

Donate now with CFC

Letter carriers support their communities in ways well beyond the mail they deliver on their routes.

They raise money and volunteer for the Muscular Dystrophy Association (MDA). They collect food for the Stamp Out Hunger Food Drive, the largest annual one-day food drive in the country. They give blood, or donate gifts to children in need, or help people in emergencies. And many of us donate funds to charities of our choice the easiest way possible—through the Combined Federal Campaign (CFC).

Since it began in 1961, letter carriers and other federal workers have donated nearly \$9 billion to charities and people in need. Federal and postal employees participate in the CFC by choosing from a list of charities to support through automatic deductions from their paychecks.

This year, the open enrollment period begins on Oct. 1 and ends Dec. 31. This period is shorter than enrollment periods in recent years, so make sure you make your selections in a timely manner.

“The CFC is an easy way to support your community,” NALC President Brian L. Renfroe said. “You simply sign up to give a little each pay period to charities you support. It’s all automatic.”

Active letter carriers can participate in the CFC through payroll deduction. Participants also can use a credit or debit card or bank account to make recurring donations. CFC also accepts one-time donations using any of these methods except payroll deduction. Carriers also can volunteer for the charity and count the value of the hours.

Retired letter carriers may donate through a deduction from the annuity, by making a one-time or recurring do-



nation using a credit or debit card, or through an automatic deduction from their bank account.

The easiest way for either active or retired carriers to sign up is through the CFC Donor Pledging System at cfcgiving.opm.gov or through the CFC Giving smartphone app, available on the App Store and Google Play.

Letter carriers can choose from among 2,000-plus nonprofit charitable organizations to support through CFC. By looking at the list and choosing a charity’s CFC number, you can donate directly to one or more charities. You can search for charities at cfcgiving.opm.gov/offerings. Each charity has a CFC number used to identify it.

One charity that many carriers choose to support through CFC is the Muscular Dystrophy Association, NALC’s official charity since 1952. MDA is the world’s leading nonprofit health organization sponsoring research into the causes of, and effective treatments for, neuromuscular diseases. MDA research grants support research projects worldwide, as well as camps and activities for children who have any of these diseases. MDA’s CFC number is 10561.

“You can choose one charity or several, but whatever you choose, please sign up to give a little through the CFC,” Renfroe said.

For more information, go to nalc.org/cfc. **PR**