

August 8-12, 2022 McCormick Place - Chicago, IL



Chicago has an extensive bus and rail network.



# Things to do in CHICAGO

etter carriers are finally ready to gather again at an NALC national convention after the COVID-19 pandemic led to the cancellation of the scheduled 2020 convention. Delegates will gather in Chicago's McCormick Place Convention Center Aug. 8-12 to handle the union's business.

Based on the information available at press time, all delegates and guests to the 72nd biennial national convention in Chicago this summer will be required to be fully vaccinated against COVID-19 in order to attend any function at the convention. Currently, the Centers for Disease Control and Prevention (CDC) defines a person as fully vaccinated two weeks after receiving all recommended doses in the primary series of his or her COVID-19 vaccination. (The primary series for Pfizer is two doses, three to eight weeks apart; the primary series for Moderna is two doses, four to eight weeks apart; and the primary series for Johnson & Johnson is one dose). Delegates and guests should be prepared to show proof of vaccination before being allowed to register and enter the NALC convention space.

NALC will continue to monitor the pandemic and will implement any protocols necessary to best protect delegates and guests, which may include a requirement to wear face coverings.

When they aren't attending the general session, workshops and classes, or events such as fundraisers for the Muscular Dystrophy Association, the delegates will have time to see what the Windy City has to offer.

Here, we offer a few highlights of Chicago's attractions—but there are so many things to see and do in Chicago that you could never visit them all in a week. Most are open for business now after closing or limiting access during the pandemic, but because COVID-19 conditions can change, it's a good idea to double-check for any that may be closed or have restrictions such as altered hours or mask or vaccine requirements. Some attractions require advance ticket purchase, sometimes with timed entry.

### **Getting around town**

Many attractions in downtown Chicago are within walking distance to the convention center and hotels. For others, the Chicago Transit Authority (CTA) trains and buses are a great way to get around the city. Known as the "L" (for "El," short for "elevated"), the subway system connects most of downtown and nearby areas. A CTA visitor pass is a good value for faressimply buy one for the number of days you want to get around. Just tap your pass at the train station turnstile or bus fare machine, and you're on your way. Check the CTA website, transitchicago.com, for the latest fares, travel alerts and trip planners.

Another option for sightseers is a tourist bus. See the sights and get off and on all day with a pass. Go to bigbustours.com/en/chicago/chicagobus-tours for more information on one popular tourist bus option.

Tour operators offer several specialty history, cultural and architecture bus tours as well. NALC also will offer several bus tours departing from the convention center. Information on dates, times and ticket sales will be provided at a later date.

As is the case with many other cities, Chicago has a bikeshare system that allows users to rent a bicycle instantly. Go to divvybikes.com for more information on how to find and ride bikes.



A river boat tour on the Chicago River

The 18-mile lakefront bike and pedestrian trail runs along Lake Michigan, offering great views of the city skyline, parks and beaches, as well as the lake itself, for foot-powered travelers. Go to chicagoparkdistrict.com/parksfacilities/lakefront-trail for information and a trail map.

#### On the water

As a city with an abundance of water, Chicago is a great place to see by boat. On a river boat tour, you're sure to learn about the engineering project that reversed the flow of the Chicago River, or how the tradition of dyeing the water green on St. Patrick's Day came about. Several tour operators offer river or lake tours, including Shoreline Sightseeing go to shorelinesightseeing.com for more information and tickets.

### The best view in town

Chicago is famous for its impressive architecture, especially in the Loop, the city's skyscraper-filled downtown. If you look up at some of its amazing buildings, you might wonder what it's like to look down instead. For an unparalleled view of the city from its iconic Willis Tower (formerly the Sears Tower), first head to theskydeck.com for advance tickets, then take the elevator 1,353 feet up to the Skydeck, the highest public viewing area from a building in the United States. At 110 stories, the Willis Tower is the thirdtallest building in the country (the two tallest are in New York City-One World Trade Center followed by the Central Park Tower), and was the tallest in the world until 1996. If you dare, walk onto the Ledge, a collection of glass-bottom overhangs that lets you stand directly over the street far below. The Skydeck is open seven days a week; advance tickets are strongly advised.

### 'Play ball!'

Chicago is a big baseball town, with two major league teams to choose from. The Cubs play the Florida Marlins in a three-game series on Aug. 5, 6 and 7 at Wrigley Field, the team's home since 1914, followed by the Washington Nationals on Aug. 8, 9 and 10. The White Sox take on the Detroit Tigers on Aug. 12, 13 and 14 at Guaranteed Rate Field. Both parks are located close to downtown—Wrigley Field to the North and Guaranteed Rate Field in Southside Chicago—and accessible by public transit.

Tuesday, Aug. 9, will be letter carrier night at the Cubs versus Nationals game. The first pitch is at 7:05 p.m.; NALC will sell tickets for \$48 each. Additional information, including how to buy tickets, will be provided at a later date.

For a behind-the-scenes look at historic Wrigley Field, try a tour. Visitors can visit the press box, indoor batting cage and even step out on the field, learning the history of the centuryold park in the process. On non-game days, the tours take visitors into the Cubs' dugout and club houses as well. Go to mlb.com/cubs/ballpark/tours to buy advance tickets.

Don't feel left out, football fans—you can check out Soldier Field, where the Bears play. Go to soldierfield.net/tours for information.

### Improvise for laughs

Chicago is an incubator for comedy, especially improvisation and sketch acts. The most famous and enduring of the city's comedy troupes, The Second City, has been entertaining audiences since 1959, and many talented performers from shows such as "Saturday Night Live" learned their craft there.



The view from Willis Tower



Wrigley Field



ONALC 72ND Biennial Convention

The Second City comedy club



Jay Pritzker Pavilion in Millennium Park



The Art Institute of Chicago

The Second City hosts several shows, including the troupe's revue that offers a mix of its latest sketches and onthe-fly improv performances, at seven venues throughout Chicago—including 1616 N. Wells St., its home theater since 1961. Go to secondcity.com for information and advance tickets.

For more comedy adventure, don't be afraid to step out to other clubs in the same neighborhood, such as BATSU!, a sushi-bar-turned-laughfactory where comedic "warriors" compete for laughs and the losers endure punishment such as electric shocks, paintball shots or eggs smashed on them by a giant chicken, in the Japanese-game-show style. Go to batsulive.com/chicago for more information and tickets.

Hungry comedy fans may want to take a pilgrimage to the Billy Goat Tavern, made famous by "SNL" in the show's early years ("Cheezborger, cheezborger") at 430 N. Michigan Ave. on the lower level. Other iconic food options you must try are a famous Chicago loaded hotdog and deep-dish pizza.

#### Get the blues

The streets of Chicago are filled with the sound of its version of blues music electrified and smoking hot. For a real taste of the city, stop by one of the many blues clubs all over town, including popular places large or small such as Blue Chicago, Kingston Mines, Buddy Guy's Legends, House of Blues and Rosa's Lounge. But any place is sure to have good blues—it's Chicago, after all.

If classical is more your style, head over to the Frank Gehry-designed Jay Pritzker Pavilion in Millennium Park for classical music in a striking outdoor venue. The Grant Park Orchestra will put on several evening performances there during the convention. Lawn seating is free; reserved seats require tickets. See grantparkmusicfestival.com/music/2022-season for show times and ticket information.

#### So many museums

Chicago boasts several world-class museums and many smaller ones about a host of topics. At the top of the list in the downtown area are the Art Institute of Chicago (artic.edu), the Chicago History Museum (chicagohistory.org) and the Field Museum of Natural History (fieldmuseum.org), which is sandwiched between Grant Park and Soldier Field on Lake Michigan. All require paid tickets for admission, which are available in advance through their websites.

The Adler Planetarium and the Shedd Aquarium are both next door to the Field Museum. The planetarium (adlerplanetarium.org), the first in the country, sponsors live telescope viewings and other special events as well as a projected planetarium show and exhibits. The aquarium (sheddaquarium.org) is home to many animals that live in or near water, including beluga whales, dolphins, sea otters, alligators, ducks and numerous fish. Both require paid tickets, available in advance at their websites.

The Chicago Cultural Center building is an attraction in its own right. Opened as the city's first public library in 1897, its two stained-glass domes are works of art. The Center hosts several temporary and permanent exhibits, including "The Chicago Fire in Focus," a collection of restored photos showing the wrath of the fire that devastated most of the city in 1871. Go to chicago.gov/city/en/depts/ dca/supp\_info/chicago\_culturalcenter. html for more information. Admission is free.

Cloud Gate, also known as "the Bean"



### Park yourself

If you just want to relax and soak up the atmosphere of the city whose motto is *urbs in horto* (Latin for "city in a garden"), head over to the many green areas along the lakefront. Among the trees and grass you will find grand sculptures like Cloud Gate in Millennium Park, water features such as the iconic Buckingham Fountain, formal gardens, beaches and recreation trails, all with a fantastic view of the lake and the city's skyscrapers.

Jutting out into the lake north of the Chicago River inlet, the Navy Pier offers a stroll to restaurants, shops, amusement rides and great views.

There is so much to see and do in Chicago in your spare time, so plan wisely. **PR** 

### **Getting ready for convention**

elegate eligibility lists for the convention have been mailed to all branches. The lists must be completed and returned to Secretary-Treasurer Nicole Rhine's office at NALC Headquarters no later than June 8 for branch representatives to be registered as delegates to the convention.

All proposed amendments to the *NALC Constitution* to be submitted for consideration at the convention must be received by Rhine's office by June 8 as well. That date is 60 days in advance of the convention, as prescribed by the *NALC Constitution*. Proposed amendments will appear in July's *Postal Record* for the membership to review.

Resolutions to be considered by delegates also must be received by the June 8 deadline to be printed in the *Resolutions and Amendments* book provided to delegates. Resolutions received after that date still may be considered at the convention.

Branches wishing to sell items in the designated branch sales area during the convention must contact Rhine's office to secure guidelines and forms. The completed forms must be returned to Headquarters by June 8 as well.

Based on the information available

at this time, all delegates and guests to the 72nd biennial national convention in Chicago this summer will be required to be fully vaccinated against COVID-19 in order to attend any function at the convention. Currently, the Centers for Disease Control and Prevention (CDC) defines a person as fully vaccinated two weeks after receiving all recommended doses in the primary series of his or her COVID-19 vaccination. (The primary series for Pfizer is two doses, three to eight weeks apart; the primary series for Moderna is two doses, four to eight weeks apart; and the primary series for Johnson & Johnson is one dose.) Delegates and guests should be prepared to show proof of vaccination before being allowed to register and enter the NALC convention space.

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### **Travel discounts to Chicago**

Delta Air Lines is offering special discounts for NALC 72nd Biennial Convention. Discounts vary, depending on the class of tickets. The link for the discount is available at nalc.org/ convention.

You also may call Delta Meeting Network<sup>®</sup> at 800-328-1111 Monday through Friday, 7 a.m. to 7:30 p.m. (Central Time) and refer to Meeting Event Code NMVM6. (Please note that there is not a service fee for reservations booked and ticketed via this reservation number.)

United Airlines also is offering specials discounts. To make flight reservations online, go to united.com/en/us and enter code ZM2N917138. You also can call the United Meeting Reservation Desk at 800-426-1122 Monday through Friday, 8 a.m. to 10 p.m. Eastern Time, and Saturday and Sunday from 8 a.m. to 6 p.m. Eastern Time.

#### Scooter and wheelchair rental

Scootaround is the exclusive scooter rental service for the NALC 72nd biennial convention. For reservations or for more information, go to scootaround. com/en/nalc-72nd-biennial-nationalconvention. It will be located at the Coat Check area in the McCormick Place West Building, nearest to Gate 44.

Go to nalc.org for more convention news. **PR** 

### Notice of nominations for NALC national officers

**N** ominations for national officers of NALC will be held on Wednesday, Aug. 10, at the national convention in Chicago. All terms are for four years.

ONALC 72ND Biennial Convention

The nominations will be held in accordance with Article 6, Section 2 of the *NALC Constitution*, which provides:

Every four (4) years, nominations for officers of the Union shall be called by the Chairperson of the Convention on the third day (Wednesday) of the Convention. The Chair shall call for nominations from the floor for each national office separately. Any delegate may nominate any eligible member for any one of the following national offices: President, Executive Vice President, Vice President, Secretary-Treasurer, Assistant Secretary-



Treasurer, Director of City Delivery, Director of Safety and Health, Director of Life Insurance. Director of Health Benefits, Director of Retired Members, and a three-member Board of Trustees. Nominations of fifteen (15) National Business Agents shall be separately by NALC Regions, as constituted effective January 1, 1974, or as realigned by the Executive Council. Any realignment of the geographic boundaries of the 15 National Business Agent regions must be announced by the Executive Council, and must be voted on and approved by the delegates, no later than the convention preceding the next convention at which nominations will take place. Only delegates from the appropriate NALC Region may nominate candidates for the position of National Business Agent for such Region. Nomination to the position of National Business Agent in each Region shall be restricted to nominees whose Branch is located in such appropriate NALC Region. No person shall be nominated for any office without his/her written acceptance, on the officially prescribed form, which must include the endorsement from five (5) delegates representing five (5) Branches. The official form shall be handed to the Secretary-Treasurer at the time of nomination, and no person shall be permitted to accept nomination for more than one office at any Convention. These nominating forms shall be made immediately available by the Secretary-Treasurer for review by all candidates at the close of nominations. No second shall be necessary to a nomination, and no nominating speeches will be permitted by the Chair. No nominee who filed acceptance with the Secretary-Treasurer shall be allowed to withdraw his/her

name. When there is but one candidate placed in nomination, the Chairperson shall declare the election by consent.

NALC has a combined official nomination and acceptance form for the 2022 convention. Prior to the convention, the form may be obtained from the secretary-treasurer's office or by downloading it from nalc.org in the "Secretary-Treasurer" section. Copies of the form also will be available at the convention.

Prospective candidates for national office not attending the national convention may arrange for a delegate attending the convention to submit the completed form at the time of nomination.

Alternatively, prospective candidates for national office not attending the national convention may submit advance written acceptance of nomination by completing the bottom portion of the form and submitting the partially completed form to the secretarytreasurer prior to the convention. The nomination/acceptance form should be sent by certified mail, return receipt requested, and it must be received by the secretary-treasurer's office at NALC Headquarters no later than July 29. In addition, such prospective candidates not attending the convention must ensure that a second copy of the form containing the remainder of the required information, including the signature of the nominator and the signature endorsements of five delegates representing five branches, is submitted at the convention.

Note: Electronic signatures are not acceptable on the nomination/acceptance form. **PR** 

## NALC national office campaign information

**he following is information** for those campaigning for NALC national office.

### **Election banners**

The cost to hang an election banner at the national convention is \$400 per banner. Checks should be made payable to "Secretary-Treasurer, NALC." All banners must be in the headquarters office at the convention center no later than 3 p.m. on Tuesday, Aug. 9. Banner size is limited to 11 feet by 22 feet.

### Rates for NALC election ads in *The Postal Record*

In accordance with the resolution passed at the 52nd Biennial Convention, the rates for political ads in *The Postal Record* for candidates for national office are calculated at the actual per-page publication cost and the rates are printed at least 60 days prior to the convention. The rates are printed below.

Subject to convention action, such advertisements will be printed in the combined September/October *Postal Record*. Camera-ready ads or the copy for ads, as well as payment by check payable to NALC, must be received at the NALC office during the convention or at NALC Headquarters by Monday, Aug. 22 (*The Postal Record*, 100 Indiana Ave. NW, Washington, DC 20001-2144). Ads may be sent electronically to postalrecord@nalc.org, but payment must be made by check.

Below are the rates for political ads (size shown is width x height):

- Full page (8" x 10-1/2"): \$2,750
- Half page (8" x 5-1/4"): \$1,375
- One-third page (8" x 2-5/8" or 2" x 10-1/2"): \$917

### Distribution of campaign literature by mail

Upon request, candidates may make arrangement for distribution of campaign literature by mail, at the candidate's expense.

Candidates must make a request for the preparation of any mailing lists for their literature in writing to the NALC secretary-treasurer. The written request must include a breakdown of the mailing list identifying the distribution (i.e., all members, partial list, active separate from retirees, etc.). The written request also must include the date of the mailing.

The cost for a mailing list is \$50 each. Candidates must pay NALC directly.

The list will not be mailed directly to the candidate. Lists will be given only to NALC's designated printer for campaign literature. Candidates may have their election materials printed at another printer and use NALC's designated printer solely for mailing. If using another printer, all mailings must be pre-packaged, sealed and have adequate postage. NALC's designated printer will affix the address and distribute into the mail stream. There will be a fee for distribution of the literature via mail by the printer. Candidates will be given contact information to discuss the cost for an election mailing. **PR** 



## Salute to retiring officers

Il retiring national officers will be honored at a reception and dinner on Thursday, Aug. 11, in the Grand Horizon Ballroom of the Marriott Marquis Chicago during the national convention.

ONALC 72ND Biennial Convention

The Retiring Officers' Dinner will honor the members of the NALC Executive Council who have retired since the 2018 convention, and those who plan to retire before or upon completion of their current term. NALC regional administrative assistants and National Auxiliary officers who retire during that time frame will be honored as well.

As this issue goes to press, the list so far of those being honored includes former Vice President Lew Drass, former National Trustee Mike Gill, former Region 5 National Business Agent (NBA) Mike Birkett, former Region 6 NBA Troy Clark, former Region 9 NBA Kenneth Gibbs, former Region 12 NBA Dave Napadano, Region 7 NBA Troy Fredenberg, Region 9 NBA Lynne Pendleton, Region 10 NBA Javier Bernal, Region 15 NBA Larry Cirelli, Region 2 RAA Michael Keels, Auxiliary President Cythensis Lang, Auxiliary Treasurer Pam Fore and former Auxiliary Secretary George Anna Myers.

The event will begin with a reception at 5 p.m., with dinner served at 6 p.m. A program honoring the retirees will follow, and the event will continue with dancing until 11 p.m. Tickets are \$85 each, sold on a first-come, firstserved basis. Regions, branches and individual members must use the Retiring Officers' Dinner order form below to buy tickets. Those planning to attend should buy tickets as soon as possible by sending the order form with full payment to: Retiring Officers' Dinner, NALC Secretary-Treasurer, 100 Indiana Ave. NW, Washington, DC 20001-2144. Checks or money orders payable to "Secretary-Treasurer, NALC" must be received by July 15. Guests wishing to be seated at the same table must submit their ticket orders and payment together in the same envelope. There is a maximum of eight guests per table.

Tickets and table assignments will be held for pickup at the Retiring Officers' Dinner ticket booth located in the convention registration area. **PR** 

ceived by July 15.

<b>Retiring Officers' Dinner order form</b> Thursday, Aug. 11	
I would like to reserve tickets to the NALC Retiring Officers' Dinner on Thursday, Aug. 11, in the Grand Horizon Ballroom of the Marriott Marquis Chicago. Tickets will be held for pickup at the Retiring Officers' Dinner ticket booth located in the convention registration area. Guests wishing to be seated at the same table must submit their ticket orders and payment together in the same envelope. Maximum eight guests per table.	
(Please print clearly)	Mail order form and
Number of tickets: at \$85 each = \$ (Total enclosed)	payment to:
Branch #: State:	<b>Retiring Officers'</b>
Name of person ordering the tickets:	Dinner, NALC Secre- tary-Treasurer,
Phone number:	100 Indiana Ave. NW Washington, DC,
Name of individual picking up the ticket(s) at the convention:	20001-2144
Phone number of the person picking up the tickets: cell:	Checks or money
Please indicate if you or anyone in your party have dietary restrictions:	orders payable to "Secretary-Treasurer NALC" must be re-