

# A successful walk behind us, and a fun day of golf ahead



Christina Vela Davidson



**O**n May 18, President Fredric Rolando and I and several other brothers and sisters walked to raise money for the Muscular Dystrophy Association (MDA). I'm proud to report that Team NALC Rolando was the top fundraising team, with a total of \$20,282 raised. This was quite an accomplishment, brothers and sisters. We began raising money at the end of March and were able to surpass my original goal of \$15,000. This feat could only have been achieved with your help.

The MDA Muscle Walk is more than a fundraiser. It's a powerful experience that forges lifelong connections, that celebrates families and the barriers they overcome and that turns hope into solutions.

Handing out shirts to our members, speaking with local walkers and to the families who will benefit from the funds, and being part of the ribbon-cutting at the opening ceremony, was awesome. The day was beautiful, and the walk was a success. Way to #GiveStrength!

We will keep coming back each year because with MDA's help, children and adults with neuromuscular disease experience hope that they can and will live longer and grow stronger. If you enjoy walking and talking, find an MDA Muscle Walk near you and enjoy.

**Now I'd like to present a new, easy way to raise money:** Topgolf Tournaments. MDA, NALC and Topgolf are partnering to create memorable fundraising tournaments that

will support significant investments in neuromuscular research, MDA's network of best-in-class national care centers and vibrant summer camp programs.

(For those who are unfamiliar with Topgolf, it is a sports entertainment complex that features year-round high-tech golf and mini-golf with climate-controlled hitting bays, as well as food, beverages and music.)

**In 15 cities across America—**

Austin, TX; Charlotte, NC; Chicago; Dallas; Denver; Edison, NJ; Houston; Kansas City; Minneapolis; Myrtle Beach, SC; Oklahoma City; Salt Lake City; San Antonio; Tampa, FL and Washington, DC—MDA will bring together the community and the families we serve to raise vitally needed funds in support of our mission and to raise awareness. It's one day. One time. The events will be a

“pep rally for MDA,” where sponsors will enjoy a fun afternoon of golf, music, games, food, drink and camaraderie. Team NALC Rolando will step up to the tee for the new tournament on Sept. 18, and branches in or near the above cities might consider a tournament of their own.

If you're not holding an event of your own, consider helping Team NALC Rolando achieve its goal for the 2019 MDA Topgolf Tournament: \$20,000.



Remember, any money your branch donates or raises for this event will be credited to the branch.

At the 2019 national rap session, we will be holding a raffle for three \$500 pre-paid debit cards. Tickets are \$10 each. You need not be present to win.

If you would like to donate to Topgolf or buy a ticket for the raffle, feel free to email me or to call me. Your check or money order donations are to be made out to MDA and sent to the address in the form at left.



Cutting the ribbon at the MDA Muscle Walk.

**Deliver the Cure**  
with **MDA**

**Support President Rolando's MDA Fundraising Effort:**


Make checks or money orders directly out to MDA.

Mail this completed form and your donation to:

Name: \_\_\_\_\_

Branch # \_\_\_\_\_ Amount \$ \_\_\_\_\_

National Association of Letter Carriers  
Attn: MDA - Christina Vela Davidson  
100 Indiana Ave., NW  
Washington, DC 20001



Three Drawings

To raffle (3) Three

\$500 Pre-Paid Debit cards

Certain restrictions apply

Drawing Held

General Session – Sunday, August 11, 2019

(Winner need not be present)

Donation: \$10 per ticket

Ticket Stub can be used as proof of your donation