

Open Season ends on Dec. 14

Still time to check out the NALC Health Benefit Plan

There's still time to enroll in a health care plan through the Federal Employees Health Benefits (FEHB) program during Open Season, but don't delay—the deadline is Dec. 14.

Before you enroll, take a close look at the NALC Health Benefit Plan. The generous benefits and reasonable rates of the only plan founded and run by letter carriers could be the best choice to protect the health of you and your family.

“Crunch the numbers,” NALC President Fredric Rolando said. “Compare our plan to the others. We think you'll agree that the NALC Health Benefit Plan is the best health plan, and the

best value, for you and your family. The Plan has been protecting the health of letter carriers since 1950. Since it is not-for-profit, the only focus is on your health.”

You may be a new letter carrier just starting your career or a seasoned carrier with many miles under your belt. You may be retired. Whatever your situation, the NALC Health Benefit Plan has the right option for you. Please take the time to review the insert in the November issue of *The Postal Record* or go to the NALC Health Benefit Plan's website, nalchbp.org, and see for yourself.

The NALC Health Benefit Plan was created by letter carriers and is still run by letter carriers. That's why the Plan offers an unparalleled level of personal service. Unlike many health insurance plans, ours does not operate to make a profit—it focuses its energy on keeping members healthy.

The experience and training of the Plan's 336 employees is an important component in the service it provides. Here's another impressive number: The average employee has worked at the Plan for 20 years. Plan employees know the health and insurance systems inside and out, and they use their experience to help you. The Health Benefit Plan's customer service staff members are employees, not contractors, who work at the Plan's headquarters in Ashburn, VA.

Comparing the Plan's benefits with other plans is simple. Just go to opm.gov/healthcare-insurance/healthcare-plan-information.

Active letter carriers have four ways to enroll in the NALC Health Benefit Plan during Open Season:

- Go to liteblue.usps.gov. You must have your employee ID number (it's the eight-digit number printed on your earnings statement just above the words “employee ID”). You will also need your USPS PIN (it's the same one you use to access PostalEASE).
- The Blue Page (Intranet) at work
- Employee Self-Service Kiosks located at some USPS facilities
- PostalEASE by telephone. Call 877-4PS-EASE (877-477-3273) and enter Option 1.

Annuity holders and retirees can enroll by calling Employee Express at 800-332-9798, by going to OPM's Open Season website at retireefehb.opm.gov if you are a retiree, or by submitting a Standard 2809 to your retirement office. You can get additional information at opm.gov/healthcare-insurance/healthcare-plan-information/enroll/#annuitants.

If you submit your change by mail, the address is: OPM, Open Season Processing Center, P.O. Box 5000, Lawrence, KS 66046-0500.

“The NALC Health Benefit Plan protects the health of more than 224,000 letter carriers and their family members,” President Rolando said. “Take a look at the benefits and rates and you'll see why so many carriers have chosen it with confidence.” **PR**

The 2016 NALC HEALTH BENEFIT PLAN *Where health and service come first*
 1-888-636-NALC (6252)

Taking care of our own
Since 1950!

- ▶ **Protecting the health of 224,000 people.**
- ▶ **Great benefits at competitive rates.**
- ▶ **Experience counts:**
 - \$1.2 billion in benefits processed
 - 4,502,000 claims processed
 - 8,238,761 pieces mailed
 - 766,080 calls answered last year

High Option Premiums
 \$60.69 biweekly (Self)
 \$131.71 biweekly (Self and Family)

Enroll during Open Season: November 9 — December 14
 See this month's POSTAL RECORD for details

Before making a final decision, please read the Plan's Official Document (FD-7720). All services are subject to the document's limitations, and exclusions set forth in the Official Document.