

# Carriers encouraged to give through CFC

**L**etter carriers never stop giving back to their communities. One way they give is through the world's largest annual workplace giving program, the Combined Federal Campaign (CFC).

As federal employees, letter carriers can participate in the CFC to make charitable donations via deductions from our paychecks. During this year's CFC Open Season (Sept. 20 through Jan. 11, 2019), letter carriers and other federal employees may sign up to make donations through CFC next year.

Pledges made during the campaign season support eligible non-profit organizations chosen by the donor. Carriers can choose what group they want to support from a list of more than 2,000 eligible charities, and an amount of their choosing will be deducted from their paychecks each pay period and automatically sent to each charity.

"The combined effort of letter carriers and other federal employees makes a huge difference to the charities that support our communities each year," NALC President Fredric Rolando said.

All letter carriers can participate in the CFC. The easiest way to sign up is through the CFC Online Donation System ([opm.gov/showsommelovecfc](http://opm.gov/showsommelovecfc)).

In a letter, Rolando asked NALC members to contribute through the CFC in addition to the other ways they support the community.

"Each day, within the communities where we live and deliver the mail, many of us encounter people who are enduring real-life problems," Rolando wrote. "Throughout the year, we help our communities in a number of ways while looking after those who are vulnerable. In addition to what we

do each day in the neighborhoods we serve, the Combined Federal Campaign gives us an easy way to contribute money through payroll deductions to the charities you care about."

NALC is directly involved in three such charities:

The **Postal Employees' Relief Fund (PERF)** provides financial support to active and retired postal employees whose primary residence has been completely destroyed or left uninhabitable by a major natural disaster or an isolated house fire. The charity is run by the four postal employee unions and three management organizations, whose members support PERF through voluntary donations. Information and applications for PERF assistance can be found at [postalrelief.com](http://postalrelief.com).

The **Muscular Dystrophy Association (MDA)** is NALC's only official charity. It is the world's leading non-profit health organization sponsoring research into the causes of, and effective treatments for, neuromuscular diseases. MDA research grants support about 150 research projects worldwide, as well as camps and activities

for children who have one of these diseases. For more information, go to [mdausa.org](http://mdausa.org).

**United Way Worldwide** is the leadership and support organization for the network of nearly 1,800 community-based United Way organizations in 40 countries and territories. The United Way focuses on creating community-based and community-led solutions that strengthen the cornerstones for a good quality of life: education, financial stability and health. For more information, go to [unitedway.org](http://unitedway.org). **PR**

