Thanks for helping to deliver the cure



Jim Williams

Recently, we lost a great humanitarian, baseball player and sage. Yogi Berra was 90 years old when he died on Sept. 15. I'm old enough to remember him playing baseball and he was a guy often quoted, many times for the wrong reasons. One of my favorites attributed to him was, "It ain't the heat, it's the humility." He unknowingly mentioned one of his greatest traits.

Humility is defined as "the quality or condition of being humble; a modest opinion or estimate of one's own importance, rank, etc." Yogi lived that definition.

As I look back on my NALC career, many things come to mind. The first

"When you come to a fork in the road, take it."

and most important is that I've been very lucky to be a part of this great organization. The NALC has been very good to my family and me.

Secondly, I've met people who embody humility as a

character trait that defines the way they lived their lives. These are the people I have respected the most. They have been my models as I tried to lead the best way I know how. At the same time, I met some who were so concerned with their own agenda that they were largely ineffective. History will little remember them, and rightly so.

This is my last article as NALC's liaison to the Muscular Dystrophy Association. At the same time, I step down as an instructor at NALC's Leadership Academy. It is time for others to take over in these roles and make each better. I know they will. I thank President Rolando for allowing me to continue to serve the membership in these capacities.

Lastly, in consultation with our national president, we have established an additional way to honor branches that have raised funds for MDA. In the past few months, we've designated branches that raised more than \$25 per member as "gold," and branches that contributed between \$10 and \$25 per member as "silver." All branches that contributed any money are being designated as "bronze." The list below shows those branches with the amounts per capita they raised.

As Yogi also said, "When you come to a fork in the road, take it." It's time for me to take his advice. See you down the road, and thanks for all those who helped me in the fight the last nine years to make the lives of those with muscle disease a little better. Deliver the cure!

2014 MDA Bronze Level Branches

Branch 43	Cincinnati, OH	\$4.99	Branch 5996	Aurora, CO	\$3.13	Branch 562	Jamaica, NY	\$2.06	Branch 411	San Bernardino, CA	\$1.18
Branch 11	Chicago, IL	\$4.78	Branch 2689	Space Coast, FL	\$3.08	Branch 111	Salt Lake City, UT	\$2.04	Branch 137	Hudson Valley Mgd., NY	\$1.17
Branch 39	Indianapolis, IN	\$4.87	Branch 320	N. Oakland Co., MI	\$3.04	Branch 294	Flushing, NY	\$1.96	Branch 12	Worcester, MA	\$1.13
Branch 1495	State College, PA	\$4.60	Branch 46	Western Massachusetts	\$3.00	Branch 347	Salem, OR	\$1.91	Branch 2550	Fort Lauderdale, FL	\$1.07
Branch 14	Louisville, KY	\$4.58	Branch 576	Phoenix, AZ	\$2.96	Branch 214	San Francisco, CA	\$1.83	Branch 916	Eugene, OR	\$1.07
Branch 849	Fort Collins, CO	\$4.52	Branch 70	San Diego, CA	\$2.89	Branch 700	Neenah, WI	\$1.82	Branch 524	Roanoke, VA	\$1.07
Branch 86	Hartford, CT	\$4.28	Branch 578	Savannah, GA	\$2.80	Branch 100	Toledo, OH	\$1.80	Branch 201	Wichita, KS	\$0.98
Branch 3867	Pasadena, TX	\$4.21	Branch 396	Plainfield, NJ	\$2.75	Branch 29	Albany, NY	\$1.76	Branch 5921	Woodbridge, VA	\$0.91
Branch 20	Connecticut Merged	\$4.13	Branch 725	SE Pennsylvania Mgd.		Branch 47	Denver, CO	\$1.75	Branch 176	Baltimore, MD	\$0.90
Branch 522	Bloomington, IL	\$4.01		, ,		Branch 4317	Great Valley Mgd., PA	\$1.75	Branch 53	Northeast FLorida	\$0.90
Branch 1358	Tulsa, OK	\$4.00	Branch 507	Madison, WI	\$2.69	Branch 1111	Richmond, CA	\$1.73	Branch 1091	Central Florida	\$0.84
Branch 18	SE Massachusetts	\$3.99		Mount Prospect, IL	\$2.68	Branch 193	San Jose, CA	\$1.73	Branch 132	Dallas, TX	\$0.83
Branch 3902	Charleston, SC	\$3.93		Glen Burnie, MD	\$2.67	Branch 1071	South Florida	\$1.67	Branch 217	Jackson, MS	\$0.83
Branch 913	Grand Junction, CO	\$3.88	Branch 78	Columbus, OH	\$2.65	Branch 203	Springfield, MO	\$1.65	Branch 24	Los Angeles, CA	\$0.80
Branch 4405	Arvada, CO	\$3.85	Branch 2462	Van Nuys, CA	\$2.58	Branch 436	Racine, WI	\$1.53	Branch 129	Baton Rouge, LA	\$0.76
Branch 784	Urbana, IL	\$3.83	Branch 25	Mass. NE Merged	\$2.52	Branch 1131	Jonesboro, AR	\$1.53	Branch 28	St. Paul, MN	\$0.64
	W. Wayne Co., MI	\$3.70	Branch 120	Patterson, NJ	\$2.45	Branch 496	Richmond, VA	\$1.52	Branch 485		\$0.63
Branch 4268	Palatine, IL	\$3.68	Branch 361	Lexington, KY	\$2.40	Branch 456	Norfolk, VA	\$1.51	Branch 439	Greenville, SC	\$0.58
Branch 504	Albuquerque, NM	\$3.67	Branch 10	Topeka, KS	\$2.38	Branch 31	Peoria, IL	\$1.50	Branch 567	Alexandria, VA	\$0.51
Branch 3	Buffalo-Westen NY	\$3.66	Branch 42	Jersey City, NJ	\$2.36	Branch 357	Long Island City, NY	\$1.49	Branch 380	Trenton, NJ	\$0.51
	Brick Town, NJ	\$3.62		Tri-Valley, CA	\$2.35	Branch 908	South Jersey	\$1.48	Branch 444	South Amboy, NJ	\$0.41
Branch 399	Fort Smith, AR	\$3.62	Branch 232	lackson, MI	\$2.35	Branch 1427	Santa Clara, CA	\$1.44	Branch 709	Reno, NV	\$0.41
Branch 693	Westchester Mgd., NY	\$3.61	_	Arlington Heights, IL	\$2.33	Branch 284	Erie, PA	\$1.41	Branch 248	Asheville, NC	\$0.38
	Canoga Park, CA	\$3.53	Branch 331	Boise, ID		Branch 79	Seattle, WA	\$1.36	Branch 469		\$0.37
	S. Suburban Mgd., IL	\$3.52		•	\$2.31	Branch 2072	Fort Myers, FL	\$1.30		**	\$0.36
Branch 272	Rockaway, NJ	\$3.42		Anchorage, AK	\$2.28	Branch 50	Williamsport, PA	\$1.30			\$0.30
Branch 124	New Orleans, LA	\$3.31	Branch 84	Pittsburgh, PA	\$2.20	Branch 182	Dayton, OH	\$1.28	Branch 321		\$0.30
Branch 36	New York, NY	\$3.28	Branch 458	Oklahoma City, OK	\$2.13	Branch 1100	Garden Grove, CA	\$1.20	Branch 142	• .	\$0.26
Branch 373	Cedar Rapids, IA	\$3.27	Branch 270	•	\$2.09	Branch 2130	McAllen, TX	\$1.20		·	\$0.10
Branch 9	Minneapolis, MN	\$3.24	Branch 1	Detroit, MI	\$2.06	Branch 421	San Antonio, TX	\$1.19	Branch 92	Scarborough, NY	\$0.07