



TAKING IN PHILADELPHIA

In the last issue of *The Postal Record*, we gave you a taste of the historical attractions in downtown Philadelphia. But the City of Brotherly Love has so much more to offer than its history. This is a partial list of other things to see and do, many within walking distance of the Pennsylvania Convention Center and official convention hotels.

THE ROCKY STATUE AND STEPS, PHILADELPHIA MUSEUM OF ART

Go ahead, get a photo of yourself running up the steps while throwing punches in the air. Try to do it without the theme to the “Rocky” movies going through your head.

Originally created for use in “Rocky III,” the sculpture of the fictional Rocky Balboa was donated to the city by actor Sylvester Stallone after the film was completed. The statue is located at the bottom of the outside stairs at the Philadelphia Museum of Art—the famous steps Stallone was filmed running up and down. Gaze at the vista of the city from the majestic building.

Then go inside the museum for a view of one of the country’s largest art collections, with 300,000 works spanning 2,000 years.

The museum is located at 2600 Benjamin Franklin Parkway.

NEIGHBORHOODS

Philadelphia has many neighborhoods ideal for enjoying architecture, for people-watching, or just for soaking in the vibe. It’s impossible to list them all, let alone visit them all.

Here’s a sample.

For a taste of old Philadelphia, check out the Society Hill neighborhood just south of Independence Hall. It began as a prosperous area of wealthy merchants’ homes and businesses along the waterfront in colonial times. Today, Society Hill is a desirable and charming example of what Philadelphia looked like in a different time, complete with cobblestone streets lined by brick rowhouses in Federal and Georgian styles. The neighborhood’s borders are roughly between Walnut and Lombard Streets from S. 7th Street east to the Delaware River.

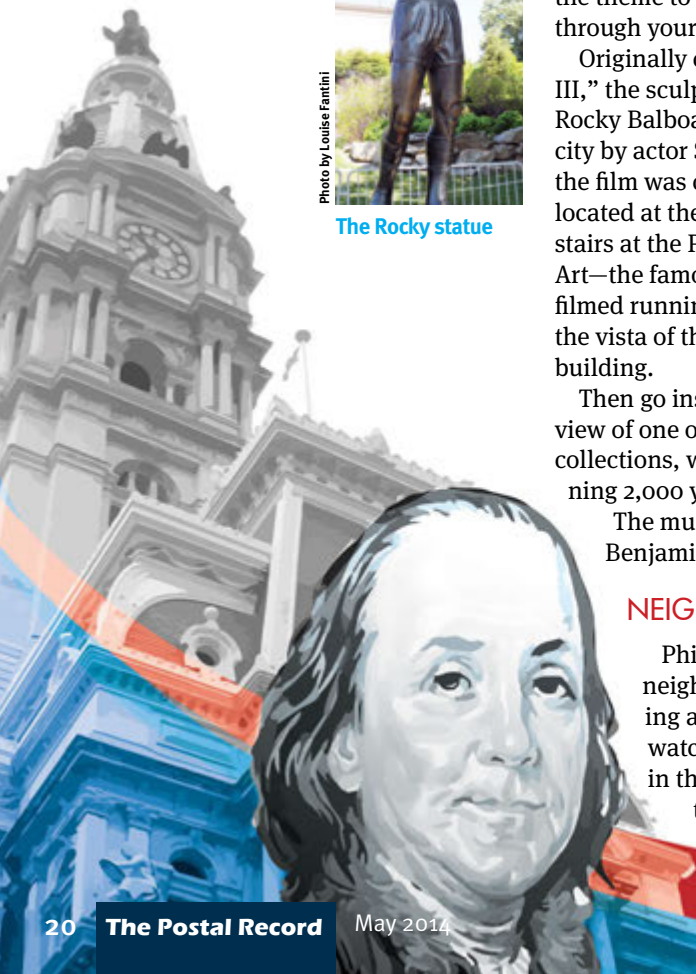
If you’re looking for an urban, up-and-coming scene near the Pennsylvania Convention Center, check out Callow Hill, a neighborhood with innovative bars, restaurants, music venues and art galleries popping up. Callow Hill is east of Broad Street and north of the Vine Street Expressway. Or head south to explore Bella Vista, the first Italian neighborhood in Philly, which now sports a variety of food choices from cultures around the world to supplement its beloved Italian flavors. Bella Vista’s best-known feature is the open-air Ninth Street Italian Market. It’s open Tuesday through Saturday from 9 a.m. to 5 p.m. and Sunday from 9 a.m. to 2 p.m. The neighborhood lies east of Broad Street to 6th Street and north of Washington Avenue to South Street.

At the northern border of Bella Vista, South Street is a great place to shop, dine, drink or just take in the action. It has an eclectic lineup of more than 300 shops and 60 eateries, cafes and bars. The most popular area of South Street runs 10 blocks from Front Street west to 10th Street. At the western end, you’ll find local artist Isiah Zagar’s Magic Gardens at 1022-1024 South St.—



Photo by Louise Fantini

The Rocky statue



JUNE POSTAL RECORD WILL BE DELAYED

In order to fulfill the *NALC Constitution* deadlines to receive constitutional amendments by 60 days before the convention and to publish them in *The Postal Record* by 30 days before the convention, the June issue of *The Postal Record* will be printed and mailed two weeks later than usual. Sorry for any inconvenience.

a creation of tiles, bottles, old bicycle parts and other found objects covering an indoor and outdoor space the size of half a city block, forming a whimsical, colorful experience. It's a journey for the mind as much as the body.

For a full list of neighborhoods, go to visitphilly.com/philadelphia-neighborhoods.

THE MÜTTER MUSEUM

Eeeew!

It may sound like a freak show, but the Mütter Museum is a window on the fascinating and surprising inside of the human body. It was born in 1863 when Philadelphia physician Thomas Mütter donated his 1,700-item personal collection of bones, plaster casts, medical illustrations and other artifacts to the College of Physicians of Philadelphia.

Today the museum houses more than 20,000 intriguing, and sometimes strange, specimens and items, including more than a few medical notables. Connections to the famous include Dr. Marie Curie's electrometer, Dr. Benjamin Rush's medicine chest and, most spectacularly, the death cast of Chang and Eng, the original "Siamese Twins," whose autopsy was performed in the museum.

The museum is located at the College of Physicians of Philadelphia, 19 S. 22nd St. It is open seven days a week from 10 a.m. to 5 p.m. Admission is \$15.

MUMMERS MUSEUM

Don't confuse this with that other museum—there are no body parts here. The Mummers Museum celebrates the unique Philadelphia tradition of the Mummers Parade. Philadelphians have been dressing in beautiful, elaborate and sometimes wacky costumes

and parading each New Year's Day since 1901. Though it vaguely resembles Mardi Gras, Mummers Day can be traced to an old Christmas tradition from England. It's a chance for Philadelphians to get weird, and they do it in style, as the museum's costume and music displays demonstrate. The museum is at 1100 South 2nd St.; it's open Wednesdays through Saturdays from 9:30 a.m. to 4 p.m. Admission is \$3.50 for adults and \$2.50 for children 12 and under.

CHEESESTEAKS

What's a visit to Philly without a cheesesteak?

You can find dozens of versions of Philadelphia's iconic sandwich in restaurants and street stands throughout the city, each insisting that theirs is the best. You might want to start at the corner of S. 9th Street and E. Passyunk Avenue, where you'll find Pat's King of Steaks facing off against Geno's Steaks on opposite corners. Pat's says its founder, Pat Olivieri, invented the cheesesteak in 1930. At Geno's, they think their cheesesteaks are better no matter who invented them. It's a friendly rivalry, with both joints open 24 hours a day, seven days a week, often with long lines.

Don't hold up the line—know how a Philadelphian orders a cheesesteak properly. First say how many sandwiches you want, then your choice of cheese (Provolone, American or Cheez Whiz, shortened as "whiz"), and then your choice for onions or no onions. Three words suffice, for instance: "one whiz with." You'll be munching on meaty, cheesy heaven in no time.



Photo by John Tonges

Above: The Mütter Museum

Below: A cheesesteak from Pat's King of Steaks





Left: Citizens Bank Park
Bottom: Reading Terminal Market

PHILADELPHIA PHILLIES

Philadelphia is proud of its history, including its sports past. The Phillies are the oldest continuous, one-name, one-city franchise in all of professional American sports. This year's Phillies team is relying on a combination of talent and pluck—if their veteran players stay healthy, they have a shot, but with little margin for error. The team will host the San Francisco Giants in night games on Monday, Tuesday and Wednesday during the NALC convention, with a day game on Thursday. On Friday, they host the Arizona Diamondbacks. The Phillies play at Citizens Bank Park, 1080 Pattison Ave.; the night games are scheduled to begin at 7:05 p.m. and the day game at 1:05 p.m., but times may change, so consult phillies.com before heading out for a game.

Tuesday night's game will be a special NALC Baseball Night at Citizens Bank Park—NALC President Fredric Rolando will participate by throwing out the first pitch just before the game at 7:05 p.m. Tickets to the game are \$24 each, which includes bus transportation for those staying at NALC block hotels. Tickets must be purchased in blocks by branch presidents—they will not be sold individually. Go to nalc.org/news/conv/philadelphia2014/baseball-night-order-form.pdf to print a ticket order form, fill it out and mail it with a check or money order made payable to "Secretary-Treasurer, NALC" for the total amount, to: NALC Baseball Night, 100 Indiana Ave. NW, Washington, DC 20001-2144. All ticket orders must be received by June 1. Tickets will be available for pickup in the registration area; there will be no refunds on purchased tickets. Orders that cannot be filled will be refunded.

INDEPENDENCE SEAPORT MUSEUM

With historic vessels to board, a remotely operated underwater vehicle to maneuver and a mock cannon to fire, this museum brings the city's maritime history to life. Berthed right outside are the *Olympia*, the nation's oldest floating steel warship, and the *Becuna*, a World War II submarine that fought battles in the South Pacific. Visitors can board both. Open daily 10 a.m. to 5 p.m. 211 S. Columbus Blvd. (Penn's Landing). Website: phillyseaport.org.

READING TERMINAL MARKET

This open-air market has connected merchants offering ready-to-eat food, groceries and goods with customers since 1892. It's the nation's oldest continuously operating farmers' market. You can find everything from Amish baked goods made by farmers from nearby Lancaster County to exotic, spicy flavors from other continents—and, of course, cheesesteaks. Other merchants sell kitchenware, flowers, gifts and more. The roast pork sandwich made by DiNic's Pork and Beef, one of the market's restaurants, was recently named "Best

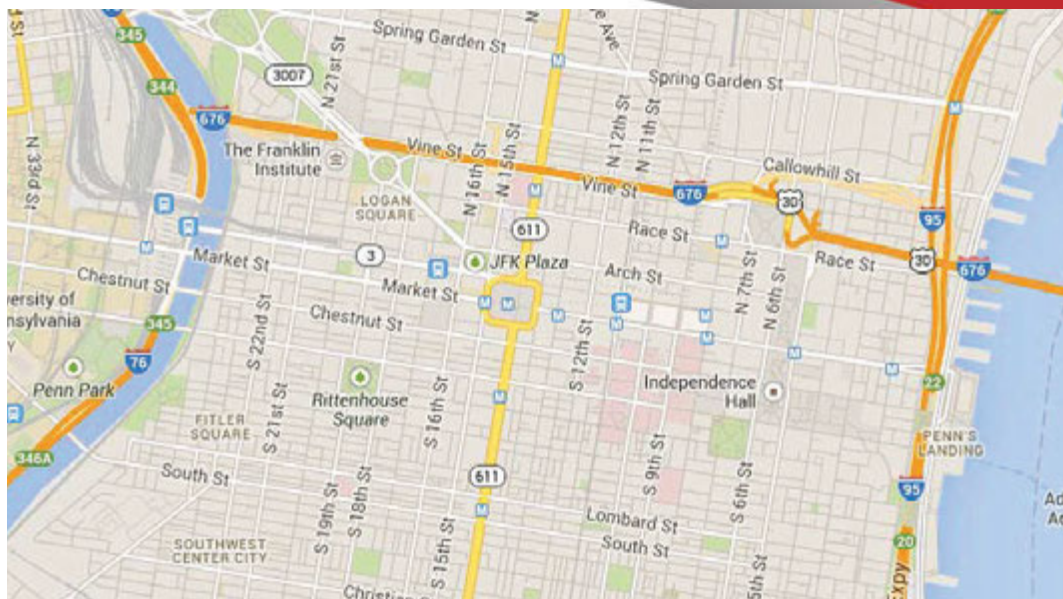
Sandwich in America" by The Travel Channel, so arrive hungry.

The market is located at 51 N. 12th St., across the street from the Pennsylvania Convention Center, and is open seven days a week. Go to readingterminalmarket.org for more information.

EASTERN STATE PENITENTIARY

Founded on the Quaker-inspired belief that solitary confinement could reform criminals, this prison became a model for others worldwide after it opened in 1829. The Gothic architecture has inspired many a ghost story. Among its famous occupants was Al Capone, who furnished his cell with antiques and oil paintings. Take a tour and you can see a restored version of his cell, learn about life in the prison until it closed in 1971, and hear stories of other famous inmates and daring escapes. Eastern State is located at 2027 Fairmount Ave. It's open seven days a week, from 10 a.m. to 5 p.m. (last entry is at 4 p.m.). For more information, go to easternstate.org. **PR**





GETTING AROUND PHILLY

Philadelphia is renowned as a city friendly to pedestrians. The street layout is simple, and most downtown attractions are within easy walking distance of each other and the official convention hotels where most delegates will stay.

A little knowledge of the street layout of downtown Philadelphia—known as Center City—goes a long way toward navigating the city.

Following a grid fashioned by the city's founder, William Penn, Philadelphia's numbered streets run from north to south parallel to the Delaware River to the east and the Schuylkill (pronounced "skookull") River to the west. The numbers begin at the eastern side with Front Street and go from 2nd Street and higher as you walk west, with 14th Street/Broad Street as the division between addresses labeled East and West. Named streets run east to west, with Market Street as the division between North and South. For instance, Geno's Steaks, 1219 S. 9th St., is located five blocks east of Broad Street and 12 blocks south of Market Street. City Hall is situated in the middle of the grid at the intersection of 14th/Broad Street and

Market Street, making the divisions easy to spot on a map.

Sometimes even letter carriers get tired of walking, so there are many options for covering more distance.

The Southeastern Pennsylvania Transportation Authority (SEPTA) operates the city's subway, bus, trolley and commuter rail system, which includes a rail connection from Philadelphia International Airport to Center City. The Airport Line has two Center City stops: Suburban Station at 16th Street and John F. Kennedy Boulevard (which, despite the name, is located downtown) and Market East Station on Market Street between 10th and 12th Streets. Both are easy walks from the convention center and many of the official convention hotels.

The Airport Line also stops at Amtrak's Philadelphia 30th Street station, which is located just across the Schuylkill River to the west of City Center, roughly 10 blocks from the convention center.

In Center City, the two subway lines follow the city's grid divisions—the Broad Street Line runs north to south and the Market-Frankford line and trolleys run east to west. They intersect at the City Hall Station just south of the convention center.

For an interactive map of the SEPTA system, go to septa.org/maps/system.

For a day of exploring by subway, trolley, bus and most regional rail lines, SEPTA's One-Day Independence Pass offers unlimited travel for \$12 a person or \$29 for a family (for families of up

to five where at least one member, and no more than two members, is 18 years of age). The One-Day Independence Pass may be purchased from the conductor on any Regional Rail train. Passes also are available at SEPTA ticket and sales offices and online at shop.septa.org.

NALC is offering several tours of the city and surrounding area during convention week (see nalc.org/news/conv/index.html#tours). If your preferred tour is sold out or if you want more options, you can arrange your own tour through Philadelphia Trolley Works. The company offers several guided-tour options ranging from buses to horse-drawn carriages to walking or Segway tours. Go to phillytour.com for details and advance ticket sales. Another option is the Philly Phlash line of trolley-style buses that take you to sites throughout the city. Tickets are sold at the Independence Visitor Center. See ridephillyplash.com for more information.

If you'd like to see things from a sailor's perspective, consider a river tour by Patriot Harbor Lines, which offers tours of the Delaware and Schuylkill Rivers, including night-time excursions. For details, go to phillybyboat.com. American Sailing Tours offers day and night tours of the Delaware on a wind-powered schooner; go to americansailingtours.com for information. **PR**

NOTICE OF NOMINATIONS FOR NALC NATIONAL OFFICERS

Nominations for national officers of the National Association of Letter Carriers, AFL-CIO, will be held on Wednesday, July 23, at the national convention in Philadelphia. All terms are for four years.

The nominations will be held in accordance with Article 6, Section 2 of the *NALC Constitution*, which provides:

Every four (4) years, nominations for officers of the Union shall be called by the Chairperson of the Convention on the third day (Wednesday) of the Convention. The Chair shall call for nominations from the floor for each national office separately. Any delegate may nominate any eligible member for any one of the following national offices: President, Executive Vice President, Vice President, Secretary-Treasurer, Assistant Secretary-Treasurer, Director of City Delivery, Director of Safety and Health, Director of Life Insurance, Director of Health Benefits, Director of Retired Members, and a three-member Board of Trustees. Nominations of fifteen (15) National Business Agents shall be separately by NALC Regions, as constituted effective January 1, 1974. Only delegates from the appropriate NALC Region may nominate candidates for the position of National Business Agent

for such Region. Nominations to the position of National Business Agent in each Region shall be restricted to nominees whose Branch is located in such appropriate NALC Region. No person shall be nominated for any office without his/her written acceptance, on officially prescribed forms, which must include the endorsement from five (5) delegates representing five (5) Branches. The official forms shall be handed to the Secretary-Treasurer at the time of nomination, and no person shall be permitted to accept nomination for more than one office at any Convention. No second shall be necessary to a nomination, and no nominating speeches will be permitted by the Chair. No nominee who filed acceptance with the Secretary-Treasurer shall be allowed to withdraw his/her name. When there is but one candidate placed in nomination, the Chairperson shall declare the election by consent.

NALC has a combined official nomination and acceptance form for the 2014 convention (pictured at left). Prior to the convention, the form may be obtained from the secretary-treasurer's office or by downloading it from nalc.org in the secretary-treasurer section. Copies of the new form also will be available at the convention.

Prospective candidates for national office not attending the national convention may submit an acceptance of nomination by completing the bottom portion of the form and submitting the partially completed form to the secretary-treasurer prior to the convention. The acceptance of nomination should be sent by certified mail, return receipt requested, and it must be received by the secretary-treasurer's office no later than July 10. In addition, such prospective candidates not attending the convention must ensure that a second copy of the form containing the remainder of the required information, including the signature of the nominator and the endorsements of five delegates representing five branches, is submitted at the convention. **PR**

RATES FOR NALC ELECTION ADS

In accordance with the resolution passed at the 52nd Biennial NALC Convention, the rates for political ads in *The Postal Record* for candidates for national office are calculated at the actual per-page publication cost and printed at least 60 days prior to the convention. The rates are printed below.

Subject to convention action, such advertisements will be printed in the September *Postal Record*. Camera-ready ads or the copy for ads, as well as payment by check payable to NALC, must be received at the NALC office during the convention or at NALC Headquarters by Tuesday, Aug. 5 (The *Postal Record*, 100 Indiana Ave. NW, Washington, DC 20001-2144). Ads may be sent electronically to postalrecord@nalc.org, but payment must be made by check.

Below are the rates for political ads (size shown is width x height):

Full page (7-1/8" x 9-3/4"): \$3,000

Half page (7-1/8" x 4-3/4"): \$1,500

One-third page (7-1/8" x 3-1/4" or 2-1/4" x 9-3/4"): \$1,000

CONVENTION REMINDERS AND INFORMATION

As preparations continue for the NALC's 69th Biennial Convention in Philadelphia July 21-25, here are some important reminders and other bits of information:

ACCOMMODATIONS FOR DISABLED ATTENDEES

Convention attendees who may require assistance due to a disability can avail themselves of the following accommodations in adherence with the Americans with Disabilities Act (ADA):

Deaf or hearing-impaired: General session video presentations, including podium and floor action, will be open-captioned so hearing-impaired delegates can sit with their delegations. Delegates who need other special accommodations, including a signing interpreter in workshops, should contact Secretary-Treasurer Jane Broendel at NALC Headquarters **by May 24**.

Wheelchair and scooter rental: Electrical mobility scooters and wheelchairs are available for rent from Scootaround.com. For advance reservations or for more information please call 888-441-7575 or visit the Scootaround website at locations.scootaround.com/rentals/n/nalc

Oxygen: If you require oxygen refills while in Philadelphia, you can contact The Oxygenconcentrator Store via their website, oxygenconcentratorstore.com, or at 877-774-9271. You will need the following information: prescription, diagnosis, amount of oxygen, type of equipment required, and type of payment (cash, credit card, or insurance information if insurance will be paying). It is suggested that you call a day ahead. Same-day service may be available.

Parking: Handicapped parking is available to individuals with valid disability parking permits in surrounding ramps and lots as well as at parking meters on the street.

Wheelchair lift vehicles: The NALC is providing free shuttle bus service to/from

the Pennsylvania Convention Center for hotels within the block that are not within walking distance. (A complete list will be available later.) To comply with the provisions of the Americans with Disabilities Act (ADA), a vehicle equipped with a wheelchair lift will be made available during all convention hours on an on-call basis. Requests for use of this service can be made directly by calling the operations manager on-site. The number will be listed on bus flyers available at the bell desks in all hotels for which shuttle service is provided.

BLOOD DRIVE

The NALC, in association with the American Red Cross in Philadelphia, will hold a blood drive on Tuesday, July 22, and Wednesday, July 23, from 9 a.m. to 2 p.m. at the Pennsylvania Convention Center.

It is strongly recommended that you sign up in advance using the online scheduler at redcrossblood.org. You may also schedule your appointment by calling 800-RED-CROSS (800-733-2767, option 2) and give your sponsor code NALC. On-site appointments may be made based on availability.

If you donate blood after May 26, you will not be allowed to donate at this drive.

ORAL HISTORY OF THE GREAT POSTAL STRIKE

Are you a convention delegate who took part in the Great Postal Strike of 1970? Then NALC wants to hear from you in Philadelphia.

A special area will be set up in the registration area during convention week to record the stories of the men and women who walked off the job on March 17, 1970, to take part in the nationwide wildcat strike for better pay, benefits and working conditions for all postal employees.

These stories will be collected for a larger oral history of the strike, for possible use in future audio and video

presentations about this watershed event that led to the creation of the modern United States Postal Service.

RETIRING OFFICERS' DINNER

The retiring officers' dinner will be held on Thursday, July 24, at the Sheraton Philadelphia Downtown Hotel. Tickets are \$80. Visit the convention page at nalc.org to download the ticket order form. Tickets will be held for pickup at the Retiring Officers' Dinner ticket booth located in the convention registration area.

Guests wishing to be seated at the same table must submit their ticket orders and payment together in the same envelope (maximum eight guests per table).

An order form and payment must be received by June 1.

TOURS

Philadelphia tours, information and discounts: Visit the convention page at nalc.org to browse a list of tours that will be available to delegates and their families during the convention, including a historic area riding/walking tour, Amish country tour, and family-friendly fun at the Adventure Aquarium and Battleship *New Jersey*.

Register in advance by mail, fax or online by Friday, June 20, and save up to \$10 per tour. Visit toursignup.com/NALC for the easiest sign-up. If your plans change, tours are cancelable and refundable (less a small fee) until June 30. Tour tickets can be purchased at the tour desk inside the Pennsylvania Convention Center, Hall C—many tours sell out in advance.

Be sure to visit the Philadelphia Convention and Visitors Bureau's special NALC microsite discoverphl.com/visit/nalc for even more about what to see and do in the City of Brotherly Love. **PR**