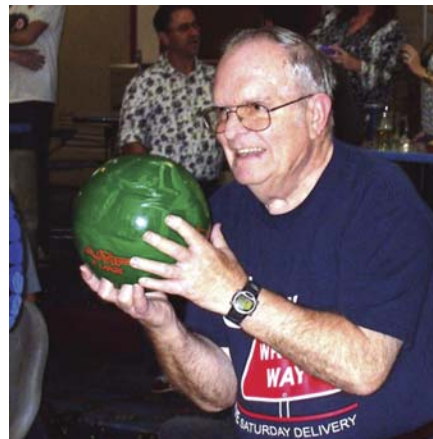




# Bowlathon



Pictured (l-r from top): MDA ambassador Ally Krajewski and her family came out to thank Chicago Branch 11; a Eugene, OR Branch 916 member and her daughter; NALC Director of Retired Members Ernie Kirkland at the NALC Health Benefit Plan's bowlathon; a carrier from Southeast PA Merged Branch 725; and Philadelphia Branch 157's event included NALC Executive Vice President Timothy O'Malley.

**I**t was lucky no. 3 for the Muscular Dystrophy Association, as thousands of letter carriers, their friends and families hit the lanes all across the country for NALC's third annual bowlathon on Nov. 6.

"The dedication our carriers have to help cure muscular dystrophy is truly amazing," NALC President Fredric Rolando said. "I know that there is so much going on in their lives and their jobs, but for them to come out every year like this, to make things better, speaks volumes about their compassion."

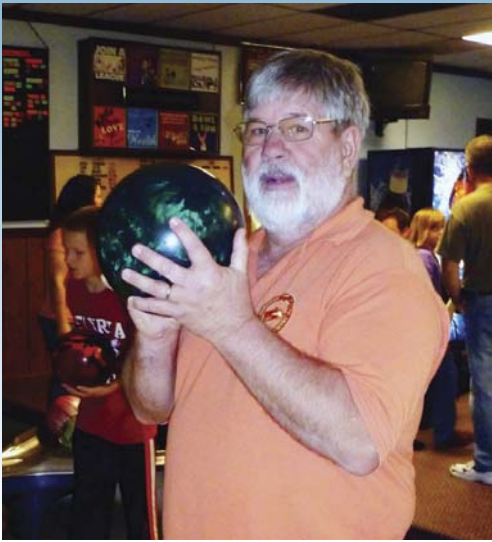
The bowlathon raised thousands of dollars in a single day for MDA, the union's official charity.

Official branch reports are being returned to Headquarters and a report of the results will appear in a future issue of *The Postal Record*.

President Rolando and other national officers joined Fredericksburg, VA Branch 685 members and headquarters staff for a few hours of fun south of Washington, DC. Members of the NALC Health Benefit Plan arranged their own event, with more than 70 people attending. These scenes were duplicated nationwide, as evidenced by the photos with this article.

"The bowlathon has become a great tradition for letter carriers," NALC's MDA Coordinator Jim Williams said. "Carriers are beginning to know that when the leaves start to turn, and the weather starts to get chilly, it's time to go bowling." ☒





# on a roll



Pictured (l-r from top): Elyria, OH Branch 196; everyone who turned out was a superhero at Las Vegas Branch 2502's costumed bowlathon; national officers, headquarters staff and family, including President Rolando, Director of Safety and Health Manuel Peralta Jr. and Assistant Secretary-Treasurer Nicole Rhine turned up at Fredericksburg, VA Branch 685's event; 16-year-old Claire Menke thanked Hagerstown, MD Branch 443 for its support; Ft. Wayne, IN Branch 116; and Tallahassee, FL Branch 1172.