Are you a runner who would love to help “Deliver the Cure” by participating in a marathon? If so, Team Momentum may be for you. Team Momentum is the Muscular Dystrophy Association’s only endurance program, created to empower individuals of all athletic abilities to train for a full or half marathon and dedicate their miles to help accelerate research, care, support and services for MDA families. This life-changing program provides a world-class customized training program and a committed community of MDA coaches, team members and families who inspire you to reach your personal goals.

We invite you and your branch to join us and help advance MDA’s efforts to free individuals—and the families who love them—from the harm of muscular dystrophy, ALS and related life-threatening diseases that severely weaken muscle strength and mobility. Contact NALC Headquarters after registering to participate in MDA Team Momentum to ensure individual income generated is credited to your branch.

With MDA Team Momentum, you’ll defy your personal limits. 

• The opportunity to meet MDA’s courageous families to inspire you.
• Free entry and access into sold-out, world-renowned races.
• Access to MDA’s personal certified coaches and a world-class customized half or full marathon training program.
• A committed community of support from teammates, volunteers and mentors.
• Training, race gear and race weekend VIP amenities.
• Easy-to-use tools, including a welcome packet, a fundraising page, a Facebook app and social media tips.

Visit mdateam.org to join MDA Team Momentum for an upcoming race and make it the most meaningful race yet.

MDA’s research program has been so successful over the years that MDA started the translational research program in 2004 to help accelerate therapy development based on these results. This program attracted so much interest that it was expanded in 2009 by the formation of MDA Venture Philanthropy (MVP), which operates with a more venture capital-like approach. MVP is exclusively focused on the funding and commercialization of treatments and cures for neuromuscular diseases, and it hopes to increase the speed of moving drugs through clinical development.

MDA’s fingerprints are on nearly every major advance in neuromuscular disease research, with MDA-sponsored research having resulted in breakthroughs for treating diseases, and in increasing survival and quality of life.