

Veterans Group

For more information, go to nalc.org/veterans.



Join the NALC Veterans Group today

Veterans of the U.S. Armed Forces comprise almost a quarter of the membership of the National Association of Letter Carriers—active NALC members as well as retired members. As of right now, we have 19,747 members in the Veterans Group; however, there are thousands of members who are veterans and have not signed up.

These veterans traded their military uniforms for letter carrier uniforms, and they continue to serve their communities and this great nation.

The creation of the NALC Veterans Group is intended to be something tangible and useful.

The NALC Veterans Group is designed to provide NALC members who are military veterans access to the information and tools specific to veterans' rights and benefits within the U.S. Postal Service. It also is intended to give veterans a sense of family and more brotherhood/sisterhood. It seeks to provide all NALC members who are also military vet-

erans—active full-time and part-time letter carriers, as well as retired letter carriers—resources, rights information and a sense of camaraderie.

NALC has made it easier for all veterans to sign up for the group. You can fill out the form on the website and mail it in, or you can fill out the form shown below and mail it in.

And you can go to nalc.org/join-veterans, which will generate an email. You then will need to enter the information requested—name, address, branch number, military branch and any affiliated veterans groups. Once the fields are completed, press “send.” You will then be entered in our NALC Veterans Group and you will be sent an NALC Veteran pin.

Don't forget about the Veterans Group memorabilia that is available to purchase if you are a member of



Joining the Veterans Group online is easy. Simply go to nalc.org/join-veterans, click the link to generate an email and send your information to NALC Headquarters.

the Veterans Group. These items would make a great gift from a branch to its veterans; check out nalcstore.org to order. All proceeds go toward future Veterans Group projects.

Veteran profile: Frank Cirullo

Frank Cirullo is a retired Pueblo, CO Branch 229 letter carrier and a veteran who suffered serious injuries while serving in the Army during the Vietnam War.

Cirullo was motivated to join the military a year after he graduated from high school by a desire to “serve my country,” he said. He spent three years in the Army—from 1967 through 1969—working primarily as part of the First Air Cavalry as a door gunner on a helicopter. He manned, operated and maintained machine guns from the open cargo doors, ensuring U.S. aircraft were safe during missions.

Cirullo's job options in Vietnam during the war were limited by the nature of the conflict, and every available role came with real risk.

In August 1969, a Vietnamese rocket blew up in front of Cirullo, injuring his right hand, shoulder and neck.

“It blew my finger off,” Cirullo said. “I have no feeling in my index finger.” He said that the doctor took shrap-



nel “out of my neck. He saved it for me. It was a quarter of an inch from my spine”—narrowly avoiding a potentially catastrophic injury. Even 56 years later, he still feels the overall effects, saying, “I have a hard time. I've got arthritis in my right hand.”

For his service he received three Purple Hearts—one for each of his

injuries, the Bronze Star for heroism, and the Air Medal for completing more than 25 missions in Vietnam.

He said that camaraderie and friendship were what he valued most in the military, and he was able to find those sentiments again in the Postal Service and NALC.

In 1973—about four years after he returned home to Pueblo—he began his 30 years of service to his community as a letter carrier. He participated in his local branch by becoming a shop steward, a position in which he advocated for letter carriers, and which he describes as his favorite part of being a letter carrier. One highlight of his time as a letter carrier was going to the national convention and meeting NALC President Emeritus Vincent R. Sombrotto.

Cirullo has recently been recognized for his service by being chosen as a 2026 Purple Heart Patriot Project honoree by the National Purple Heart Honor Mission. The Mission is a non-profit dedicated to paying tribute to America’s combat wounded.

Honorees will participate in four days of events held April 27-30 at the U.S. Military Academy at West Point. They will also visit George Washington’s Headquarters and receive a private tour of the National Purple Heart Hall of Honor.

When asked how it felt to get these awards, Cirullo said that he doesn’t consider himself to be a hero.

“Well, the true heroes are the 58,220 names on that Vietnam Wall,” he said, referring to the Vietnam Veterans Memorial in Washington, DC, which lists the names of all military personnel killed serving in the war. “Those are the heroes.”



Cirullo speaks to a news station in Colorado about being selected as a 2026 Purple Heart Patriot Project honoree.

Despite the challenges that came along with his service, Cirullo is grateful for his time in the Army and continues to give back to the veteran community. He distributes food to veterans and others in need through the Mount Carmel Veterans Service Center in Colorado Springs.

“I was proud to serve and have no regrets,” Cirullo said. “I’d do it again in a minute.”

Join the NALC Veterans Group

The NALC Veterans Group is designed to provide NALC members—both active and retired letter carriers—who are also military veterans the ability to connect with fellow NALC veterans and stay informed on issues of importance to letter carrier veterans. It is free to join.

Members receive a pin as a symbol of gratitude for your military service and membership in NALC.

If you are interested in joining the group, complete the sign-up card at right and mail it to the address included. A fillable version is also available at nalc.org/veterans.



You continue to serve your country—
THANK YOU!

NALC Veterans Group

Complete this form and mail it to:
NALC Veterans Group, c/o NALC,
100 Indiana Ave., N.W., Washington, DC 20001-2144

NAME: _____
 ADDRESS: _____
 CITY, STATE, ZIP: _____
 NALC BRANCH NUMBER: _____ BRANCH OF SERVICE: _____

I BELONG TO THE FOLLOWING VETERAN GROUP(S):
 AMERICAN LEGION DISABLED AMERICAN VETERANS VETERANS OF FOREIGN WARS
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Free
to join