

NALC president is getting locked up...for MDA

On Aug. 10, NALC President Fredric Rolando will “do a little time” to do a lot of good—by being a “jailbird” in Fredericksburg, VA, taking part in a Muscular Dystrophy Association Lock-Up fundraiser.

“Every day, kids and adults are diagnosed with muscular dystrophy, ALS and related diseases that take away the most basic freedoms—the freedom to walk, talk, hug and even breathe,” Rolando said. “By taking part in this lock-up to help raise money for NALC’s only official charity, I hope to raise some awareness and help those doctors striving to give some of those freedoms back.”

An MDA Lock-Up is a lighthearted event where the “incarcerated” individual tries to raise money to “make bail,” with proceeds going to MDA, of course.

Visit nalc.org/mda to find a link to the official lock-up page. If you would like for your branch to receive the credit for your donation, be sure to type in your branch number in the “Recognition Name Box” at the end of the billing information.

If you prefer to mail a check instead, clip out the form below, fill it out and make out your check to **MDA**. Then mail the form and the check to the Richmond, VA, address on the form. **PR**



Support President Rolando’s MDA Fundraising Effort

Name: _____

Amount: _____

Branch #: _____

Make checks directly out to MDA. Send this form and your check to: MDA Richmond
1503 Santa Rosa Road Suite #120
Richmond, VA 23229

If you wish to make your donation online:

mdalockup.org/fredericksburg2017 and search for last name “Rolando”

Be sure to put your branch # in the “Recognition Name Box” to ensure credit for your branch. It is located at the end of the billing information.