

Time to contribute to CFC

Letter carriers support their communities in many ways, including the annual food drive and the fundraising events for the Muscular Dystrophy Association (MDA). Carriers have another convenient way to give, through the Combined Federal Campaign (CFC).

Since its inception in 1961, the CFC has raised more than \$8.5 billion for charities and people in need. Federal and postal employees participate in the CFC by choosing from a list of charities to support through automatic deductions from their paychecks. More than \$80 million was raised during the 2021 campaign, with an additional \$670,000 raised during the special solicitation period due to the war in Ukraine.

Letter carriers can choose from more than 2,000 nonprofit charitable organizations. The open enrollment period began on Sept. 1 and ends on Jan. 14, 2023.

“Letter carriers are known for taking care of our communities,” NALC President Fredric Rolando said. “The CFC is a convenient way for letter carriers to support their favorite charities.”

All active letter carriers can participate in the CFC through payroll deduction. Participants may use payroll deduction, credit or debit cards, or bank accounts to make recurring donations. They also may make a one-time donation using any of these methods except payroll deduction. Participants can even volunteer for the charity and count the value of the hours.

The easiest way to sign up is through the CFC Donor Pledging System at cfcgiving.opm.gov or through the CFC Giving smartphone app, available on the App Store and Google Play. Retired letter carriers may make a one-time or recurring e-check or credit card con-

tribution to the CFC through the CFC Donor Pledging System.

NALC is directly involved in three charities eligible for support through the CFC:

The **Muscular Dystrophy Association** is NALC’s only official charity. In addition to supporting MDA through branch fundraising events, letter carriers can support the organization directly through CFC. MDA is the world’s leading non-profit health organization sponsoring research into the causes of, and effective treatments for, neuromuscular diseases. MDA research grants support research projects worldwide, as well as camps and activities for children who have one of these diseases. For more information, go to mdausa.org.

The **Postal Employees’ Relief Fund** (PERF) provides financial support to active and retired postal employees whose primary residence has been completely destroyed or left uninhabitable by a major natural disaster or an isolated house fire. The charity is run jointly by USPS and by the four postal employee unions and two management organizations, whose members support PERF through voluntary donations. Information and applications for PERF assistance can be found at postalrelief.com.

United Way Worldwide is the leadership and support organization for the network of nearly 1,800 community-based United Way organizations in 40 countries and territories. United Way focuses on creating community-based and community-led solutions that provide the foundation for a good quality of life. For more information, go to unitedway.org.

For more information on CFC and to view charities supported by NALC, go to nalc.org/cfc. **PR**

Penalty Overtime Exclusion

As referenced in Article 8, Sections 4 and 5 of the USPS-NALC National Agreement, the December period (during which penalty overtime regulations are not applicable) consists of four consecutive service weeks. This year, the December period begins Pay Period 26-22, Week 1 (Dec. 3, 2022) and ends Pay Period 01-23, Week 2 (Dec. 30, 2022).