

Monthly FERS annuity payments for letter carriers who retire on Oct. 1, 2025

The Federal Employees Retirement System (FERS) covers federal and postal employees hired on or after Jan. 1, 1984. FERS employees earn retirement benefits from three sources: the FERS Basic Annuity, Social Security and the Thrift Savings Plan.

An additional Special Annuity Supplement is paid to FERS annuitants who retire at Minimum Retirement Age (MRA) plus 30 years or more, or at age 60 plus 20 years or more. It is approximately calculated by taking an individual's Social Security age 62 benefit estimate, multiplied by the number of years of FERS

coverage, divided by 40. It is payable to age 62 and then ends. Social Security benefits are payable beginning at age 62.

The table below provides monthly basic annuity, survivor deduction and net annuity amount estimates for letter carriers who plan to take optional retirement on Oct. 1, 2025. Estimates are computed by using the given high-3 averages, which are based on the basic pay earned by full-time Step O/P carriers and vary by length of postal/military/federal service. Reduced annuity amounts reflect the difference between the given basic annuity and survivor reduction figures.

Years of Service ²	City Carrier / High-3 Average ¹ : 77,416			Carrier Technician / High-3 Average ¹ : 79,042		
	Basic Annuity	Max. Survivor Deduction ³	Max. Survivor Reduced Annuity ⁴	Basic Annuity	Max. Survivor Deduction ³	Max. Survivor Reduced Annuity ⁴
20	\$1,290	\$129	\$1,161	\$1,317	\$132	\$1,186
21	1,355	135	1,219	1,383	138	1,245
22	1,419	142	1,277	1,449	145	1,304
23	1,484	148	1,335	1,515	151	1,363
24	1,548	155	1,393	1,581	158	1,423
25	1,613	161	1,452	1,647	165	1,482
26	1,677	168	1,510	1,713	171	1,541
27	1,742	174	1,568	1,778	178	1,601
28	1,806	181	1,626	1,844	184	1,660
29	1,871	187	1,684	1,910	191	1,719
30	1,935	194	1,742	1,976	198	1,778
31	2,000	200	1,800	2,042	204	1,838
32	2,064	206	1,858	2,108	211	1,897
33	2,129	213	1,916	2,174	217	1,956
34	2,193	219	1,974	2,240	224	2,016
35	2,258	226	2,032	2,305	231	2,075
36	2,322	232	2,090	2,371	237	2,134
37	2,387	239	2,148	2,437	244	2,193
38	2,452	245	2,206	2,503	250	2,253
39	2,516	252	2,264	2,569	257	2,312
40	2,581	258	2,322	2,635	263	2,371
Each additional year ⁵	64.51	6.45	58.06	65.87	6.59	59.28

1. High-3 averages for both grades (formerly levels) are for carriers who have worked full time on a continuous basis between Oct. 1, 2022, and Sept. 30, 2025, at Step O/P.

2. Years of service includes any unused sick leave.

3. The reduction for survivor's annuity is the amount necessary to provide maximum benefits (50 percent of basic annuity) to a surviving spouse.

4. If covered by the NALC Health Benefit Plan, a further deduction of either \$576.50 per month if for self plus one (PSHB code 77C, FEHB code 323), \$516.58 if for self and family (PSHB code 77B, FEHB code 322), or \$238.29 if for self only (PSHB code 77A, FEHB code 321) will be made. In addition, premiums for any coverage under the Federal Employees' Group Life Insurance Program will reduce the net annuity further.

5. Under FERS rules, there is no maximum allowable yearly annuity. However, given the FERS formula of 1 percent per year, it is highly unlikely that any FERS employee will ever exceed the 80 percent maximum limit under CSRS.

6. FERS employees who retire at age 62 or later with at least 20 years of service receive an additional 10 percent—their annuities are calculated at 1.1 percent times years of service times high-3 average salary.