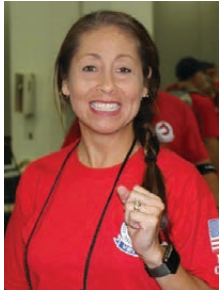


## MDA/community service updates



Assistant to the President for Community Services  
Christina Vela Davidson

**L**etter carriers serve their communities every day, six or even seven days a week, just by doing their jobs, but their commitment to service extends far beyond delivering their mail routes. NALC's long-time commitment to community service is evident at every level, from the letter carriers who organize and participate in numerous local charitable events to the coordinated efforts by NALC Headquarters that help the collective efforts of letter carriers have a

strong, consistent impact on the national level.

NALC considers community service to be part of its mission. Community service efforts are integrated into NALC's leadership and communication efforts at all levels, with ambitious goals and strong support.

Brothers and sisters, come together and make 2022 a year to remember. Help your communities and your neighbors.

### 2022 Stamp Out Hunger Food Drive



**A decision has not yet made** on whether to hold the 2022 food drive on the second Saturday in May; however, in the meantime, the online donor drive will continue. I want all branches to put emphasis into both, because those in need benefit greatly from these letter carrier programs. The hope is that conditions will be safe enough for the traditional drive,

with residents leaving bags of food by their mailboxes for letter carriers to collect as they deliver the mail. However, branch presidents can register for the 2022 food drive online. After logging into the Members Only portal, branch presidents should click on the Stamp Out Hunger Food Drive logo to get to the registration area.

### 2022 MDA national campaigns



**On Oct. 8, 2022, Team NALC** will be running the Tough Mudder 5K in Budds Creek Motocross Park, located at 27963 Budds Creek Road, Mechanicsville, MD.

All proceeds will go to the Muscular Dystrophy Association (MDA) as we work to deliver the cure and transform the lives of people affected by muscular dystrophy, ALS and related neuromuscular diseases.

ciation (MDA) as we work to deliver the cure and transform the lives of people affected by muscular dystrophy, ALS and related neuromuscular diseases.

### NALC/MDA gift bags

**You also can still purchase the NALC/MDA gift bags** for \$100. I will be adding a new MDA/NALC lanyard to the bag. Remember, it is first come, first serve, and all proceeds from every purchase will help children and adults in the MDA community and support innovative research to change the future for people with neuromuscular diseases.



Below, the NALC/MDA gift bag and T-shirt; at left, the new lanyard being added.



### Additions and corrections for the NALC Disaster Relief Foundation contributors

**Donations should be sent to: NALC Disaster Relief Foundation, 100 Indiana Ave. NW, Washington, DC 20001-2144.** The foundation is a 501(c)(3) non-profit organization, and your contribution may be tax deductible. It is recommended that you seek advice from your tax advisor. All donations from letter carriers, branches and state associations go directly to NALC members who need assistance—no administrative costs are deducted. Please find it in your heart to help your sisters and brothers who have been affected by a natural disaster; you never know when it might be you who needs some help.

# Disaster Relief Foundation contributors' list additions

Branch	Branch/Member/Donor		
2	Earl Russell	529	Branch 529
2	Pioneer Branch 2	562	Peter V. Guidone
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38	Roberto M De La Cruz	836	Branch 836
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41	Patricia Baez	934	Kimberly Lane
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294	Stephen L. Scherer	OH	Ohio State Association of Letter Carriers
330	Donald Redding	Other	Diane Bachek
421	Branch 421	Other	Linda E. Boone
434	Adele Sowinski	Other	Nathan J. Thompson
458	Kenneth Mayfield	Other	Robert McNulty
490	Branch 490	Other	St. John Lutheran Church Women
504	Kim McCoy		
504	Sunshine Branch 504		