GOING THE EXTRA MILE









or more than 60 years, letter carriers have dreamed up creative ways to raise funds for the Muscular Dystrophy Association (MDA), the NALC's official charity. Raffles, bingo nights, golf and poker tournaments, bowlathons and the like have raised millions of dollars for muscular dystrophy (MD) research and programs.

NALC has partnered with MDA since the earliest days of the charity, which was founded in 1950. In 1952, NALC named MDA as its official charity, becoming the first such national sponsor of the organization. Since then, letter carriers have raised more than \$100 million for MDA.

The union's steadfast support of MDA is helping the organization expand its priorities. MDA is still committed to medical research which results in the development of new drugs and therapies, but it also supports all those living with muscular dystrophy, including adults with MD who—as a result of MDA's advances in treatment—are living longer and fuller lives.

MDA's current focus involves stressing three parts of its mission, referred to as the "three C's":

Cure. MDA is still committed to research to find a cure, and improve treatment, for neuromuscular diseases. The organization's goal is to double the research on drug development and clinical trials.

Care. MDA plans to broaden the reach of its support and care network by 50 percent, to 100,000 families, by the end of this decade. It also plans to help families connect with medical experts through telemedicine and digital tools.

Champion. MDA hopes to increase to 20,000 the number of children who attend its week-long summer camps. Through its website, MDA also wants to give people with neuromuscular diseases new ways to share their stories and celebrate their successes as part of a greater effort to stress inclusion of people living with these diseases.

Many NALC branches have also added support for people with muscular dystrophy, and their families, to their fundraising efforts. These efforts have included connecting with those in the communities they serve living with MD and their families (including letter carriers with family members who have MD) to embrace them in

their fundraising efforts and provide personal support; others volunteer at MDA camps and work directly with children with muscular dystrophy.

"Including people who are affected by muscular dystrophy puts a face on our fundraising," NALC President Fredric Rolando said. "It reminds donors and volunteers of the positive effect their efforts have on people's lives, and it expands NALC's support for them beyond raising money."

In this issue of *The Postal Record*, we honor the branches that have achieved special recognition for outstanding fundraising efforts for MDA in 2016 while thanking every branch that contributes to the cause. Through our combined efforts, NALC raised more than \$1.2 million for MDA last year.

There are countless stories about how branches have rallied in their communities around people with muscular dystrophy and their families as well as carriers who took initiative to go the extra mile for MDA. In some cases, they raised funds directly to support the needs of a specific person or family.

A second try for a new van

When Illinois' MDA goodwill ambassador—a person with muscular dystrophy who represents MDAcouldn't raise enough money on her own for a disabled-accessible van, the letter carriers at Springfield, IL Branch 80 stepped in to help get the job done.

Lizzie Chamberlain and her family had made a go at raising funds to buy a van that could accommodate Chamberlain's wheelchair, but almost nobody showed up for the fundraising event. When Chamberlain's mother, Lori, mentioned her disappointment to Branch 8o President Jon Calloway, he took the reins.

"It saddened me to see a family that has dedicated so much time to raising awareness and funds for MDA to not be supported by the community," Calloway said. He began organizing a

branch event. "I thought if we could raise \$1,000, it would be a success."

The branch ended up collecting more than \$7,500.

It started with a simple raffle of donated prizes, including an Apple watch, iPad and \$100 gift card. Within no time, letter carries and other postal employees began eagerly buying tickets, skyrocketing the branch's fundraising to a whole new level.

"I knew we could crush the original goal if we branched out and sold tickets outside the office," he said. By selling raffle tickets to the public in the grocery store next to his post office, Calloway and other volunteers ended up selling 800 of \$5 raffle tickets.

The fundraising didn't stop there however. Calloway invited Lizzie Chamberlain and her family to a branch meeting to receive a check. He also arranged for that evening to be fun, and to generate more cash, with a trivia night. A local firefighter who had organized similar events helped out, resulting in 180 people attending the trivia night, the first big event for MDA that the branch had run in many years.

"The members were grateful to have a fun social event for a good cause," Calloway said. "Never in my wildest dreams did I realize the impact this would have on the branch and members. I had countless brothers and sisters wanting to donate silent auction items, sell tickets and fill tables at the trivia night with their families and friends."

With Lizzie Chamberlain selecting the winning tickets, she ended up drawing her own name to win the iPad, thanks to many raffle ticket buyers who put her name on their tickets instead of their own. "Lori, and the Chamberlain family, were very touched by those individuals' acts of kindness," Calloway said.

"Our members took a great deal of pride in the event," he said. "I look forward to seizing this momentum and making the branch stronger."



Springfield, IL Branch 80 President Jon Calloway led the effort to raise funds so Lizzie Chamberlain and her mother, Lori, could afford to get a wheelchair-accessible van.



Running with momentum Cesar Medina just wanted to run in the 2016 Chicago Marathon. But when he signed up for MDA's Team Momentum, which allows athletes to raise money for MDA as they run in hundreds of races and events nationwide, he took the first step towards a goal with a much broader purpose.

For Medina, secretary of Downer's Grove, IL Branch 1870, the marathon would be his first—in fact, his first running event—and he needed some inspiration and support. "I've never participated in anything like this other than a walkathon in high school back in 1991," he said.

Through the Team Momentum program, MDA provides training and mentoring to get even the most novice runners over the finish line and fundraising tools to make it easy for friends, family and colleagues to donate. It's the kind of training and support someone running a marathon's 26.2 miles for the first time can use.

At a dinner for Team Momentum participants the day before the marathon, Medina met other runners and heard about people who were living with muscular dystrophy. "I heard many of the speakers with inspirational stories," he said. One such runner had pushed his wife in a wheelchair in past events. Unfortunately, she had died a few months earlier.

"He was still running with the wheelchair, with a picture of his wife where she would have been sitting," he said. "It was great inspiration to hear all those speakers."

At the marathon, Medina learned how important inspiration would be.

He ran for half of the marathon, but had to slow to a walk at the 13.1-mile mark. After a bathroom break at Mile 15, he struggled to move his legs again and race officials almost took him out. But his letter carrier perseverance kicked in.

"I was able to make it to the finish line and I crossed while somehow running the last, maybe, 50 steps," he said. "I wanted to quit every step the last quarter of the marathon, but I was able to convince myself to keep going because it was really about who I was running and walking for."

As a first-time marathon runner, Medina needed extra time to recover afterward. "My left leg felt like it wanted to fall off and I couldn't go back to work that whole week," he said. He even used crutches for a while. "It was well worth it, though," he said. "It was for MDA, after all." With the help of his donors—most of them letter carriers in his branch and his fellow delegates to NALC's 70th Biennial Convention in Los Angeles—his efforts raised \$1,450 for MDA.

Team Momentum participants receive benefits that include team training runs and coaching, team clothing and gear, as well as access to online fundraising tools, special social events and race-day VIP amenities. For more information about MDA Team Momentum, including how to assure your branch receives credit for the funds you raise, send an e-mail to mda@ nalc.org or send a letter addressed to NALC MDA Coordinator, 100 Indiana Ave. NW, Washington, DC 20001-2144.

"I hope a lot more NALC members participate in MDA Team Momentum activities," Medina said. "It was a great experience."

Everyone gets to bowl

When Hagerstown, MD Branch 443 carriers invited a young girl with muscular dystrophy, Claire Menke, to a fundraising event, little did they know the branch would unofficially adopt Menke and watch her grow.

"Our members feel she is part of our union family and we are always delighted to see her," said Branch 443 Treasurer **Ronda Sisk.** "When Claire attended our first bowlathon, she was disappointed that she could not bowl, too. So the following year, the branch



Cesar Medina ran in his first marathon with the help of MDA's Team Momentum program.

Hagerstown, MD Branch 443's bowlathon included a special ramp so Claire Menke could take part.



provided her a helmet for safety and the bowling alley worked with us to locate a ramp so she could bowl. This really excited her and us members as well."

The branch's fundraising efforts have helped MDA to provide Menke with special equipment that wasn't covered by her health insurance and for her to attend MDA summer camp, where she made lifelong friends. Menke also experienced a normal teen life, and just turned 22. "As she grew with us," Sisk said, "we were able to see her through middle school years and on to dating and the prom in high school."

Menke even participated in the Maryland/DC State Association convention in 2015, where she met many letter carriers, attended work sessions and went to the officer installation banquet.

Unfortunately, Menke's dream of going to college was delayed when she contracted amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's Disease. MDA also helps people whose lives are touched by ALS, through research and direct support.

"The members of Branch 443 are passionate about delivering a cure," Sisk said, "and we have seen the progress that MDA has made in research and helping those who need their services."

Nothing but fun at MDA camp

Letter carriers in Southern California, including Pasadena Branch 2200, don't mind bringing their jobs to MDA summer camp. They even bring LLVs.

The vehicles are actually scooters built to look like mail trucks, but they are just as fun for the children with muscular dystrophy who are enjoying a week at the camp in Orange, CA. About 25 carriers from Branch 2200 and neighboring branches volunteer to make the camp experience special in their own way.

"It's just fun," Branch 2200 MDA Coordinator **Carolyn Zorn** said. "We get to play." Zorn was the first letter carrier to volunteer at the camp. Participation over the years has grown to several dozen carriers from a number of area branches.

MDA camps across the country give children with neuromuscular diseases a chance to enjoy the summer camp experience that other children have, while giving parents a break from the demands of caring for their children. The staff and volunteers have the skills and equipment necessary to meet their needs.

At the Orange camp, the letter carriers bring a few carnival-style games. One of the favorites among the kids is a mini-LLV that a letter carrier built over a wheelchair scooter that kids can drive around. It's fun and makes for a great photo opportunity.

The carriers also take photos using a photo booth they bring to camp. They transform the photos into postcards that they mail home to the kids' parents. They also built a mailbox with cups in it for kids to throw balls into—they call it "postal pong." Many other games and prizes make for a great time for both campers and volunteers.

Zorn said seeing the fun that the kids have is a great reward, but she also has met many parents of campers, including some who need respite from the responsibilities of caring for a child with extra needs. "The opportunity to have a week away from a 24-hour, seven-day-a-week job—they appreciate it so much," she said.

"This is one job I really, really enjoy," she added.

A dream within reach

Naples, FL Branch 4716 just wanted to have someone with muscular dystrophy come to a union meeting to personally accept its annual donation. The local MDA office sent a boy named Dalton Cullison. The members could scarcely imagine how much their bond with Cullison and his family would grow and how they would share in his triumphs and frustrations.

It started when Cullison, who has a common form of the disease called





Pasadena, CA Branch 2200 letter carriers make sure fun is part of the MDA camp experience.



Naples, FL Branch 4716 developed a bond with Dalton Cullison (above) and have worked to support him as he grows older.



For Northeastern New York Branch 358 members, helping Derrick Murphy has become a family affair.

Duchenne muscular dystrophy, showed up to the meeting wearing NASCAR gear. Branch 4716 MDA Co-Coordinator **Matt Naufel** is a NASCAR fan, so he arranged for Dalton to go to his first race at nearby Homestead-Miami Speedway, with the track giving Dalton and his family free admission and the carriers hosting a tailgate party. With the help of MDA co-coordinator **Wayne Fletcher**, Cullison soon became a fixture at all of the branch's MDA bowlathons and other events.

The branch has watched Cullison grow into a young man in his early 20s, despite the prognosis that he would never live past his 10th birthday. Cullison graduated from high school and even participated in ROTC there. He has a job now, but Naufel says Cullison's goal is to attend college and then open his own restaurant.

But for Cullison to fulfill his dreams, he needs treatment to improve his health and extend his lifespan.

At a branch meeting, Cullison's mother told branch members she was grateful for their help and support. Every parent has dreams for their child, she said. The FDA had just approved a new drug, developed with the help of MDA, that could help Dalton, and he had been approved for treatment. Thanks to the hope the drug represents, she said, "I'm living the dream."

However, to date, Cullison has been denied payment for the treatment by Medicaid and other health insurance programs, Naufel said, and Cullison's mother's appeals have been denied. Even worse, there are now efforts in Congress to cut Medicaid.

"I asked her if there is anything I can do or the NALC can do," Naufel said. "She was extremely grateful to the NALC. She commented that it was in part the efforts of the NALC that had gotten the drug approved in the first place. She replied, 'It is now all in God's hands.'

"I would like to encourage every letter carrier in this country to write their representatives and lobby for Medicaid and other insurance companies to do the right thing," he added. "We have jobs, great pay, great benefits and we have life. I believe we have room to lobby for people like Dalton's family."

A family connection

For many branches, the people with muscular dystrophy they help, become like family. For **Michael Curran**, they really are his family.

A few months after Curran volunteered to be MDA coordinator for Northeastern New York Branch 358, his nephew Derrick Murphy, who was 2 at the time, was diagnosed with Duchenne muscular dystrophy. That gave Curran and his branch a personal stake in MDA.

Having Murphy and some other children with MD involved in branch events "has really helped boost involvement," Curran said. "We've got the community behind us. It's brought everybody together, not only for financial support, but for emotional support—letting the families know they're not in this by themselves."

When it comes to MDA events, Curran and the letter carriers in his branch never seem to tire. They have two golf tournaments a year, both with more than 140 players. They also host bowlathons, fill-the-satchel drives and pub crawls and send carriers to participate in local MDA walks.

The events involve the entire community—along with Murphy, his family and high school friends are often spotted at the fundraisers. The brother of a carrier in the branch was so inspired that he volunteered to organize a regular softball tournament as a branch MDA fundraising event.

Murphy is 16 now and uses a wheel-chair. The branch named him its MDA ambassador, and he still participates in the branch's fundraising events. When donors and volunteers see Derrick, Curran said, "They see that this is what it's all about."



The Postal Record is always eager to hear from branches about the many ways they support MDA and people with muscular dystrophy. Please send your story to mda@nalc.org.

Honor Roll

The annual MDA Honor Roll recognizes branches for their fundraising activities in 2016. In addition to being cited in *The Postal Record*, the branches that take the top spot in each of 10 membership size categories, and the Grand Prize winning branch (which has the highest per capita), are celebrated by an opportunity to attend a special function designated by President Rolando.

Following that is the list of all branches that NALC is aware of having made a contribution. Next to the branch name is the gold/silver/bronze ranking (based on per capita) and the total raised by the branch.

The total for 2016 was \$1,291,030. "I congratulate every branch that helped in this effort," Rolando said.

In the list below, other NALC groups, including the NALC Auxiliary, are located at the end of the Honor Roll.

Note: If you do not see your branch listed, or the amount is inaccurate, please contact NALC MDA Coordinator Geneva Kubal at mda@nalc.org or 202-756-7403 as soon as possible. Corrections will be run in a future issue.

Branch 358's fundraising efforts include two golf tournaments a year, bowlathons, fill-the-satchel drives, pub crawls and MDA walks.

GRAND PRIZE WINNER	
New Jersey Mgd. Br. 38	\$64,590
Category 1 (2,000+)	
Long Island Mgd., NY Br. 6000	\$57,935
Category 2 (1,500-1,999)	
Las Vegas, NV Br. 2502	\$15,083
Category 3 (1,000-1,499)	
Rochester, NY Br. 210	\$13,968
Category 4 (700-999)	
Northeastern NY Br. 358	\$27,486
Category 5 (500-699)	
Colorado Springs, CO Br. 204	\$20,352

GOLD WINNER							
Fargo-West Fargo, ND Br. 205	\$113.69 per capita						
Category 6 (350-499)							
Yonkers, NY Br. 387	\$13,203						
Category 7 (200-349)							
Green Bay, WI Br. 619	\$11,756						
Category 8 (100-199)							
Fargo-West Fargo, ND Br. 205	\$21,032						
Category 9 (50-99)							
Zanesville, OH Br. 63	\$5,897						
Category 10 (10-49)							
New City, NY Br. 5229	\$1,926						

Alabama Huntville Br. 462 Mobile Br. 469 Birmingham Br. 530 Florence Br. 892 Tuscaloosa Br. 1096 Dothan Br. 1630 Fort Payne Br. 3359 Alaska Anchorage Br. 4319 Fairbanks Br. 4491	Silver Bronze Silver Silver Bronze Bronze Bronze Bronze Bronze	\$3,278 \$125 \$9,546 \$2,426 \$1,142 \$1,462 \$47 \$511 \$78	Conway Br. 1592 Camden Br. 1802 N. Little Rock Br. 3745 California Los Angeles Br. 24 Central CA Coast Br. 52 San Diego Br. 70 Sacramento Br. 133 Santa Rosa Br. 183 San Jose Br. 193 Stockton Br. 213 Central CA Br. 231	Silver Bronze Bronze Silver Bronze Bronze Bronze Bronze Bronze Bronze	\$357 \$16 \$94 \$23,726 \$5,115 \$16,663 \$10,825 \$4,242 \$4,118 \$3,517 \$31	Turlock Br. 1742 Burbank Br. 2086 Upland Br. 2168 Pasadena Br. 2200 Torrance Br. 2207 Beverly Hills Br. 2293 Van Nuys Br. 2462 Escondido Br. 2525 Hemet Br. 2901 Tri-Valley Br. 2902 Rialto Br. 3982 Canoga Park Br. 4006	Bronze Silver	\$16 \$1,136 \$947 \$532 \$109 \$31 \$1,155 \$109 \$16 \$4,311 \$16
Arizona Phoenix Br. 576 Prescott Br. 859 Yuma Br. 1642 Arizona Merged Br. 1902 Sun City Br. 6156	Bronze Bronze Bronze Bronze Bronze	\$1,172 \$16 \$31 \$12,013 \$1,158	San Bernardino Br. 411 Napa Br. 627 Santa Ana Br. 737 Garden Grove Br. 1100 Greater East Bay Br. 1111 San Mateo Br. 1280	Bronze Bronze Bronze Bronze Bronze Bronze Bronze Bronze Bronze	\$16 \$806 \$1,085 \$47 \$12,313 \$2,765 \$31	Camarillo Br. 4114 Palm Springs Br. 4149 Lancaster Br. 4430 Carmichael Br. 4494 Rancho Cordova Br. 4724 Santa Fe Springs Br. 4941 Colorado	Bronze Bronze Bronze Bronze Bronze	\$16 \$47 \$47 \$316 \$16 \$31
Arkansas Little Rock Br. 35 Pine Bluff Br. 240 Fort Smith Br. 399 Hot Spgs. Natl. Park Br. 543 Jonesboro Br. 1131	Bronze Bronze Bronze Bronze Silver	\$94 \$16 \$1,100 \$31 \$1,662	Modesto Br. 1291 Monterey Br. 1310 Merced Br. 1340 Santa Clara Br. 1427 Ontario Br. 1439 Hayward Br. 1707	Bronze Bronze Bronze Bronze Bronze Silver	\$31 \$16 \$31 \$1,484 \$62 \$4,138	Denver Br. 47 Colorado Springs Br. 204 Pueblo Br. 229 Greeley Br. 324 Boulder Br. 642 Ft. Collins Br. 849	Bronze Gold Bronze Bronze Bronze Bronze	\$8,7 <mark>10</mark> \$20,35 <mark>2 \$539 \$98 \$472 \$1,033</mark>

Grand Junction Br. 913	Silver	\$2,309	Downers Grove Br. 1870	Silver	\$2,665	Norwood Br. 742	Bronze	\$16
Arvada Br. 4405 Centennial Br. 5996	Bronze Bronze	\$425 \$1,339	Des Plaines Br. 2076 Melrose Park Br. 2183	Gold Bronze	\$4,958 \$528	Walpole Br. 1800	Bronze	\$16
	Diolize	Ψ1,009	Arlington Heights Br. 2810	Bronze	\$2,065	Michigan		
Connecticut		# 2.04.6	Glenview Br. 4007	Bronze	\$16	Detroit Br. 1	Bronze	\$2,001
New Haven Br. 19 Connecticut Mgd. Br. 20	Bronze Bronze	\$2,046 \$2,993	S. Suburban Mgd. Br. 4016	Bronze	\$4,749	Muskegon Br. 13	Silver Silver	\$3,035 \$12,127
Bridgeport Br. 32	Bronze	\$2,995 \$31	Mount Prospect Br. 4099	Silver	\$1,069	Grand Rapids Br. 56 Saginaw Br. 74	Gold	\$6,236
Stamford Br. 60	Silver	\$5,094	Palatine Br. 4268	Bronze	\$444	Lansing Br. 122	Silver	\$7,651
Hartford Br. 86	Bronze	\$8,954	Indiana			Jackson Br. 232	Silver	\$1,668
Derby Br. 109	Bronze	\$1,100	Indianapolis Br. 39	Bronze	\$5,357	Kalamazoo Br. 246	Bronze	\$16
Norwalk Br. 147 Fairfield Br. 2313	Bronze Bronze	\$931 \$47	Muncie Br. 98 Fort Wayne Br. 116	Bronze Bronze	\$16 \$1,786	Mid-Michigan Br. 256 Battle Creek Br. 262	Bronze Bronze	\$1,119 \$100
	Diolize	\$47	Logansport Br. 323	Bronze	\$1,786	North Oakland Co. Br. 320	Bronze	\$2,547
Delaware	_		South Bend Br. 330	Bronze	\$16	Ann Arbor Br. 434	Bronze	\$16
Wilmington Br. 191	Bronze	\$1,710	Marion Br. 378	Bronze	\$31	Port Huron Br. 529	Bronze	\$362
Southern DE Br. 906 Newark Br. 1977	Bronze Silver	\$16 \$2,620	Michigan City Br. 455	Bronze	\$16	Adrian Br. 579	Gold	\$1,850
	Sitvei	Ψ2,020	Lafayette Br. 466 Anderson Br. 489	Bronze Bronze	\$47 \$62	Holland Br. 601 Mount Clemens Br. 654	Bronze Silver	\$31 \$4,268
District of Columbia	D	t2.04.6	Kokomo Br. 533	Bronze	\$02 \$78	Wyandotte Br. 758	Bronze	\$4,208 \$81
Washington Br. 142	Bronze	\$3,816	Hammond Br. 580	Silver	\$4,020	Niles Br. 775	Silver	\$1,100
Florida			Valparaiso Br. 753	Bronze	\$31	Cadillac Br. 794	Silver	\$560
Northeast FL Br. 53	Bronze	\$1,998	South Central IN Br. 828	Silver	\$4,505	Western Wayne Co. Br. 2184	Bronze	\$7,546
Pensacola Br. 321 Tampa Br. 599	Bronze Bronze	\$625 \$6,031	Carmel Br. 888 Gary Br. 1326	Bronze Bronze	\$1,154 \$94	E. Lansing Br. 2555 Royal Oak Br. 3126	Silver Silver	\$1,511 \$14,632
Key West Br. 818	Bronze	\$31	Lawrenceburg Br. 1395	Bronze	\$34 \$31	S. Macomb Br. 4374	Bronze	\$5,861
Gainesville Br. 1025	Bronze	\$47	Crown Point Br. 1624	Silver	\$2,084		BIOTIZE	Ψ5,001
South FL Br. 1071	Bronze	\$8,512	lows			Minnesota	Dranes	¢1 / 027
Central FL Br. 1091	Bronze	\$2,589	lowa Sioux City Br. 69	Bronze	\$94	Minneapolis Br. 9 St. Paul Br. 28	Bronze Bronze	\$14,027 \$7,250
Tallahassee Br. 1172 West Coast FL Br. 1477	Bronze Bronze	\$178 \$9,021	Clinton Br. 126	Bronze	\$280	Mankato Br. 90	Bronze	\$94
West Palm Beach Br. 1690	Bronze	\$5,492	Council Bluffs Br. 314	Bronze	\$31	Duluth Br. 114	Bronze	\$719
Bradenton Br. 1753	Bronze	\$16	Central IA Mgd. Br. 352	Bronze	\$1,853	St. Cloud Br. 388	Bronze	\$1,142
Clearwater Br. 2008	Silver	\$9,961	Cedar Rapids Br. 373	Bronze	\$78	Rochester Br. 440	Bronze	\$1,191
Fort Myers Br. 2072	Bronze	\$1,094	Mason City Br. 471 Davenport Br. 506	Bronze Bronze	\$16 \$580	Austin Br. 717 Hopkins Br. 2942	Silver Bronze	\$507 \$1,636
Sarasota Br. 2148	Bronze	\$47 \$1,427	Waterloo Br. 512	Gold	\$11,234		DIOIIZC	Ψ1,050
Fort Lauderdale Br. 2550 Deland Br. 2591	Bronze Gold	\$1,427 \$2,802	Muscatine Br. 644	Bronze	\$16	Mississippi	C-14	¢4 555
Spacecoast FL Br. 2689	Bronze	\$3,497	Bettendorf Br. 3811	Bronze	\$16	Vicksburg Br. 94 Jackson Br. 217	Gold Bronze	\$1,555 \$2,988
New Smyrna Beach Br. 3129	Bronze	\$31	Kansas			Hattiesburg Br. 938	Bronze	\$109
Panama City Br. 3367	Bronze	\$562	Topeka Br. 10	Bronze	\$980	Greenwood Br. 1080	Bronze	\$16
Emerald Coast Br. 4559	Bronze Gold	\$1,715	Lawrence Br. 104	Gold	\$3,098	Clarksdale Br. 1195	Bronze	\$31
Naples Br. 4716 Apopka Br. 5192	Bronze	\$8,686 \$31	Wichita Br. 201	Bronze	\$596	Gulf Coast Mgd. Br. 1374	Silver	\$2,213
Casselberry Br. 5561	Bronze	\$16	Salina Br. 486 Kansas City Br. 499	Bronze Bronze	\$16 \$47	Missouri		
			Garden City Br. 1412	Silver	\$540	Kansas City Br. 30	Bronze	\$2,259
Georgia Atlanta Br. 73	Bronze	\$14,799	Hays Br. 2161	Bronze	\$16	Jefferson City Br. 127	Gold	\$5,661
Augusta Br. 263	Silver	\$2,957	Shawnee Mission Br. 5521	Bronze	\$94	Springfield Br. 203	Bronze	\$47 \$30 , 895
Macon Br. 270	Bronze	\$500	Kentucky			St. Louis Br. 343 Southwest Br. 366	Silver Bronze	\$30,895 \$31
Rome Br. 536	Bronze	\$16	Louisville Br. 14	Bronze	\$6,481	Columbia Br. 763	Bronze	\$78
Savannah Br. 578	Bronze	\$3,172	Owensboro Br. 234	Bronze	\$797	St. Charles Br. 984	Bronze	\$1,839
Marietta Br. 1119 Gainesville Br. 1441	Bronze Bronze	\$603 \$16	Lexington Br. 361	Bronze	\$2,112	Cape Girardeau Br. 1015	Bronze	\$560
Decatur Br. 2225	Bronze	\$16 \$16	Northern KY Br. 374	Bronze	\$177 \$47	Liberty Br. 1264	Bronze	\$16 \$31
Warner Robins Br. 4057	Bronze	\$16	South Central KY Br. 468 Hopkinsville Br. 836	Bronze Bronze	\$47 \$47	Florissant Br. 4839 Ballwin Br. 5050	Bronze Gold	\$5,184
Roswell Br. 4862	Bronze	\$473	Somerset Br. 2039	Bronze	\$16	Hazelwood Br. 5847	Silver	\$1,453
Hawaii			Murray Br. 2156	Bronze	\$16			, ,
Honolulu Br. 860	Bronze	\$5,875	Louisiana			Montana Big Stack Br. 650	Bronze	\$31
Hilo Br. 2932	Bronze	\$32	New Orleans Br. 124	Bronze	\$2,183	Billings Br. 815	Bronze	\$16
Aiea-Pearl City Br. 4682	Silver	\$1,525	Baton Rouge Br. 129	Bronze	\$265	•		
Waipahu Br. 4683 Wahiawa Br. 4837	Silver Silver	\$800 \$2,182	Monroe Br. 136	Bronze	\$31	Nebraska Omaha Br. 5	Bronze	\$4,577
Kailua Kona Br. 5516	Bronze	\$31	Lake Charles Br. 914	Bronze	\$47	Lincoln Br. 8	Silver	\$4,577 \$3,578
Waianae Br. 5579	Bronze	\$31	Lafayette Br. 1760 Houma-Thibodaux-Lockport Br.	Bronze	\$109 \$11,865	Hastings Br. 93	Bronze	\$100
Idaho			Gretna Br. 2730	Bronze	\$62	Kearney Br. 312	Bronze	\$280
Boise Br. 331	Bronze	\$62	Marrero Br. 4323	Bronze	\$47	North Platte Br. 1258	Gold	\$801
Pocatello Br. 927	Bronze	\$31	Bossier City Br. 4617	Bronze	\$16	Nevada		
Coeur D'Alene Br. 1260	Silver	\$641	Metairie Br. 6119	Bronze	\$78	Reno Br. 709	Bronze	\$1,707
Idaho Falls Br. 1364	Bronze	\$31	Maine			Las Vegas Br. 2502	Bronze	\$15,083
Illinois			Maine Mgd. Br. 92	Bronze	\$3,589	Sparks Br. 2778	Bronze	\$62
Chicago Br. 11	Bronze	\$21,566	Central ME Mgd. Br. 391	Bronze	\$300	New Hampshire		
Peoria Br. 31	Bronze	\$203	Maryland			New Hampshire Mgd. Br. 44	Bronze	\$3,720
Springfield Br. 80 Galesburg Br. 88	Bronze Gold	\$687 \$4,822	Baltimore Br. 176	Bronze	\$1,489	Concord Br. 72 Portsmouth Br. 161	Bronze Bronze	\$31 \$31
Belleville Br. 155	Bronze	\$1,325	Hagerstown Br. 443	Gold	\$5,768	Nashua Br. 230	Silver	\$3,571
Aurora Br. 219	Silver	\$3,001	Annapolis Br. 651 Silver Spring Br. 2611	Bronze Bronze	\$16 \$156	Keene Br. 590	Bronze	\$200
Rockford Br. 245	Gold	\$12,650	Laurel Br. 3755	Bronze	\$31	Rochester Br. 990	Bronze	\$62
Rock Island Br. 292	Silver	\$1,111	Rockville Br. 3825	Bronze	\$78	New Jersey		
Joliet Br. 305 Alton Br. 309	Silver Silver	\$2,618 \$2,156	Glen Burnie Br. 4422	Bronze	\$16	New Jersey Mgd. Br. 38	Silver	\$64,590
Ottawa Br. 316	Bronze	\$2,156 \$150	Massachusetts			Jersey City Br. 42	Bronze	\$833
Decatur Br. 317	Bronze	\$1,433	Lynn Br. 7	Silver	\$3,051	Elizabeth Br. 67	Bronze	\$633
Moline Br. 318	Bronze	\$290	Worcester Br. 12	Bronze	\$1,159	Paterson Br. 120	Bronze	\$117 \$78
Mattoon Br. 384	Bronze	\$16	Southeast MA Mgd. Br. 18	Bronze	\$8,062	Princeton Br. 268 Morristown Br. 272	Bronze Bronze	\$78 \$47
Kankakee Br. 407 Oak Park Br. 608	Bronze Bronze	\$78 \$47	MA Northeast Mgd. Br. 25 Boston Br. 34	Bronze Bronze	\$4,916 \$26,180	Atlantic City Br. 370	Bronze	\$16
Champaign Br. 671	Bronze	\$47 \$31	Western MA Br. 46	Bronze	\$4,257	Trenton Br. 380	Bronze	\$687
Elmhurst Br. 825	Bronze	\$19,754	Fall River Br. 51	Bronze	\$2,351	Plainfield Br. 396	Bronze	\$497
Wilmette Br. 1107	Bronze	\$47	Lawrence Br. 212	Bronze	\$78	Bergen Co. Mgd. Br. 425 Garden State Mgd. Br. 444	Silver Bronze	\$8,536 \$2,617
Granite City Br. 1132	Gold	\$3,000 \$277	Pittsfield Br. 286	Bronze	\$31 \$31	Perth Amboy Br. 457	Bronze	\$2,617 \$16
Naperville Br. 1151 Southern IL Mgd. Br. 1197	Bronze Silver	\$377 \$5,250	Milford Br. 308 Framingham Br. 334	Bronze Bronze	\$31 \$47	Vineland Br. 534	Bronze	\$16
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Somerville Br. 768	Bronze	\$94 \$1.442	Astoria-Seaside Br. 295	Bronze	\$31	Norfolk Br. 456	Bronze	\$31
Cherry Hill/Haddonfield Br. 769 Cape Atlantic Br. 903	Bronze Bronze	\$1,442 \$140	Salem Br. 347 Eugene Br. 916	Bronze Bronze	\$78 \$2,031	Richmond Br. 496	Bronze	\$62
South Jersey Br. 908	Bronze	\$1,278	Albany Br. 959	Gold	\$1,795	Roanoke Br. 524	Silver	\$2,966
Freehold Br. 924	Gold	\$3,174	Medford Br. 1433	Silver	\$1,963	Danville Br. 595	Bronze	\$16 \$32
Lakewood Br. 1089	Gold	\$4,476	Coos Bay Br. 1450	Bronze	\$31	Newport News Br. 609 Fredericksburg Br. 685	Bronze Gold	\$3,064
Westfield Br. 1492 Toms River Br. 2128	Gold Bronze	\$4,005 \$912	Crater Lake Br. 1784	Gold	\$1,885	Hopewell Br. 2153	Bronze	\$16
Linden Br. 2876	Bronze	\$16	Pennsylvania	_		Virginia Beach Br. 2819	Bronze	\$2,624
Scotch Plains Br. 4102	Gold	\$2,444	Scranton Br. 17 New Castle Br. 22	Bronze Bronze	\$31 \$140	Northern VA Br. 3520	Bronze	\$8,006
Clementon Br. 4623	Bronze Bronze	\$390 \$1,131	Williamsport Br. 50	Bronze	\$581	Woodbridge Br. 5921	Bronze	\$292
Brick Town Br. 5420 Willingboro Br. 5801	Gold	\$2,612	Pittsburgh Br. 84	Bronze	\$6,831	Chesapeake Br. 6066	Bronze	\$47
	GOIG	Ψ2,012	Wilkes-Barre Br. 115	Bronze	\$786	Washington		
New Mexico Albuquerque Br. 504	Bronze	\$375	Philadelphia Br. 157 Hazleton Br. 253	Bronze Bronze	\$312 \$16	Washington Seattle Br. 79	Propro	¢11 402
Santa Fe Br. 989	Bronze	\$31	Bethlehem Br. 254	Bronze	\$47	Tacoma Br. 130	Bronze Bronze	\$11,402 \$4,330
Roswell Br. 1069	Bronze	\$62	Reading Br. 258	Bronze	\$3,555	Olympia Br. 351	Bronze	\$78
Las Cruces Br. 2905	Bronze	\$16	Lancaster Br. 273	Bronze	\$1,057	Spokane Br. 442	Bronze	\$1,155
Los Alamos Br. 4112	Bronze	\$16	Lehigh Valley Br. 274 Erie Br. 284	Bronze Bronze	\$62 \$705	North Sound Br. 450	Bronze	\$31
New York	_	4	Mon-Yough Br. 332	Silver	\$5,903	Snohomish Co. Br. 791	Bronze	\$3,036
Buffalo-Western New York Br. 3	Bronze	\$10,087	Johnstown Br. 451	Bronze	\$47	Yakima Br. 852	Bronze	\$47
Elmira Br. 21 Albany Br. 29	Bronze Bronze	\$1,016 \$109	Harrisburg Br. 500	Bronze	\$11,171	Vancouver Br. 1104	Bronze	\$94
New York City Br. 36	Bronze	\$9,719	York Br. 509 Uniontown Br. 520	Bronze Silver	\$31 \$3,000	Kitsap Peninsula Br. 1414	Bronze	\$350
Brooklyn Br. 41	Bronze	\$4,424	Norristown Br. 542	Bronze	\$3,000	Puyallup/Sumner Mgd. Br. 1484	Bronze	\$47
Staten Island Br. 99	Bronze	\$31	Southeast PA Mgd. Br. 725	Bronze	\$3,685	Anacortes Br. 1527	Bronze	\$31
Syracuse Br. 134 Hudson Valley Mgd. Br. 137	Bronze Bronze	\$8,861 \$1,704	Bux-Mont Br. 920	Bronze	\$1,305	Pasco Br. 1528	Bronze	\$16
Rochester Br. 210	Bronze	\$13,968	Morrisville Br. 2572 Great Valley Mgd. Br. 4317	Bronze Bronze	\$47 \$289	Kent Br. 2038	Bronze	\$78
Flushing Br. 294	Bronze	\$5,104	, -	Dionze	\$209	Longview Br. 2214	Bronze	\$31
Watertown Br. 302	Gold	\$4,066	Puerto Rico		# 70	Richland Br. 3877	Bronze	\$31
Binghamton Br. 333 Long Island City Br. 357	Silver Bronze	\$4,096 \$2,197	Ponce Br. 826 San Juan Br. 869	Bronze Bronze	\$78 \$31	West Virginia		
Northeastern NY Br. 358	Gold	\$27,486		Biolize	4)1	Wheeling Br. 66	Bronze	\$16
Utica Br. 375	Bronze	\$748	Rhode Island	D	ta=<	Huntington Br. 359	Bronze	\$62
Yonkers Br. 387	Gold	\$13,203	Providence Br. 15 Pawtucket Br. 55	Bronze Bronze	\$156 \$410	Parkersburg Br. 481	Bronze	\$731
Jamaica Br. 562 N. Tonawanda Br. 661	Bronze Bronze	\$775 \$31	Newport Br. 57	Bronze	\$109	Charleston Br. 531	Bronze	\$125
Westchester Co. Mgd. Br. 693	Bronze	\$3,169	Warwick Br. 3166	Bronze	\$16	Fairmont Br. 910	Bronze	\$16
Valley Stream Br. 2189	Bronze	\$86	South Carolina			Beckley Br. 2420	Silver	\$1,766
New City Br. 5229	Gold	\$1,926	Columbia Br. 233	Bronze	\$1,714	Wisconsin		
Long Island Mgd. Br. 6000	Silver	\$57,935	Greenville Br. 439	Bronze	\$62	Milwaukee Br. 2	Bronze	\$9,029
North Carolina			Aiken Br. 1569	Bronze	\$16	Fond Du Lac Br. 125	Bronze	\$71
Durham Br. 382	Bronze	\$3,603	Charleston Br. 3902 Cayce-W. Columbia Br. 4616	Bronze Bronze	\$31 \$16	Waukesha Br. 397	Bronze	\$47
Raleigh Br. 459 Winston-Salem Br. 461	Bronze Bronze	\$1,638 \$62		DIONEC	Ψ10	Racine Br. 436	Bronze	\$324
Wilmington Br. 464	Bronze	\$1,047	South Dakota Sioux Falls Br. 491	Cilvor	42,000	Manitowoc Br. 490	Gold	\$5,052
Charlotte Br. 545	Bronze	\$1,533	_	Silver	\$3,000	Madison Mgd. Br. 507	Bronze	\$2,062
Greensboro Br. 630	Bronze	\$78	Tennessee	5	¢4 570	Janesville Br. 572	Bronze	\$487
New Bern Br. 780 Goldsboro Br. 876	Bronze Bronze	\$31 \$16	Nashville Br. 4 Memphis Br. 27	Bronze Bronze	\$1,578 \$4,706	Kenosha Br. 574	Gold	\$5,593
High Point Br. 936	Bronze	\$1,157	Chattanooga Br. 62	Bronze	\$1,787	Green Bay Br. 619	Gold	\$11,756
Fayetteville Mgd. Br. 1128	Bronze	\$47	Knoxville Br. 419	Bronze	\$47	Beloit Br. 715	Bronze	\$31
Burlington Br. 2262	Bronze	\$650	Murfreesboro Br. 1402	Silver	\$1,106	Eau Claire Br. 728	Silver	\$1,957
Chapel Hill Br. 2613 Kannapolis Br. 2794	Bronze Bronze	\$16 \$16	Cleveland Br. 1995	Bronze	\$16	Appleton Br. 822	Gold	\$4,885
Jacksonville Br. 3984	Silver	\$1,185	Texas			Wisconsin Rapids Br. 1083	Bronze	\$16
North Dakota		. ,	Galveston Br. 23	Bronze	\$16	Waupaca Br. 1298	Bronze	\$31
Fargo-W. Fargo Br. 205	Gold	\$21,032	Dallas Br. 132 Austin Br. 181	Bronze Bronze	\$685 \$5,965	Wyoming		
Grand Forks Br. 517	Bronze	\$640	Fort Worth Br. 226	Bronze	\$486	Laramie Br. 463	Bronze	\$35
Bismarck Br. 957	Silver	\$1,551	Houston Br. 283	Bronze	\$3,131	Cheyenne Br. 555	Bronze	\$16
Minot Br. 1152	Bronze	\$16	San Antonio Br. 421	Bronze	\$2,509	Casper Br. 1681	Silver	\$2,014
Ohio			Tyler Br. 493 El Paso Br. 505	Bronze Bronze	\$650 \$2,652	Other		
Cleveland Br. 40	Bronze	\$171	Temple Br. 643	Bronze	\$2,632 \$16	Arkansas State Association		\$178
Cincinnati Br. 43	Bronze	\$6,459	Beaumont Br. 842	Bronze	\$62	Auxilliary 28		\$16
Zanesville Br. 63 Columbus Br. 78	Gold Bronze	\$5,897 \$4,612	Abilene Br. 950	Bronze	\$1,519	Auxilliary 138		\$66
Toledo Br. 100	Bronze	\$140	Amarillo Br. 1037 Victoria Br. 1221	Bronze Bronze	\$109 \$78	Auxilliary 165		\$114
Lima Br. 105	Bronze	\$16	Corpus Christi Br. 1259	Bronze	\$140	Auxilliary 2621		\$992
Mansfield Br. 118	Bronze	\$971	Denton Br. 1367	Bronze	\$47	California State Association		\$850
Findlay Br. 143 Akron Br. 148	Bronze Bronze	\$16 \$47	Brownsville Br. 1456	Bronze	\$31	Colorado State Association		\$1,608
Dayton Br. 182	Bronze	\$3,420	Lufkin Br. 2279 Arlington Br. 2309	Bronze Gold	\$16 \$8,162	Hawaii State Association		\$723
Canton Br. 238	Bronze	\$47	New Braunfels Br. 2805	Bronze	\$31	Maine State Association		\$292
Youngstown Br. 385	Bronze	\$6,072	Pasadena Br. 3867	Bronze	\$2,288	MD/DC State Association		\$2,158
Hamilton Br. 426 Ashtabula Br. 482	Bronze Bronze	\$31 \$16	Odessa Br. 3964	Bronze	\$62	Minnesota State Association		\$4,272
Lorain Br. 583	Bronze	\$908	Garland Br. 3993 Killeen Br. 4217	Bronze Bronze	\$16 \$16	Missouri State Association		\$3,147
Barberton Br. 897	Bronze	\$45	Irving Br. 4240	Bronze	\$69	Montana State Association		\$2,824
Cuyahoga Falls Br. 1629	Bronze	\$47 \$21	Copperas Cove/Lampasas Br. 5734	Bronze	\$215	NALC Headquarters NALC Health Benefit Plan		\$620 \$2.580
Willoughby Br. 3688 Mentor Br. 4195	Bronze Bronze	\$31 \$47	Hurst Br. 5938	Bronze	\$100	NALC Health Benefit Plan Nalcrest		\$2,589 \$1,364
	שוטווצכ	/44	Utah			New Hampshire State Association		\$1,364
Oklahoma Oklahoma City Br. 458	Bronzo	¢1 100	Salt Lake City Br. 111	Bronze	\$938	Pennsylvania State Association		\$150
Oklahoma City Br. 458 Enid Br. 858	Bronze Bronze	\$1,198 \$16	Vermont			Region 7		\$1,025
Shawnee Br. 883	Bronze	\$47	Rutland Br. 495	Bronze	\$31	South Carolina State Association		\$2,158
Lawton Mgd. Br. 1123	Bronze	\$47	Burlington Br. 521	Bronze	\$966	Wisconsin State Association		\$3,031
Tulsa Br. 1358	Bronze	\$4,846	Virginia			Wyoming State Association		\$2,139
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Oregon Portland Br. 82	Silver	\$23,482	Tidewater Br. 247 Petersburg Br. 326	Bronze Bronze	\$249 \$31	Total	Ċ4 ^	91,030