

Monthly FERS annuity payments for letter carriers who retire on Dec. 1, 2025

The Federal Employees Retirement System (FERS) covers federal and postal employees hired on or after Jan. 1, 1984. FERS employees earn retirement benefits from three sources: the FERS Basic Annuity, Social Security and the Thrift Savings Plan.

An additional Special Annuity Supplement is paid to FERS annuitants who retire at Minimum Retirement Age (MRA) plus 30 years or more, or at age 60 plus 20 years or more. It is approximately calculated by taking an individual's Social Security age 62 benefit estimate, multiplied by the number of years of FERS

coverage, divided by 40. It is payable to age 62 and then ends. Social Security benefits are payable beginning at age 62.

The table below provides monthly basic annuity, survivor deduction and net annuity amount estimates for letter carriers who plan to take optional retirement on Dec. 1, 2025. Estimates are computed by using the given high-3 averages, which are based on the basic pay earned by full-time Step P carriers and vary by length of postal/military/federal service. Reduced annuity amounts reflect the difference between the given basic annuity and survivor reduction figures.

Years of Service ²	City Carrier / High-3 Average ¹ : 77,981			Carrier Technician / High-3 Average ¹ : 79,614		
	Basic Annuity	Max. Survivor Deduction ³	Max. Survivor Reduced Annuity ⁴	Basic Annuity	Max. Survivor Deduction ³	Max. Survivor Reduced Annuity ⁴
20	\$1,300	\$130	\$1,170	\$1,327	\$133	\$1,194
21	1,365	136	1,228	1,393	139	1,254
22	1,430	143	1,287	1,460	146	1,314
23	1,495	149	1,345	1,526	153	1,373
24	1,560	156	1,404	1,592	159	1,433
25	1,625	162	1,462	1,659	166	1,493
26	1,690	169	1,521	1,725	172	1,552
27	1,755	175	1,579	1,791	179	1,612
28	1,820	182	1,638	1,858	186	1,672
29	1,885	188	1,696	1,924	192	1,732
30	1,950	195	1,755	1,990	199	1,791
31	2,015	201	1,813	2,057	206	1,851
32	2,079	208	1,872	2,123	212	1,911
33	2,144	214	1,930	2,189	219	1,970
34	2,209	221	1,989	2,256	226	2,030
35	2,274	227	2,047	2,322	232	2,090
36	2,339	234	2,105	2,388	239	2,150
37	2,404	240	2,164	2,455	245	2,209
38	2,469	247	2,222	2,521	252	2,269
39	2,534	253	2,281	2,587	259	2,329
40	2,599	260	2,339	2,654	265	2,388
Each additional year ⁵	64.98	6.50	58.49	66.34	6.63	59.71

1. High-3 averages for both grades (formerly levels) are for carriers who have worked full time on a continuous basis between Dec. 1, 2022, and Nov. 30, 2025, at Step O/P.

2. Years of service includes any unused sick leave.

3. The reduction for survivor's annuity is the amount necessary to provide maximum benefits (50 percent of basic annuity) to a surviving spouse.

4. If covered by the NALC Health Benefit Plan, a further deduction of either \$576.50 per month if for self plus one (PSHB code 77C, FEHB code 323), \$516.58 if for self and family (PSHB code 77B, FEHB code 322), or \$238.29 if for self only (PSHB code 77A, FEHB code 321) will be made. In addition, premiums for any coverage under the Federal Employees' Group Life Insurance Program will reduce the net annuity further.

5. Under FERS rules, there is no maximum allowable yearly annuity. However, given the FERS formula of 1 percent per year, it is highly unlikely that any FERS employee will ever exceed the 80 percent maximum limit under CSRS.

6. FERS employees who retire at age 62 or later with at least 20 years of service receive an additional 10 percent—their annuities are calculated at 1.1 percent times years of service times high-3 average salary.