-rises coexist alongside historic treasures. Spend a delightful day experiencing three popular areas of the true City of Angels. Aboard a comfortable coach, your LA expert tour guide will introduce you to Olvera Street, the birthplace of Los Angeles and home to many local Mexican handicrafts. Stop at Hollywood and Highland, the retail/entertainment complex and true essence of old time Hollywood adjacent to the world-famous Grauman's Chinese Theater and Hollywood Walk of Fame. See the Sunset Strip, home to LA's hottest nightlife and star-spotting. Experience Beverly Hills, the neighborhood of the rich and famous which boasts the world's most luxurious shopping. Time will be given to stop at Olvera Street, Hollywood & Highland, and Beverly Hills' Rodeo Drive.

ZOOFARI: THE WORLD FAMOUS SAN DIEGO ZOO

The San Diego Zoo, located within Balboa Park, is world famous for its impressive animal collection, in both size and for the wide variety of rare and exotic species exhibited. Here, guests see some of the world's rarest wildlife including giant pandas and koalas. There is Ituri Forest, a mysterious central African rain forest where adventurers encounter forest buffalo, hippos, otters, okapis, colorful birds and acrobatic monkeys. Other unique habitats include Polar Bear Plunge, Tiger River, Gorilla Tropics, Absolutely Apes and Sun Bear Forest.

UNIVERSAL STUDIOS HOLLYWOOD

Find a full day of action-packed entertainment all in one place: Universal Studios Hollywood. With thrilling park rides and shows, a real working movie studio and LA's best shops, restaurants and all-new cinemas at CityWalk, Universal Studios Hollywood is a unique experience that's fun for the whole family. Tour includes admission to Universal Studios and transportation. Lunch on your own.

DOLPHIN ADVENTURE

Your group will experience an unforgettable day at sea off the coast of Dana Point. This experience allows guests an up-close and personal look at some of the ocean's most beautiful and playful creatures. Dolphins native to the Pacific coastline are usually spotted within minutes of leaving the harbor. Experience first-hand the grace and beauty of these agile animals as they try to outrace the vessel! Guests are certain to enjoy this once-in-a-lifetime experience.

ART WALK IN LAGUNA BEACH

Laguna Beach is best known as an artistic and quaint village community, home to nearly one hundred art galleries and one-of-a-kind shops and boutiques. This tour provides your special guests with an inside look at a handful of local artists in their private working studios. You'll see their latest work as well as the processes and tools used for their inspiration. Enjoy contemporary, abstract and figurative art, mixed media, sculpted glass jewelry, bronze sculptures and more. On the way to the studios, we will stop at a beautiful ocean view outlook of Laguna to experience Laguna's ambiance and learn about the history of how Laguna became an artists colony. **Note:** Wear comfortable shoes. This tour includes walking.

WARNER BROS STUDIOS V.I.P. BACKLOT & LOS ANGELES TOUR

This 2.5 hour tour via carts takes you through the back lots, sets, stages and craft shops, ending at the Warner Bros museum, where you can explore motion picture memorabilia from past and present. During the day, guests will enjoy a narrated tour of a few of LA's most prized landmarks as well as lunch provided at a popular LA restaurant. The Hollywood sign, Kodak Theater, Mann's Chinese Theater, and Rodeo Drive will be just several of the highlighted attractions that will round out the perfect day in "Tinseltown."

CITADEL OUTLET SHOPPING

Citadel Outlets is LA's only outlet shopping! Discover savings of up to 70% off at more than 85 of the hottest designer outlets such as Guess, Banana Republic, Tommy Hilfiger, Kenneth Cole, Calvin Klein, Nautica, BCBG MAX AZRIA, Nine West, Eddie Bauer, Ann Taylor and many more.

ACCESS Official Tour Operator for the NALC- 67th Biennial Convention
Destination Services



**OPTIONAL TOUR ORDER – National Association of Letter Carriers
67th BIENNIAL CONVENTION**



REGISTRATION DETAILS

Full Name _____	Credit Card Billing Address (if different)
Address _____	Address _____
City _____	City _____
State _____ Zip _____	State _____ Zip _____
Phone (Day) _____	<i>Charges will appear as "ACTEVA"</i>
Fax _____	Special _____
Email _____	Needs _____
Hotel _____	_____

TOUR SELECTIONS

TOUR	DATE & TIME	EARLY PRICE	LATE PRICE <small>(AFTER 7/23/10)</small>	QTY	TOTAL
Knott's Berry Farm Transfer <i>(Includes Park Entrance)</i>	Monday, August 9, 2010 (9:00am- 4:00pm)	\$99.00	\$102.00		\$
Jewel of the Missions: Mission San Juan Capistrano	Monday, August 9, 2010 (9:30am – 1:30pm)	\$55.00	\$58.00		\$
Island Shopping	Monday, August 9, 2010 (12:00pm – 4:30pm)	\$45.00	\$48.00		\$
Lights, Camera, Los Angeles! LA City Tour	Tuesday, August 10, 2010 (9:00am- 4:00pm)	\$49.00	\$52.00		\$
Bowers Museum: A Cultural Experience	Tuesday, August 10, 2010 (10:00am- 12:30pm)	\$58.00	\$61.00		\$
Zoofari: World Famous San Diego Zoo	Wednesday, August 11, 2010 (9:00am- 4:00pm)	\$125.00	\$128.00		\$
Universal Studios Hollywood	Wednesday, August 11, 2010 (9:00am- 4:00pm)	\$135.00	\$138.00		\$
Warner Bros VIP Back lot & Los Angeles Tour	Thursday, August 12, 2010 (9:00am- 4:00pm)	\$180.00	\$183.00		\$
Dolphin Adventure	Thursday, August 12, 2010 (9:00am- 1:30pm)	\$125.00	\$128.00		\$
Art Walk in Laguna Beach	Friday, August 12, 2010 (9:00am- 1:30pm)	\$44.00	\$47.00		\$
Outlet Shopping at the Citadel	Friday, August 12, 2010 (9:00am- 1:30pm)	\$45.00	\$48.00		\$
FAX REGISTRATION					\$ 5.00
TOTAL ORDER					

BILLING INFORMATION

Visa
 Master card
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Cardholder Name _____ Expiration Date _____
(as it appears on the card)

Credit Card # _____ CVV2# _____

CANCELLATIONS

Because guarantees are based on advance ticket sales, **no refunds or exchanges will be made after July 19, 2010**. The \$10.00 transaction fee and \$5.00 fax registration fee is non-refundable. **ACCESS** Destination Services reserves the right to cancel tours and refund the ticket price if the minimum number of tickets is not sold.

TOUR REGISTRATION AND CANCELLATION DEADLINES:

- July 19th** - All cancellations must be received in writing. **ACCESS** will refund full ticket price, less a \$10.00 non-refundable transaction fee
- July 23rd** - Early Bird registration deadline
- August 2nd** - Online registration deadline (Guests may purchase tickets on-site at the tour desk).

**REGISTER ONLINE AT WWW.NALC.ORG AND PAY NO REGISTRATION FEE!
or FAX COMPLETED FORM TO (415) 276-2399**